

4-H NEWSLETTER

March 2024



THANK YOU'S

Thank You to the Lincoln County 4-H Foundation for paying for Lincoln County 4-H Member's Dues for 2024.

*Members don't forget to send thank you's to our supporters. You may always mail them to the office and we can forward them on if needed.



DONATE TODAY!



5- LARGE HAY OR STRAW BALES ARE NEEDED FOR 4-H ARCHERY AND OTHER EDUCATIONAL USE AT THE LIMON GUN RANGE THIS SUMMER!

Contact Christine@christine.schinz
zel@colostate.edu or 719-743-2542
or Kenny Davis-Town of Limon @
KDavis@townoflimon.com or 719-
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MEAT QUALITY ASSURANCE (MQA)

Meat Quality Assurance Training for 4-H/FFA members consists of walk-through learning stations and a test. The training is required for all members who are enrolled in livestock projects.

Lincoln County 4-H & FFA Members will be required to complete MQA as follows:

1x-First year taking a livestock project

1x-When the member turns 4-H age of 10

1x-When the member turns 4-H age of 14. *FFA members must attend as well their first livestock project year when showing in FFA.

Lincoln County MQA Date: April 1-> 4-7:00pm @ Lincoln County Fairgrounds

**If you cannot make the county date you will need to contact Christine in advance for a listing of other county trainings that you may attend to complete your requirement. We need to notify other counties before you show up at their MQA training. Dates for other MQA trainings start as early as March in our part of the state.*

***Senior age members-If you would have an interest in helping with the MQA event and tear-down to earn community service, please contact christine.schinzal@colostate.edu.**

Showing Livestock 401 Workshop

Date: April 1

Time: 5:30-6:30 pm

Location: Lincoln County Fairgrounds-33747 County Rd 2W, Hugo, CO 80821

Open: All 4-H & FFA Members (Workshop is not required as part of MQA training. It is a separate opportunity available that evening. Youth will have time to participate in both if they choose.)

*JD Sexton, Extension Specialist-Logan County, will be talking with members on -Trends & techniques

-The Ins & Outs of Showing Livestock

-Q & A with (judge, producer, parent, and

extension specialist ->4 in One)

For Questions or to RSVP Contact
Christine Schinzal-Lincoln County @
christine.schinzal@colostate.edu or 719-743-2542



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 UNIVERSITY IS AN
 EQUAL ACCESS AND
 EQUAL OPPORTUNITY
 UNIVERSITY.
[HTTPS://COL.ST/LLOT3](https://col.st/llot3)

4-H PROJECT/FORMS REMINDERS & UPDATES

Project Books/Manuals & Updated Information: Families will need to order project books/manuals directly from the supplier. Go to Colorado 4-H @ co4h.colostate.edu/program-areas/colorado-4-h-project-information/ and then click on "publication order form" to see where to download or order.

*Check for updated publications including for your project. Not all projects require a manual.

State 4-H Project Resource Updates:

-Leathercraft-> An updated manual is posted along with several new "Instructional" Videos on different techniques and unit areas.

-Photography-> Unit 5 has a new manual for this year.

-Foods-> Updated Manuals for Cultural & Ethnic Foods & Passport to Foreign Cookery are out.

