

4-H NEWSLETTER

April 2024



326 8th St./Box 68
Hugo, CO 80821
P: (719) 743-2542
F: (719) 743-2555
Web:
lincoln.extension.colostate.edu
Facebook: [Lincoln County Colorado Extension](https://www.facebook.com/LincolnCountyColoradoExtension)
Emily Baylie: Director, 4-H Youth Development/ Agriculture
emily.baylie@colostate.edu
Christine Schinzel: 4-H Program Assistant
christine.schinzel@colostate.edu
Kendra Eberle: Administrative Assistant
coopext_lincoln@mail.colostate.edu

THANK YOU'S

Thank you to FFA Advisors and members, Livestock Sale Committee Members, Asha and Elsie Thompson, Marc Hollenbaugh and Meier Feedlot for all of your assistance and help before and day of Beef Weigh-in.

Thank you to Kace and Kallie Yoder, Laura Poss Family Youth, and Schinzel Youth for helping with MQA!



DONATE TODAY!



5- LARGE HAY OR STRAW BALES ARE NEEDED FOR 4-H ARCHERY AND OTHER EDUCATIONAL USE AT THE LIMON GUN RANGE THIS SUMMER!

Contact Christine@christine.schinzel@colostate.edu or 719-743-2542 or Kenny Davis-Town of Limon @ KDavis@townoflimon.com or 719-775-2346.

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BIOSECURITY BASICS REMINDERS- HPAI & EVERYONE AWARENESS

Highly Pathogenic Avian Influenza (HPAI) has taken a toll on birds across the United States in the last couple of years. As spring migration begins we are seeing an uptick in cases in not only birds, but in some mammal species as well. Recently there have been some cattle in dairy herds testing positive for the virus near deceased wild birds. More testing is being conducted to determine exact cause and transmission. Cows have been sick, but mortality is not being reported at this time. USDA and states are working together to provide updated information as it becomes available and producers should work with their local veterinarian anytime they have sick animals. While we cannot stop viruses or diseases from occurring in general; we can take some steps in our own herds and properties to reduce the likelihood of contraction. The best way to do this is through the development, implementation, and on-going timely review of a biosecurity plan for your operation.

What is a biosecurity plan? A biosecurity plan is simply a planned action-guide to reduce the likelihood of your livestock contracting diseases.

Who should have one? Everyone with livestock whether for personal enjoyment or business income should have a biosecurity plan.

Who should know? Everyone on the operation or property should be aware of the biosecurity plan and protocols. Have a conversation with vendors to let them know about the plan to educate their employees. There should also be signage for visitors including delivery drivers and friends to help make everyone more aware.

Getting Started:

-Work with your local veterinarian to do an assessment and develop a plan of action. Review the plan at least annually and make everyone aware of changes. *The resource section has great links for biosecurity plan templates. Put a copy of the plan in more than one location and don't forget to include disaster related protocols as well.

-Add signs to the property to limit access to animal areas.

-Educate employees and family members on the biosecurity plan and procedures.

-Provide essential PPE (personal protective equipment) and sanitizing stations.

General Biosecurity Reminders for :

-Keep different species in separate pens if possible; as one may be more susceptible to a disease than another.

-Regularly clean and disinfect (waterers, pens, feeders, equipment, etc.) with a 5-10% Bleach solution or other disinfectant according to label directions.

-Quarantine new arrivals of animals at least 21 days and keep younger animals separated from older animals.

-Reduce open feed and water sources to discourage the presence of wild birds/animals on the property.

-Wear different boots and gloves (or use disposable ones) when moving from pen to pen for daily chores and health checks; especially during disease outbreak periods.

-Regularly monitor animals for health and wellness and contact your veterinarian for any sick animals.

Resources:

APHIS HPAI Recommendations on Livestock & Updated Information @ aphis.usda.gov/sites/default/files/vs-recommendations-hpai-livestock.pdf

CSU Avian Health Hotline: 970-297-4008 or vdl_avianhotline@mail.colostate.edu

Colorado Dept. of Ag. (Reportable Diseases) @ cdphe.colorado.gov/animal-related-diseases

Farm Animal Risk Mitigation-Farm PPE @ farmppe.netlify.app/

Your Local Veterinarian

Lincoln County Speech/Jamboree/Demonstration & Creative Cooks Contests:

Registrations (with speech topic, demonstration title, and music copies) are Due May 13 to emily.baylie@colostate.edu. *Registration forms are available on the extension website under forms - >"county & state" @ lincoln.extension.colostate.edu/4-h-forms-applications/.

**Youth who received a Livestock Scholarship must complete a demonstration on this day as part of their scholarship requirements or make other prior arrangements with the Livestock Sale Committee to complete.*

4-H Fun Day & Jamboree

LEADERSHIP · HANDS ON
LEARNING · DEMONSTRATION
CONTEST · CREATIVE COOKS

FEATURING

CSU STEM, Toby Swaford
Computer Scientist, James Martin
4-H County Council Members
And MORE!!!

