

# ACTIVITY PAGE:

## Pen Pal Activity:

*\*It's important that you have permission from your parents before you work on making connections for a pen pal and to have them review your letters before sending them or any letters that you receive back.*

A Pen pal is a letter exchange between two or more people to talk about what they do in their job, school, or other activities (i.e. wrestling, boy scouts, painting, etc.). It's designed to learn about others and provide social interaction and engagement.

Work with your parents and your local nursing home, elderly neighbors, or local VFW to see if there would be someone or a group of residents interested in being a Pen Pal.

## Tips to Consider:

- Be consistent with how often you write letters. Establish up front how often you will be sending letters. Try and send a letter once a month.
- Be courteous and let them know if you will stop sending letters or will be taking a "break".
- Elderly individuals may not be able to write back.
- Use or write in large font and double space lines to make it easier to read.
- Consider sending hand-drawn pictures or pictures of your activities or 4-H projects.
- Talk about a variety of topics including: what you are doing in school, what activities or clubs you might be involved in, what you like most about the weather or season currently, what you are looking forward to, family vacation, see if you can ask them questions about how they grew up and their background, etc. as well.
- Consider also sending special event notes or cards for holidays or their birthday.

## Monthly Reader

*"Why We Celebrate St. Patrick's Day: Everything to Know about Your Favorite Holiday."*

By John O'Brien Jr.

## Lime Sherbet Floats:

@ [homecookingmemories.com/lime-sherbet-floats-green-recipes-st-patrick-day/](http://homecookingmemories.com/lime-sherbet-floats-green-recipes-st-patrick-day/)

*\*Don't forget to wash hands and surfaces before you start and always ask for permission before working in the kitchen.*

### Equipment:

- Drinking glasses
- Straws and spoons
- Scoop or larger spoon

### Ingredients:

- Lime Sherbet
- Lemon Lime Soda

### Steps:

- Add 2 scoops of lime sherbet to each glass.
- Add Lemon Lime Soda to each glass until 3/4 full (to prevent overflow)
- Serve immediately with a straw and/or spoon