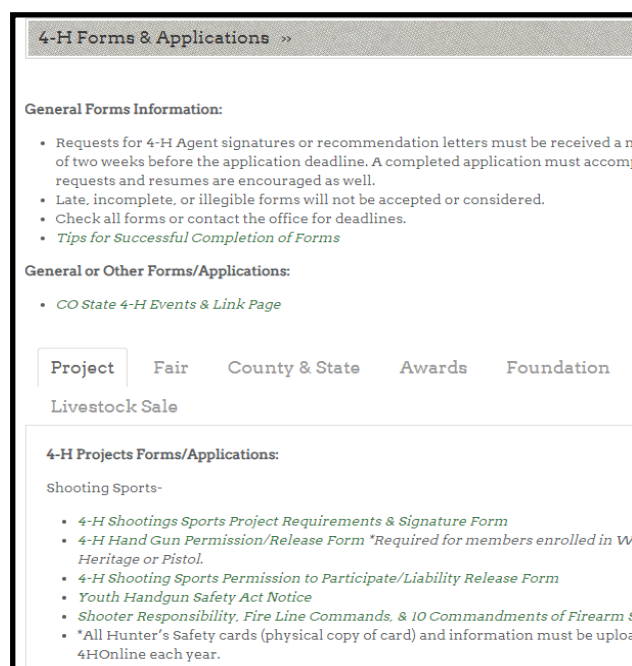
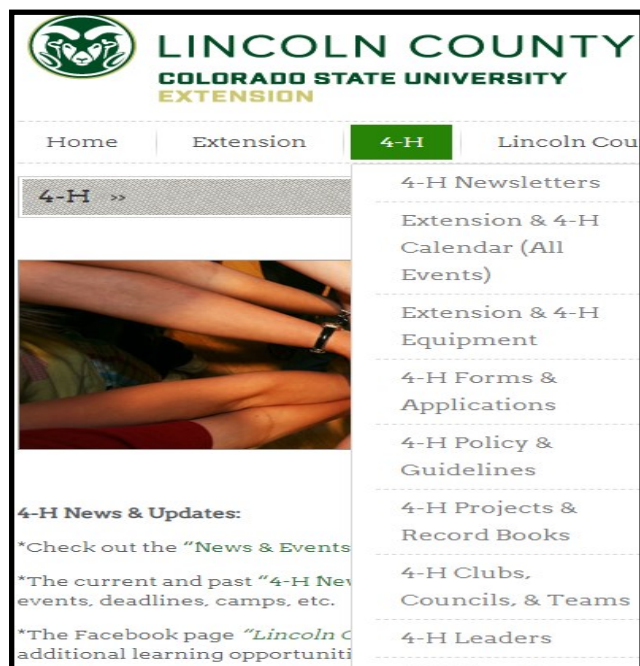
Utilize the general project score sheets @ co4h.colostate.edu/state-fair-information/score-sheets/ to determine if a manual is required for the project. *Examples of manuals are available for browsing at the office. We can also print a pdf manual if needed as well.

Other Deadlines/ Project Requirements:

*Refer to the fair book for project requirements to show at the county fair. Download a record book and score sheet for completion requirements as well.

*Watch for information in the newsletter, Facebook page, or web calendar for additional dates and information as the year progresses.

Forms & Applications are available on the extension website. ******Make sure to download all forms (regardless of type) and save to your computer or device before you begin entering information; otherwise the information may be lost.***



COLORADO 4-H WEBSITE-PROJECTS & CLUB BOOKS

Colorado 4-H Website @ co4h.colostate.edu/

->Hover over the "4-H Programs/Projects" Tab (A drop-down menu will appear)

The screenshot shows the Colorado State University Extension website. The navigation bar includes links: Home, About Us, Donate, Agent Resources, 4-H Program/Projects, Volunteers, and Calendar. The '4-H Program/Projects' link is highlighted with an orange box. A dropdown menu is open, listing various resources: 4-H Project Information, 4-H State Fair Information, Events & Opportunities, 4-H STEM AmeriCorps, 4-H Shooting Sports, Horse Resources, 4-H Livestock Resources, STEM/K-12, 4-H Military Information, 4-H Online Resources, Fair Entry, and Fair Resources. An arrow points from the text 'On the drop-down Menu several topic areas will appear that you can click on or hover over for additional side-drop downs.' to the dropdown menu. Another arrow points from the text 'This provides you links to project information, general project record books, state fair score sheets and contest information, shooting sports rule-book, 4H online resources, and officer books under "club resources".' to the '4-H Project Information' link in the dropdown menu.

On the drop-down Menu several topic areas will appear that you can click on or hover over for additional side-drop downs.

This provides you links to project information, general project record books, state fair score sheets and contest information, shooting sports rule-book, 4H online resources, and officer books under "club resources". Take time to explore the links to find important information and resources.