RSVP Due
May 13

P: 719-743-2542

May 29th, 2024

Fun Day- 8am to 12pm
Lunch
Jamboree Competitions- 1pm to 3pm

AT LINCOLN COUNTY
FAIRGOURNDS, HUGO, CO

Open to all
Lincoln
County Youth!
(Ages 8-18)



LINCOLN COUNTY
COLORADO STATE UNIVERSITY
EXTENSION



Jazzlynn Rosler
President
 Club: Rocking 4-H
 Project: Wood Working
 School: Limon High school 12th grade
 Favorites:
 Food- Spaghetti
 Soda- Strawberries and cream Dr. Pepper
 Sport- Softball
 Favorite Camp: Youth Fest! I met a ton of new friends and the environment is awesome.
 Words of advice: Get involved as much as you can and enjoy the opportunities that you get to be a part of. This is just a small time of your life so enjoy it.
Behold! I will even make a way in the wilderness and rivers, in the desert. ~Isaiah 43:19

COUNTY COUNCIL SPOTLIGHT:

All About Me



Name: Callie Stone

4-H Projects
 Baking
 Canning

4-H Club: Rocking

School & Grade: Limon-Senior

My Favorite ...
 Food: Qdoba
 Color: Pink
 Pet: Monkey
 Movie: Purple Hearts
 Sports: Volleyball
 Subject: Business

Favorite 4-H camp

The first 4-H camp I went to was Youth Fest, when I was 9 years old. We played a lot of fun games the first night, to get to know everyone. The next day, there were workshops, dance lessons, and the food was delicious. There was a dance and movie night too. This weekend was a great experience, and I would recommend to anyone.



2024 Lincoln
County Fair

Fair Book

Changes

PLEASE SEE THE FOLLOWING CHANGES
THAT WERE APPROVED BY THE LINCOLN
COUNTY FAIR BOARD FOR THE 2024 FAIR.



Pen Assignments

2 animals will be penned together per species. Members can bring their own separation panels.

Professional Fitters and Breeders:

"The Colorado 4-H & FFA programs are expected to be a learning experience. FFA/4-H members should prepare their project animal when it is being exhibited at fair, being responsible for the cleaning, grooming, fitting and showing of their animal. If assistance is provided, the exhibitor should be present & engaged to benefit from such teaching & instruction. It is recommended that another Colorado 4-H/FFA member be the first choice for assistance. Assistance may be provided by the exhibitor's immediate family/legal guardian, an FFA Advisor, or a Colorado 4-H Leader. No professional fitters will be allowed to assist through touching or physically assisting in grooming animals, but breeders and fitters can instruct youth. All necessary safety precautions will be taken to maximize the well-being of all participants, spectators & animals. Safety issues are at the discretion of the superintendent & extension staff. Noncompliance will result in the disqualification of that animal."

Sale Clarifications

8. Youth are guaranteed to sell one species of livestock that meets sale requirements in the Junior Livestock Sale.
9. Youth may sell up to two animals of different species. The second animal must place at least third in their individual class.
10. Grand Champion and Reserve Grand Champion in each species must sell unless previously entered at the Colorado State Fair. Exceptions for selling Champion/Reserve Champion Swine, Sheep, Goat, Poultry, Rabbit will be made if the exhibitor has two small animal champion/reserve winners. One champion/reserve winner can be substituted for one sale eligible market beef animal in the sale.

Fair Book Changes Continued..

Sale Check Payment

"29. Sale checks will be available no later than 30 days following the sale. All 4-Hers/FFA members who sell at fair will be required to turn in their stamped, addressed buyer thank you note (this is not a newspaper ad) to the Extension office prior to receiving their check. Additionally, 4-H Record books or a FFA record book authorization sheet must also be turned into the Extension Office in order to receive a sale check."

Horse

This year, all classes will have Drawn Order of Events. Instead of going in alphabetical order, there will be draw for order for all classes in the traditional and ranch horse show. Those orders will be given out to participants with patterns.

Breeding & Market Livestock

Addition of miniature sheep to the Sheep Division for both Market and Breeding.
Addition of rate of gain class to each market division: beef, sheep, swine, goats.

Round Robin

All 7 Species: Beef Cattle, Dairy Cattle, Market Goats, Dairy Goats, Horse, Sheep & Swine will be shown by each age division.

Overall Master Showman, who will have the opportunity to exhibit at Colorado State Fair, will be calculated by who earns the most points. Because all age groups will show all 7 species, the points will total 280 points. Ties will be broken by comparing fitting scores. If a tie still exists, the tie will be broken on highest score in own species.

Dog

Classes for: Quiz, Trick & Costume, and Poster Contest were added for our dog exhibitors to compete in.

2024 Fair Schedule (4-H/FFA Livestock and General Project Related) Full Schedule and details will be available when the updated fairbook comes out later spring. *Note Schedule Changes.

Entry Deadlines

June 1 - 2024 Lincoln County Fair & Royalty Applications

July 1 - 4-H/FFA Horse, Livestock, Dog & FFA Ag Mechanics, General Projects, Fashion Revue

July 15 - Open Class Livestock, Open Class Ranch Horse, and Open Class Traditional Horse Show

Saturday, July 13

10:00 a.m. Royalty Tryouts: Safety Test & Riding (speeches, & interviews see Monday, August 5th)

Wednesday, July 31 (Horsemanship, Reining, English, Trail, Gymkhana)

8:30 a.m. Open Class, 4-H/FFA Written Test will begin, then 4-H/FFA classes to follow

Thursday, August 1 (Ranch Horse & Ranch Trail)

8:30 a.m. 4-H/FFA & Open Class Ranch Horse Show

Saturday, August 3

9:00 a.m. General 4-H Project & Interview Judging

10:00 a.m. 4-H/FFA Display Booths/Boards, Scrapbooks, & 4-H Club Books Due

Fair Schedule (cont.)...**Monday, August 5**

10:00 a.m. Rabbit Check-In & Weigh-In. Followed by Rabbit Show

1:30 p.m. Poultry Check In & Weigh-in. Followed by Poultry Show

5:00 p.m. Fashion Review followed by Queen & Princess speech & interviews.

Tuesday, August 6

8:00am -4:45pm Arrival and check-in for livestock time.

10:30 a.m. 4-H/FFA Sheep Check-in & Weigh-in

1:00 p.m. Sheep Show

4:45 p.m. All Livestock Exhibitors meet with Superintendents & Beef, Meat Goat & Swine Weigh-in

(Market Beef must be declared for the ultrasound contest at weigh-in - \$20/head)

6:30 p.m. County 4-H Livestock Judging Contest

Wednesday, August 7

9:00 a.m.-6:00 p.m. All Open Class entries must be entered.

10:00 a.m. 4-H/FFA Dairy Goat & Breeding & Meat Goat Show

2:00 p.m.-3:00 p.m. All Photos of Market Sale Rabbits, Poultry, Goats & Sheep are to be taken.

1:30 p.m. (or 1 hour following Goat Show if longer) Open Class & 4-H Dog Show.

3:00 p.m. All Swine exhibitors meet with Superintendent.

4:00 p.m. Swine Show

Thursday, August 8

10:00 a.m. Dairy Cattle Show

11:00 a.m. Peewee Bucket Calf & Open Class Breeding, 4-H/FFA Breeding Beef Show

2:00 p.m. (or 30 minutes following Breeding Show) Beef Showmanship, 4-H/FFA Market Beef Show. All Photos of Market Sale Beef will be taken immediately after the beef show.

Friday, August 9

9:00 a.m. Junior Livestock Sale Consignments Close

9:00 a.m.-12:00 p.m. Beef Ultrasound Contest

9:00 a.m. 4-H/FFA Round Robin

1:00 p.m. Set up for Junior Livestock Sale (all livestock exhibitors)

3:00 p.m. Livestock exhibitors must be checked out with the superintendents before 4:00 p.m. on Friday, even if livestock are leaving after the sale.

4:00 p.m. Junior Livestock Sale & Buyer's BBQ

Saturday, August 10

9:00 a.m. Final Livestock Floor Consignments Due

3:00 p.m. Release of All Static (4-H & Open Class) Exhibits in the building

Market Sheep/Goat/Swine ('24 Change for Weigh-in & Tagging)

-All Sheep, goats, and swine will be required to get tagged on Saturday, May 4th (8:00-11:00am) & weighed (if participating in the rate of gain contests). This replaces the nomination process and forms utilized the past couple of years. Animals do not have to get off the trailer to be weighed, but they do have to be tagged that day to be eligible for entry at fair.

From the Lincoln County Livestock Sale Committee *"To keep Lincoln County's state identification method standard across all species, we will be implementing county wide tags for all market livestock exhibited at the Lincoln County Fair. To accommodate this and the desire for our youth to be able to participate in the rate of gain class for swine, sheep, goats, and beef, we will be hosting a county weigh in date on Saturday, May 4th from 8AM to 11AM for sheep, goat, and swine. If a family does not wish to participate in the rate of gain class, they will still be responsible for attending the weigh-in to get the county identification tags in their animals. We know that there will be conflicts with other events, so please utilize your 4-H family to get your show animals tagged. If you have any questions, please contact Emily Baylie or John Thompson."*

If a family has a conflict with sheep/goat/swine weigh-in they will need to contact the office per the sale committee to pick up tags and have a sale committee member tag those animals by April 29th. Pictures of the tagged animals will also need to be emailed to the extension office by that date as well.