*Reminder for (dog/horse/livestock) to utilize the "county specific" livestock record books found on our county extension website @ lincoln.extension.colostate.edu/4-h-projects-record-books/

A grid of nine images representing different 4-H resources:

- Natural Resources: A horseshoe on a wooden wall.
- Personal Development: Hands holding a small globe.
- STEM: A person in a lab coat using a pipette.
- PROJECT LIST: A colorful graphic with the text 'PROJECT LIST' and 'Colorado 4-H Project List (English) | Project List (Spanish)'.
- Manual: A spiral-bound notebook with the word 'Manual' on the cover.
- 4-H Project List (English) Brochure | Brochure (Spanish): A person waving.
- Club & Community Resources: A string of colorful beads.
- e-Record Bulk Download Here: A green button with the text 'e-Record Bulk Download Here'.
- Curriculum Requirements: A graphic with the text 'Curriculum REQUIREMENTS'.

Club Book Resources @

co4h.colostate.edu/club-and-community-resources/

The screenshot shows the 'Club and Community Resources' page. Under the heading 'Secretary and Treasurer Resources', there is a list of links:

- 4-H Secretary
- 4-H Treasurer
- 4-H Meeting Notes
- 4-H Minutes
- 4-H Rollcall
- 4-H Member Event Participation
- 4-H Event Expenses
- 4-H Event Income
- 4-H Finance Record
- 4-H Monthly Treasurer

 An arrow points from the text 'Club Book Resources @' to this list.

FAIR RELATED: UPDATES (Cont.)

From the Lincoln County Livestock Sale Committee *"To keep Lincoln County's state identification method standard across all species, we will be implementing county wide tags for all market livestock exhibited at the Lincoln County Fair. To accommodate this and the desire for our youth to be able to participate in the rate of gain class for swine, sheep, goats, and beef, we will be hosting a county weigh in date on Saturday, May 4th from 8AM to 11AM for sheep, goat, and swine. If a family does not wish to participate in the rate of gain class, they will still be responsible for attending the weigh-in to get the county identification tags in their animals. We know that there will be conflicts with other events, so please utilize your 4-H family to get your show animals tagged. If you have any questions, please contact Emily Baylie or John Thompson."*

- ♦ Market Sheep/Goat/Swine (2024 Change for Weigh-in & Tagging) -All Sheep, goats, and swine will be required to get tagged on Saturday, May 4th (8:00-11:00am) & weighed (if participating in the rate of gain contests). This replaces the nomination process and forms utilized the past couple of years. Animals do not have to get off the trailer to be weighed, but they do have to be tagged that day to be eligible for entry at fair.
- ♦ Rate of Gain Contests will be available for (Beef, Sheep, Goat, and Swine) in 2024. Members must have their animal weighed in at the respective Tagging/Weigh-In date and submit class entry on their fair entry form to be eligible for the contests.
- ♦ Sheep (Market Class Addition)->Miniature Sheep (Weight range 60-99 lbs.) per the recommendation from the sale committee. Declare at Tagging.

SWAP SHOP OPPORTUNITY:

- Do you have any old project equipment you are looking to sell?
- Are you interested in buying some equipment or livestock?
- Are you looking to promote your 4-H fundraiser or sell livestock you raise or items you make?

Email christine.schinzel@colostate.edu with your requests by the 20th of each month to have your information added to the next newsletter.



*You must include a name and an email or phone number that you are okay with being publicly shared. Consider sending a small picture of the item(s), website and/or flyer links. *Any buying or selling is outside of the Extension office and we are not responsible for transactions, items, or items conditions. All connections should be made directly between the buyer and seller.*

EQUIPMENT CLEAN-OUT->DONATIONS

If you have general or livestock project equipment you no longer use, but would like to donate for other members to use, then please contact the office. We can accept donations for items of use at the office and/or put out information to the membership about available equipment to use. You can also connect with other members in your club to see if anyone has any equipment needs as well.

4-H PROJECT HELP-ASK EARLY ON!