FAIR: HORSE & DOG ID'S-> 4H ONLINE

For members interested in showing animals at state fair, the deadline to enter Animal ID's for (Horse and Dog is May 1) in 4H Online.

The Lincoln County Fair Deadline is July 1 (Horse & Dog).

We encourage all members to enter ID's by the May 1 deadline as the system will lock for members to enter information directly.

General Instructions:

- Log in to 4H Online
- Click "View" next to member's name wanting to add an animal ID to
- Select "Animals" from the left side of the page
- Click "Add an Animal"
- Select animal type and start filling in information for that dog or horse. Clear and complete photos of your animal are required for both. Vaccination records are required for dogs. Be sure to accurately and completely add information. If your dog is not registered, put any combination of numbers to bypass the field. Remember that to show an animal at fair it must be ID'd by the deadline.

FAMILY & CONSUMER: WHY IS SAVING SO HARD?

When saving money feels so hard, it is often because spending is so easy to do! Spending money is usually an obligation to pay bills. Some of our spending is because we like new items or prefer convenience over time (eating out rather than cooking). Level of income, feelings, and how we were raised often play a role in our rationale for spending or saving. Saving is not easy or natural for most people. Therefore it requires intentionality.

As humans, we are constantly bombarded with financial decisions (i.e. child needs new sneakers; the electric bill is due; the washing machine broke; or buying a new T.V.). The constant presence of social media, advertisements, our friend's social postings, and tracking of celebrities lifestyles, has amplified the pressure to have "more". According to a survey through [LendingTree](#), almost 40% of Americans overspent to impress someone else.



Common Reasons it's Difficult to Save:

- ◆ We don't feel a sense of urgency, as we may in the years before retirement and feel we can postpone the decision to save.
- ◆ Many might not consider or even want to consider the possibility of a major life event (i.e. loss of a job, unexpected funeral, physical disability, or major medical events, etc.).
- ◆ It may be hard to understand how savings could reduce financial burdens in the long term.
- ◆ Feeling overwhelmed when thinking about all the different areas of our lives we might need or want to save for can be exhausting. For example: college, house, emergency fund, insurance deductible reserve, retirement, etc.
- ◆ When people don't make a livable wage compared to cost-of-living expenses, saving can feel impossible.
- ◆ It's too easy to access savings accounts or we may have a spending compulsion.
- ◆ If spending money on luxury items instead of buying necessities and saving for future needs, people often have trouble navigating even small bumps in the road.
- ◆ We may be unsure how to save or where to invest funds as there are many options; some of which may be scams.
- ◆ It may be hard to save if you and your significant other have different spending habits or financial perspectives.
- ◆ Living on [irregular income](#) makes it hard to plan or save.

FAMILY & CONSUMER: WHY IS SAVING SO HARD? (cont.)

Easy Steps to Start Saving Automatically:

- ◆ Ask for Help! See the list of resources at the end of the article.
- ◆ Set up a budget. For example, start with recording your income and expenses each month so you have a better grasp of your spending and where you might be able to save.
- ◆ Ask a friend or family member to be your accountability partner to help you with saving.
- ◆ Take advantage of Employer-Provided or Matching Plans on Benefits!
- ◆ Retirement plans. See if your employer matches a percentage of your contributions- this equates to free money. You might also get a pretax deduction on your wages for your contribution to a retirement plan.
- ◆ Other savings from your employer (sign up for a Health Savings Account or utilize their babysitter or education credits). This is money they provide to you or may help contribute to your accounts and often save on taxes.
- ◆ Set up an [Automatic Deposit](#) from your Paycheck! Employers often let you set up automatic deposits to more than one account with your paycheck. Set up an auto deposit from your paycheck to flow into a [designated savings account](#) each pay period.
- ◆ Retirement or financial institutions also offer automatic deposit options, and this can help you contribute even a small amount (\$25/month) to a plan or account to get started.
- ◆ Bring Back the Piggy Bank! Take any change you have and put it in the jar each day or week. A can, an old jar, a shoebox, an empty water bottle, etc. all could be used as a piggy bank. This is also a great way to teach and practice savings with kids or grandkids.
- ◆ Take a financial workshop or request resources from your [Local County Extension office](#), or Financial Institution, etc.!
- ◆ Reward Your Efforts! Saving money can be hard work. It takes perseverance to succeed over the long run. Rewarding yourself and/or your family for reaching milestones on your savings goals can be a morale boost for everyone. For example, celebrate with a special dinner for reaching the goal.

JUST TO GET YOU THINKIN...

“Even if you are on the right track, you will get run over if you just sit there.” -Will Rogers

Q “Why did the turkey join a band?”

A “So he could use his drumsticks.”

INFORMATION & EVENTS

County: *Reminder to check your email and monitor our Facebook page for updates on 4-H activities and events. **Forms, fees, and registrations are due to the office by (day stated) or (previous Friday) if the day is a weekend or holiday. County related forms and applications are available on the 4-H Forms & Applications page at lincoln.extension.colostate.edu/4-h-forms-applications/. A reminder that forms can be mailed, emailed, faxed, or dropped through the back door slot. The extension office cannot take credit cards for payment purposes.*

-Lincoln County Extension/4-H Website @ lincoln.extension@colostate.edu

-Facebook @ [Lincoln County Colorado Extension](#)

-Colorado 4-H Website @ co4h.colostate.edu & 4H Online @ v2.4honline.com/#/user/sign-in

- ◆ **State Fair Sheep, Goat, Swine Nominations**-Members interested in taking animals to state fair will need to notify the office to receive a state fair nomination form and turn it back in no later than June 1. DNA packets must be ordered online @ coloradostatefair.com/livestock/ in time to receive and ship back to state fair by their stated deadlines. An actual entry form must also be submitted to state fair online (this is not the same as the nomination form or DNA packet). Refer to the Colorado State Fair for all policies and deadlines.
- ◆ **Lincoln County 4-H Foundation Reimbursement Scholarship** form is available to 4-H members for some reimbursement or support of 4-H camps, workshops, and general project supplies. Go to the Lincoln County 4-H/Extension website and click under "Foundation" to download the form and requirements at lincoln.extension.colostate.edu/4-h-forms-applications/.
- ◆ **4-H Project Manual Ordering Information** @ co4h.colostate.edu/program-areas/colorado-4-h-project-information/.
- ◆ **Shooting Sports**- The first spring practice is (Saturday) April 20 at the Limon Gun Range from 7:45am-12:00pm. Individual discipline start times will be emailed out to participants. Please make sure you are purchasing ammunition well ahead of each scheduled shoot to ensure enough rounds. Watch for emails the week of shoots for any changes including weather cancellations.
- ◆ **Fair Related**-> State 4-H deadline (dog and horse ID's are due May 1- this is for youth exhibiting at state fair in these categories). The County deadline is July 1 (dog and horse ID's in 4H Online). Livestock & general project fair entries will be due July 1. The fairbook will be available in hard copy later spring and online @ lincoln.extension.colostate.edu/lincoln-county-fair/.
- ◆ **Goat, Sheep, and Swine weigh-in** is May 4 at the fairgrounds from 8-11:00am. All Sheep, goats, and swine will be required to get tagged & weighed (if participating in the rate of gain contests). This replaces the nomination process and forms utilized the past couple of years. Animals do not have to get off the trailer to be weighed, but they do have to be tagged that day to be eligible for entry at fair.

INFORMATION & EVENTS (CONT.)

- ◆ **Lincoln County 4-H Fun Day** is May 29 at the fairgrounds in Hugo from 8:00am-12:00pm. Registration is due for participation by May 13 so adequate supplies can be ordered. Open to all Lincoln County Youth (8-18).
 - ◆ **Speech/Jamboree/Demonstration & Creative Cooks Contests** will be May 29 at the fairgrounds starting at 1:00pm. Registration (with speech topic, demonstration title, and music copies) are due to the office by May 13. The registration forms are on the extension website under “county & state” @ lincoln.extension.colostate.edu/4-h-forms-applications/. **All youth who received a Livestock Scholarship must complete a demonstration on this day as part of their scholarship requirements or make other prior arrangements with the Livestock Sale Committee to complete.*
- Other: **** Verify with listed contacts pertaining to their individual event to find out specific information and guidelines, event cancellation procedures, registration requirements, etc.*
- ◆ **Additional Events-Facebook**– Many events/notices/resources in and out of 4-H are also posted on the [Lincoln County Colorado Extension](#) Facebook page as they become available. Be sure to check the page for additional opportunities and information for both youth and adults.
 - ◆ **CSU Extension Live Smart Blog** (Family & Consumer) @ livesmartcolorado.colostate.edu/.
 - ◆ **CSU Extension Horticulture Blog** @ cshort.blogspot.com/.
 - ◆ **Lincoln County-Noxious Weed Management Pocket Guide** is available @ lincoln.extension.colostate.edu/programs/agriculture-natural-resources/.
 - ◆ **Various Livestock Shows** listing flyers available @ showman.app/shows#/.
 - ◆ **CSU Extension Cottage Foods Safety Trainings** are held throughout the year. Learn more and register for a training @ foodsmartcolorado.colostate.edu/food-safety/cottage-retail-foods/.
 - ◆ **CSU College Connection Webinar Series** will take place with different colleges once a month. Learn more about degrees, scholarships, and student organizations. Email csu_online_studentsupport@mail.colostate.edu for registration and schedule information.
 - ◆ **The Denver Foundation** houses multiple scholarship opportunities for high school and college applicants @ denverfoundation.org/scholarships/scholarship-opportunities/. Check their website for opportunities and corresponding deadlines.
 - ◆ **Big R Producing Partners** - Livestock 4-H/FFA members can apply for monetary project assistance if funding is still available. Check with your local Big R store by April 15.
 - ◆ **JOANN Stores** are providing resources and tools for 4-H members including some discounts. Learn more @ joann.com/4-h/.