Spring Break is a great time to download your project record book and score sheet (for general projects), take a look at general project requirements, and start brainstorming what you might make for those general projects or might need for your livestock project. It's also a good time to search for potential resources and write down some individuals that you can connect with to help during your project year. Where to Look for Project Help/Resource Ideas:

- *Extension Office or Club Leader-Can help connect you with project leaders and other resources
- *4-H Members who are more experienced in the project
- *Family members, friends, community businesses or entrepreneurs (i.e. veterinarian or weld shop)
- *Colorado 4-H Resources @ co4h.colostate.edu/
- *Other States Extension Resources, general google search, Pinterest, project idea boards, local library, etc.-These can all help be great avenues to search for project ideas and additional resources.
- *If you would like a specific project workshop or workday, please let the office know.

VOLUNTEER CORNER: 4-H OPPORTUNITIES

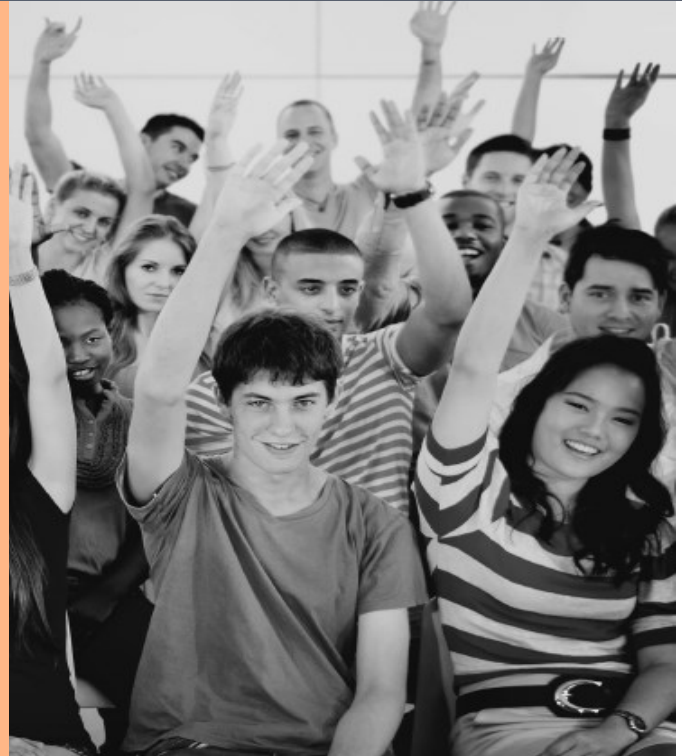
WHAT: 4-H Volunteers can help youth develop life skills by volunteering their time, resources, and knowledge in over 20+ project areas.

OPPORTUNITIES: Project instructors, shooting sports, club leaders, camp chaperones, committee members, special events, providing monetary support or equipment, and more!

WHY:

- ♦ Engage With Youth!
- ♦ Teach Valuable Life Skills!
- ♦ Give Back to Others!

HOW: Contact the Extension Office to learn more and start the volunteer experience!



4-H FOUNDATION REIMBURSEMENT SCHOLARSHIPS:

The Lincoln County 4-H Foundation offers a "Reimbursement Scholarship" to 4-H members for some reimbursement or support of (4-H camps, workshops, and general project supplies).

Go to the Lincoln County 4-H/Extension website and click under "Foundation" to download the form and requirements at lincoln.extension.colostate.edu/4-h-forms-applications/.

SAFETY StepUP: FIREARM & BOW MAINTENANCE & PRODUCT PURCHASE AWARENESS

Know Before You Go:

When you are considering equipment purchases or need to have maintenance work completed, it's important to do some research to find the best provider you can.

- Ask for references from trusted friends and family about who they might recommend or know.
- Do they have a Federal Firearms License (FFL) to buy or sell firearms legally?
- Are they accredited by the Better Business Bureau and have a good rating?
- Do they provide warranty or guarantees on their services and/or products?
- Do they provide written, itemized estimates before completing any work?
- What and how do they charge for services?
- Do they have equipment that you one can try out before purchasing?
- Do they have the equipment in stock or will it need to be ordered?
- Check out their online reviews and see if there are any patterns of good or bad.