INFORMATION & EVENTS (CONT.)

- ◆ **Lincoln County Fair Help Needed:** The Lincoln County Fair is looking for community members who would be interested in helping at the fair for general open class (superintendents and day help) August 7-10. Please contact emily.baylie@colostate.edu if you have an interest or know of someone whom we might contact for the positions.
- ◆ **Club Lambs for Sale-**Contact Raejean @ 970-946-4130 for more information. **Additional flyers for sales and shows** are listed on the extension Facebook page as they become available. This google drive also has listings posting to it @ drive.google.com/drive/folders/1aUP2R-CwjxRvL-dVpiJiWBbqV_jKukFW.
- ◆ **Listing of Livestock Shows-General** @ drive.google.com/drive/folders/13l-cPnFYKu8RiG9siMHZslyZX3ahkxua
- ◆ **Brush Livestock Exchange Scholarship** application is due April 5. Learn more @ live-stockexchange.org/SCHOLARSHIP.html.
- ◆ **Beef Blow N Go Show** is in Calhan on April 6. Learn more @ docs.google.com/forms/d/e/1FAIpQLSc0XKm2fDPqbV9dY8eUqxML97X7j04DXpZOGmVAIMXszhmQew/viewform. For information contact emily.green@colostate.edu.
- ◆ **2024 4-H Dog Expo** is April 7 at the Ranch in Loveland. Registration is open to 4-H dog members in 4H Online. For questions contact the Larimer County Extension office @ 970-498-6000.
- ◆ **Family Leadership Institute Intro Workshop (FLTI)** is April 15 in Hugo. To learn more contact alice.dong@colostate.edu or 970-491-4115. Register @ forms.gle/P2LsS1ZK6usiLXxaA.
- ◆ **GROWMARK Agricultural Scholarship** application is due April 15. The application is available @ growmark.com/news-center/2024-growmark-foundation-scholarship-application-now-open.
- ◆ **National Dairy Shrine Scholarships** for all applications are due April 15. Application information available @ dairyshrine.org/youth/#scholar.
- ◆ **4-H Horse Clinic and Tack Sale** is April 19-21 in Pueblo, CO. Registration is in 4H Online. Contact Amy Decker @ 719-671-3424 for more information.
- ◆ **Horse Levels Rater Training** opportunity for certified 4-H volunteers is April 19-21 in Loveland, CO. Register in 4H Online. Contact Diane Kern kernd@co.larimer.co.us or 970-498-6016 for more information.
- ◆ **Colorado Association of Fairs & Shows Scholarship** is due April 20. Application information available @ coloradofairs.org/p/convention/scholarship.
- ◆ **CAHC No Frills Horse Show & 4-H Spring Extravaganza** is April 25-28 in Denver, CO. To learn more or register hockeyandhorsemom@gmail.com or coloradoarabianhorseclub.org.

INFORMATION & EVENTS (CONT.)

- ◆ **Weld County Goat (Dairy/Meat) Extravaganza** show and seminars is April 26-28 at Island Grove Regional Park in Greeley, CO. For information & registration go to weld.gov/Government/Departments/CSU-Extension/Weld-County-Goat-Extravaganza.
- ◆ **Elevate Jackpot Show (pigs)** is April 27-28 in Bennett, CO. Learn more @ facebook.com/ElevateShowpigSale/.
- ◆ **Colorado Junior Swine Association Shows** and information available @ cjsaswine.com/.
- ◆ **Yuma County Classic-Cattle Show** is April 27 in Yuma, CO. Learn more @ showman.app/shows#/yuma-county-classic/.
- ◆ **American Charolais Association Scholarship** application is due April 30. Information is available at charolaisusa.com/jr-membership.php.
- ◆ **Colvin Scholarship Fund** applications are due end of April. Learn more @ certifiedangusbeef.com/press/colvin/.
- ◆ **Angus Foundation Scholarships** are due May 1. For information go to angus.org/foundation/WhatWeDo/Youth.
- ◆ **Red & White Dairy Cattle Association Scholarship** application is due May 1. Information available @ redandwhitecattle.com/juniors.
- ◆ **Maine-Anjou Scholarship** application is due May 1. Information available @ maine-anjou.org/junior/scholarship.php.
- ◆ **National Junior Swine Association Select Scholarships** application is due May 1st. Information available @ nationalswine.com/njsa/njsa-scholarships.php.
- ◆ **Shorthorn Association Scholarship** application is due May 1st. Information available @ junior-shorthorn.org/opportunities/scholarships/.
- ◆ **Little American Royal Livestock & Horse Show** is May 3-4 in Kersey, CO. Learn more @ showman.app or facebook.com/p/Little-American-Royal-Livestock-and-Horse-Show-100068885834731/.
- ◆ **El Paso County Rabbit and Cavy Rally** is May 4 in Calhan. Contact Samantha Taylor at rabit_luver_5@hotmail.com for questions.
- ◆ **Phillips County Showdown (Livestock Show)** is May 4-5 in Holyoke, CO. Learn more @ facebook.com/phillipscountyshowdown.com.
- ◆ **Jules Jackpot Livestock Show** is May 11-12 in Eagle, CO. Learn more @ showman.app/shows#/jules-jackpot/.

INFORMATION & EVENTS (CONT.)

- ◆ **Ring of Success Lamb & Goat Show** is May 11-12 in Calhan, Co. Learn more @ ringofsuccesslivestockshow.com/shows-events.
- ◆ **National Dairy Promotion and Research Board Scholarship** applications are open due May 13. Application is available @ usdairy.com/about-us/dmi/scholarship.
- ◆ **AMSJS Cindy Climer and Jim King Memorial Scholarship** Application is due May 15th. Information @ milkingshorthorn.com/juniors/#junior-awards.
- ◆ **Rendezvous on the Range-Pig Show** is May 18 in Calhan, CO. Register by searching event on Eventbrite or by registering day of.
- ◆ **Colorado Boer Goat Memorial Day Show** is May 24-26 in Sterling, CO. Learn more @ showman.app/shows#/cbga-memorial-day-show/.
- ◆ **Legends in the Making Livestock Show** is May 25 in Sidney, NE. More information @ facebook.com/legendsinthemakingshowdown/.
- ◆ **Loma Outlaws Livestock Jackpot** is May 25-26 in Grand Junction, CO. Register Day of. For questions contact Melissa Stocking 970-778-2485 or lomaoutlawshclub@gmail.com.
- ◆ **All American Beef Bash** is May 26 in Meeker, CO. Contact Jess Harrison for questions and entries @ 970-620-1015 or houndsnhorses@outlook.com.
- ◆ **Colorado Section Society of Range Management Scholarships** are due May 26. For information go to cssrm.org/scholarships.html.
- ◆ **Arapahoe County Dog Show** is May 11 at the Arapahoe County Fairgrounds. Contact Debbie Cuvelier @ debbie.cuvelier@yahoo.com or 303-261-7037 for questions.
- ◆ **Stan Brehon Pig Show** is May 11-12 in Greeley, CO. Learn more @ facebook.com/p/Stan-Brehon-Memorial-Swine-Show.
- ◆ **CSU Ag ED 110 (Agriculture Production Systems)** class open to 4-H members for registration. Learn more @ online.colostate.edu/courses/AGED/AGED110.dot. Registration Closes May 17.

SEEDS AVAILABLE (GARDEN & FLOWER)

Westfall Ranch Joint Venture out of Genoa has some seed packets that they put together and are donating to area groups including the 4-H. Seed packets will be available (no charge) to pick up from the Extension Office. Email christine.schinzel@colostate.edu to reserve packets and verify quantity available. Seeds Being Provided: (*Vegetables*) Peas, beans, squash, pumpkin, peppers (sweet), carrots, cucumbers, lettuce. (*Herbs*) Parsley, Basil, Cilantro, Dill, Lavender. (*Flowers*) Sunflowers (edible and ornamental), marigolds, zinnias, morning glories, sweet peas (not edible), nasturtium, 4 o'clocks, daisy's, and cosmos

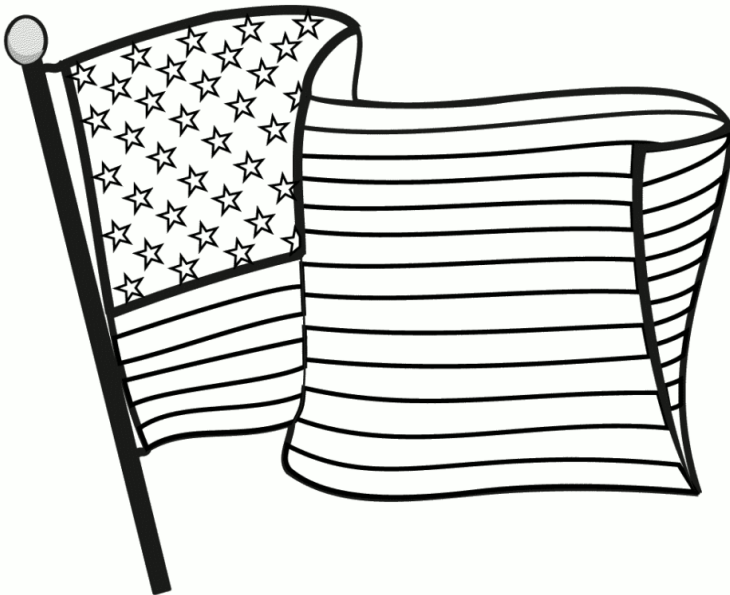
ACTIVITY PAGE:

Purple UP!