Consider these factors and more before purchasing equipment for youth to help best determine needs:

- When is the equipment needed by?
- Person's age, height, and size
- What's appropriate for their current height and size?
- Will the piece of equipment work for them as they grow older if they are a youth?
- Does the equipment meet rulebook discipline specifications if they are participating in 4-H or some other type of club or event.
- What else will the bow or firearm be utilized for (i.e., hunting, fun shoots, etc.)?
- What level of involvement and interest does the individual have (i.e., 1st yr. vs. 6th yr.)?
- Do we need to purchase equipment and how much can we afford to spend?
- Individual comfort and proper fit are important. It's important not to follow trends or make a purchase just because a friend has it.

SAFETY StepUP: FIREARM & BOW MAINTENANCE & PRODUCT PURCHASE AWARENESS (cont.)

Potential Resources **No endorsement is implied for those listed. Conduct your own research to find resources that would work best for your repair, maintenance, and equipment needs.*

4-H (Rifle), (Shotgun), (Archery), & (Safe Use of Guns) Member Record Project Books- extension-pubs.osu.edu/

Bear Creek Archery- bearcreekarchery.com/store-information/

Federal Firearms Listing (Dealers)- atf.gov/firearms/listing-federal-firearms-licensees

Hunter-Ed- hunter-ed.com/nebraska/studyGuide/Steps-for-Cleaning-a-Firearm/20103002_75800/

Magnum Shooting Center- magnumshootingcenter.com/gunsmithing/

On Target for Tuning Your Compound Bow 5th Edition Book by Larry Wise

Pronghorn Country Ace Hardware- acehardware.com/store-details/05281

Scheels-Archery Shop- scheels.com/stores/colorado/colorado-springs/features/colorado-springs-archery-shop.html

Sportsman Warehouse (Firearm & Archery Services)- gunsmith.sportsmans.com/ & facebook.com/SportsmansColoradoSprings/services

Texas Parks & Wildlife- tpwd.texas.gov/education/hunter-education/online-course/firearms-and-ammunition-1/cleaning-and-maintenance

The Official NRA Guide to Firearms Assembly (Rifles & Shotguns) & (Pistols & Revolvers)- nra-store.com/departments/accessories/books

Safety is #1-> No Matter What! Whether you are hauling a firearm/bow to the shop or working on them at home; SAFETY Matters.

-Never handle or work with firearm/archery equipment without an adult present or under impairment.

-Always ensure firearms are not loaded, have a Clear Bore Indicator (CBI) in place, and that the muzzle is always pointed in a safe direction.

-Always ensure firearms/bows are transported in a secure transport case. Call ahead to the shop to let them know you will be coming in. Find out what their specific drop-off/appointment protocols are for handling and transfer of equipment.

-Ensure that no ammunition or arrows are present when working on firearms/bows. If working on arrows, ensure no bows are in the working area and are locked up for safety.

-Utilize a sturdy working table away from other activity areas and individuals in the house.

SAFETY StepUP: FIREARM & BOW MAINTENANCE & PRODUCT PURCHASE AWARENESS (cont.)

-Ensure there are no distractions in the working area (cell phone texting; television; friends or siblings; food, etc.).

-Ensure the working area is well-ventilated.

-Before starting, read through your owner's manual and ensure you have the proper equipment for cleaning and repair for your specific firearm or bow.

Maintenance is Key!

Proper maintenance and cleaning of your firearm and bow helps provide longevity of the equipment; ensure optimal performance; and increase the safe use of the equipment. It's important to read the manufacturer's instructions as each piece of equipment is different. Maintenance (pre-use) checks should occur before going out to shoot. Cleaning and (post-use) equipment inspection should occur after each use.

General Repair & Maintenance Items/Supplies to Consider: **Supplies or equipment needed will vary per discipline and model. Work with an experienced professional before conducting any home maintenance or cleaning.

<u>General</u>	<u>Firearm</u>	<u>Archery</u>
Safety glasses	Clear Bore Indicator (CBI) (i.e., weed eater string)	Bow press or vice
Rubber gloves	Gun vice	String serving tools
Sturdy work bench/table	Cleaning rod and/or bore snake and bore brushes	Arrow spin tester
Non-slip table covering	Bore-Cleaning solvent and oils	Paper tuner
Multi-purpose screwdriver bit set	Cleaning jag	Bowstring wax
Metric & Standard Hex/ Allen & Torq wrenches	Small brush or toothbrush	Nock Installation and Removal Tool
Side cutters	Pipe cleaners	Extra strings, cables, common use parts
Needle nose (straight) & (curved) pliers	Cotton swabs (Q-tips)	Stick tape and/or electrical tape
Toothbrush or soft small brushes	Cleaning patches	Magic markers
Shop vac	Dental mirror	Super glue
Clean rags	Dental pick	
Magnetic parts tray & small magnet	Bore light	

INFORMATION & EVENTS

County: *Reminder to check your email and monitor our Facebook page for updates on 4-H activities and events. **Forms, fees, and registrations are due to the office by (day stated) or (previous Friday) if the day is a weekend or holiday. County related forms and applications are available on the 4-H Forms & Applications page at lincoln.extension.colostate.edu/4-h-forms-applications/. A reminder that forms can be mailed, emailed, faxed, or dropped through the back door slot. The extension office cannot take credit cards for payment purposes.*

-Lincoln County Extension/4-H Website @ lincoln.extension@colostate.edu

-Facebook @ [Lincoln County Colorado Extension](#)

-Colorado 4-H Website @ co4h.colostate.edu & 4H Online @ v2.4honline.com/#/user/sign-in

- ♦ **State Fair Beef Nominations**-Members interested in taking beef animals to state fair will need to notify the office to receive a state fair nomination form and turn it back in no later than April 1. DNA packets can be ordered starting March 1 @ coloradostatefair.com/livestock/.
- ♦ **Livestock Judging** is open to 4-H youth ages 8-18. Practices will start in March. It is not required to participate in weekend judging contests for youth who still want to learn about judging livestock. Contact Ronny Pope for more information @ 402-641-7428 .
- ♦ **Dog Project Meeting** is March 13 at 2:00pm at the fairgrounds. Dog members please contact Raejean Palko @ 970-946-4130 to RSVP and for more information.
- ♦ **Meat Quality Assurance Training (MQA)** for 4-H/FFA members for Lincoln County is April 1 starting at 4:00pm at the fairgrounds. Contact the office for a listing of other county available locations if you cannot make this date. **Livestock Members are required to take MQA their first livestock project year, at 4-H age 10, and at 4-H age 14. FFA members must take MQA the first year they are enrolled in FFA with a livestock project.*

***Senior age members-If you would have an interest in helping with the MQA event and tear-down to earn community service, please contact christine.schinzl@colostate.edu.**

- ♦ **Showing Livestock 401 Workshop** for 4-H/FFA members is April 1 at 5:30pm at the fairgrounds. **This is not required to complete MQA. Members will have time to participate in both.*
- ♦ **Lincoln County 4-H Foundation Reimbursement Scholarship** form is available to 4-H members for some reimbursement or support of 4-H camps, workshops, and general project supplies. Go to the Lincoln County 4-H/Extension website and click under "Foundation" to download the form and requirements at lincoln.extension.colostate.edu/4-h-forms-applications/.
- ♦ **4-H Project Manual Ordering Information** @ co4h.colostate.edu/program-areas/colorado-4-h-project-information/.
- ♦ **Lincoln County 4-H Foundation Scholarship** application for seniors is due April 1. The application is under "4-H Forms & Application" section on the extension website.

INFORMATION & EVENTS (CONT.)

- ♦ **Youth Fest Camp** is April 26-28 in Pueblo, CO for ages 11-13. Cost is \$115 plus travel. Register in 4H Online by March 28. Certified 4-H Volunteer Chaperones will be needed for youth to attend camp. Please contact christine.schinzal@colostate.edu or emily.baylie@colostate.edu for more information.
- ♦ **Shooting Sports**-Practice and scored shoots will be scheduled for spring and summer. Continue to follow the newsletter and check your email for updates.