April is Month of the Military Child and in Colorado *Purple Up! For Military Kids Day* is April 12. Celebrate military youth and families by showing your support and wearing purple on April 12. Be sure and tell others about this awesome day and what it stands for.

*Cool Facts->

- ◆ Purple is the color that symbolizes all branches of the military, as it is a combination of Army green, Coast Guard blue, Air Force blue, Marine red, and Navy blue.
- ◆ Colorado has over 44,000 military connected children.
- ◆ Colorado has many military installations including: Buckley Space Force Base, Peterson Space Force Base Schriever Space Force Base, The U.S. Air Force Academy, Cheyenne Mountain Air Force Base, Fort Carson (Army), Pueblo Chemical Depot (Army) and guard and service members and bases as well.
- ◆ Military children are twice as likely as their civilian counterparts to join the military as adults.



Monthly Reader

“Why I Must Go: A Book to Help Children with Military Deployment “

By Jennifer Nielsen Thill

Activity Idea: Mix your Colors

Supplies:

- Food Coloring (different colors)
- Toothpicks
- Dixie cups or bowls

Steps:

*Gather up different food color dyes and mix different combinations in the cups or bowls to see what colors you can make. You can use a toothpick to stir the colors together. Also try to see if you can add all the military colors to get a purple color.

Other Ideas:

- You could also make different colored cupcakes or pancakes with your food color dye mixtures.
- Let the color mixtures sit for different amounts of time to see how they change based on the time.
- *Don't forget to wash your hands before and after and make sure to cover your surface to prevent stains.

April 2024

Events & Information available @ [Lincoln.extension.colostate.edu/events/](https://lincoln.extension.colostate.edu/events/)

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2 Livestock Judging Practice 6:00pm	3	4	5	6
7	8	9 Livestock Judging Practice 6:00pm	10	11	12	13
14	15	16 Livestock Judging Practice 6:00pm	17	18	19	20 Shooting Sports Prac- tice 1 7:45 am @ Limon Range
21	22	23 Livestock Judging Practice 6:00pm	24	25	26 Youth Fest Camp	27 Youth Fest Camp
28 Youth Fest Camp	29	30	May 1	May 2	May 3	May 4 Sheep, Goat, Swine Weigh-In 8-11:00am @ Fairgrounds

HEAD-> Pasture to Profit Podcast

The *Pasture to Profit* Podcast is a new podcast out for producers in Eastern Colorado. The podcast features Extension Specialists and guests talking about different livestock production areas. Episode 4 is on Bull Management and can be found @ podbean.com/ew/pb-ka572-15cb69a.

You can also check out previous or future podcasts at pasturetoprof-it.podbean.com/.

HEART-> April is Month of the Military Child

This month celebrate youth and families in your community that have families serving in the military. Colorado *Purple Up! For Military Kids Day* is April 12, but any day is a good day to recognize their sacrifices as a family. Recognize their family sacrifices by maybe sending a thank you or asking them to share about their families connections in the military and what they like most about them serving. You can also see if there is a way to be of support during deployments or extended trainings (i.e. offer to provide a meal or free babysitting on occasion).

HANDS-> USDA Insurance for Local Sellers

The USDA offers a specialized insurance (Micro Farm) policy for producers who's average annual revenue is below \$100,000. The policy is for producers who are smaller operators and usually sell their products more locally. This policy has some special provisions and also doesn't require as much record keeping for the policy. USDA & RMA (Risk Management Agency) are working to provide options for all producer types including specialty and organic crop growers. To learn more about this product or others contact an insurance provider for crops. Contact your local USDA service center or use the search tool to locate an agent near you @ public-rma.fpac.usda.gov/AipListing/InsuranceProviders.



HEALTH-> Shin Splints

Shin splints cause soreness or pain along the inner side of the shine bone (tibia) on the lower leg. This can often occur due to increased training or activity; especially running. Symptoms can include: throbbing-dull or sharp, during or after exercise, and can be aggravated by touching a sore spot.

Ways to Reduce Pain: Ice, rest, and common pain relievers (approved by parents and doctors). Stretching can also help along with wearing shoes with better support.

If pain is frequent or on-going though connect with your doctor to make sure you don't have a larger injury going on or to work more on prevention or other underlying causes that may be contributing to the pain.

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