Other: *** *Verify with listed contacts pertaining to their individual event to find out specific information and guidelines, event cancellation procedures, registration requirements, etc.*

- ♦ **Additional Events-Facebook**- Many events/notices/resources in and out of 4-H are also posted on the [Lincoln County Colorado Extension](#) Facebook page as they become available. Be sure to check the page for additional opportunities and information for both youth and adults.
- ♦ **CSU Extension Live Smart Blog** (Family & Consumer) @ livesmartcolorado.colostate.edu/.
- ♦ **CSU Extension Horticulture Blog** @ cshort.blogspot.com/.
- ♦ **Lincoln County-Noxious Weed Management Pocket Guide** is available @ lincoln.extension.colostate.edu/programs/agriculture-natural-resources/.
- ♦ **Various Livestock Shows** national listing flyers available @ showman.app/shows#/.
- ♦ **CSU Extension Cottage Foods Safety Trainings** are held throughout the year. Learn more and register for a training @ foodsmartcolorado.colostate.edu/food-safety/cottage-retail-foods/.
- ♦ **CSU College Connection Webinar Series** will take place with different colleges once a month. Learn more about degrees, scholarships, and student organizations. Email csu_online_studentsupport@mail.colostate.edu for registration and schedule information.
- ♦ **The Denver Foundation** houses multiple scholarship opportunities for high school and college applicants @ denverfoundation.org/scholarships/scholarship-opportunities/. Check their website for opportunities and corresponding deadlines.
- ♦ **Big R Producing Partners** - Livestock 4-H/FFA members can apply for monetary project assistance when funding is available. Check with your local Big R store starting in March to see if the program is being offered again and what application dates they have.
- ♦ **Bare Root Trees** are available to order from the Extension Office until March 15.
- ♦ **Sullivan Show Supply Scholarship** is due March 15. Learn more @ sullivansupply.com/.
- ♦ **Trans Ova Genetics Scholarships** are due March 15. Learn more @ transova.com/youth#scholarships.
- ♦ **Club Lambs for Sale**-Contact Raejean @ 970-946-4130 for more information. **Additional flyers for sales and shows** are listed on the extension facebook page as they become available.

INFORMATION & EVENTS (CONT.)

- ♦ **Turf and Ornamental Communications Association Scholarship** is due March 15. Information and application is available at toca.org/toca-scholarship-2/.
- ♦ **Colorado Association of Wheat Growers Scholarship** is due March 29. Learn more @ coloradowheat.org/2023/12/2024-cawg-scholarships/.
- ♦ **American Guernsey Association Scholarships** are due starting March 31. Check out their website @ usguernsey.com/agya for complete information and deadlines.
- ♦ **Civilian Marksmanship Program Scholarship** is due March 31. Learn more @ thecmp.org/communications/cmp-scholarship-program/?dom=foxnews&src=syn.
- ♦ **Consumers United Association-Darrell Man Scholarship** is due March 31. Learn more @ cuamember.org/page/scholarship-program.
- ♦ **Dairy MAX Scholarship** application is due March 31. Learn more @ dairymax.org/dairy/scholarships.
- ♦ **American Boer Goat Association Scholarship** is April 1. Learn more @ abga.org/jabga/scholarship.
- ♦ **Beef Improvement Federation Scholarship** deadline is April 1. Learn more @ beefimprovement.org/about-bif/award-forms.
- ♦ **Colorado CattleWomen Heather Hays Stinnett Memorial Scholarship** application is due April 1. Learn more @ coloradocattlewomen.org/colorado-cattlewomen-legacy-scholarships/.
- ♦ **Jonathan Marr 4-H Memorial Scholarship** is due April 1. Learn more @ co4h.colostate.edu/program-areas/shooting-sports/ & select link.
- ♦ **National Farmers Union Foundation Scholarships** are due April 1. Learn more @ nfu.org/scholarships.
- ♦ **National 4-H Youth in Action Awards** application is open till April 1. Learn more @ 4-h.org/parents/4-h-youth-in-action-awards/#!application.
- ♦ **Rocky Mountain Farmers Union Scholarships** are due April 1. Learn more @ rmfu.org/scholarships/.
- ♦ **WinField United Careers in Agriculture Scholarship** is due in April 1. Application information available through a general search @ learnmore.scholarsapply.org/winfield/.
- ♦ **Brush Livestock Exchange Scholarship** application is due April 5. Learn more @ live-stockexchange.org/SCHOLARSHIP.html.
- ♦ **Beef Blow N Go Show** is in Calhan on April 6. Learn more @ docs.google.com/forms/d/e/1FAIpQLSc0XKm2fDPqbV9dY8eUqxML97X7j04DXpZOGmVAIMXszhmQew/viewform. For information contact emily.green@colostate.edu.

INFORMATION & EVENTS (CONT.)

- ♦ **2023 4-H Dog Expo** is April 7 at the Ranch in Loveland. Registration is open to 4-H dog members in 4H Online. For questions contact the Larimer County Extension office @ 970-498-6000.
- ♦ **Colorado GROW Youth Institute** application is due April 15 for youth in grades 9-12. It is a program challenge for students interested in food security issues. Learn more about the required research paper and events, and register worldfoodprize.org/Colorado.
- ♦ **Family Leadership Institute Intro Workshop (FLTI)** is April 15 in Hugo. Initiative to develop community leadership and bridge local residents and decision makers. To learn more contact alice.dong@colostate.edu or 970-491-4115. Register @ forms.gle/P2LsS1ZK6usiLXxaA.
- ♦ **Colorado Association of Fairs & Shows Scholarship** is due April 20. Learn more @ radofairs.org/p/convention/scholarship.
- ♦ **Colorado Arabian Horse Club CAHC No Frills Show & 4-H Extravaganza** is April 25-28 in Denver CO. Learn more @ coloradoarabianhorseclub.org.
- ♦ **Sheep Production Tour** for 4-H youth (14-18) will be April 26-28 on the West Slope. Submit an application by April 1 at docs.google.com/forms/d/e/1FAIpQLScH4h1Uo-yLDR1l7vplknlkblfitZTUyChtRj6C-3Pa2zIvRA/viewform. For questions contact jd.sexton@colostate.edu.
- ♦ **Weld County Goat (Dairy/Meat) Extravaganza** show and seminars is April 26-28 at Island Grove Regional Park in Greeley, CO. For information & registration go to weld.gov/Government/Departments/CSU-Extension/Weld-County-Goat-Extravaganza.
- ♦ **Colvin Scholarship Fund** applications are due end of April. Learn more @ certifiedangusbeef.com/press/colvin/.
- ♦ **Lincoln County Fair Help Needed:** The Lincoln County Fair is looking for community members who would be interested in helping at the fair for general open class (superintendents and day help) August 7-10. Please contact emily.baylie@colostate.edu if you have an interest or know of someone whom we might contact for the positions.

JUST TO GET YOU THINKIN...

“Do the best you can until you know better. Then when you know better, do better.” –Maya Angelou

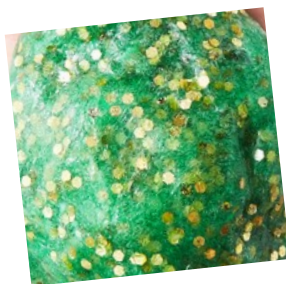
*Q “What do you call cheese that is not yours?”
A “Nacho Cheese!”*

ACTIVITY PAGE:

St. Patrick's Day Slime- *Delish.com*

Supplies:

- 5oz. Clear Glue
- 1/4 cup Water
- 1tsp. Baking Soda
- 1tbsp. Eye Contact Solution (with borate)
- Green Food Coloring
- Gold Glitter
- Mixing Bowl
- Spoon
- Table cloth covering or wax paper to lay slime out on or play with.



Monthly Reader

"My Grandpa, My Tree, and Me"

By Roxanne Troup

Trivia Question:

What city dyes it's river green each St. Patrick's Day?

Steps:

*Work with an adult for permission before beginning or if you need assistance. Also don't forget to wash your hands before and after the project.

-Add the glue and water to the bowl and mix. Stir in drops of food coloring (until you get the color tint that you want). Also add in some glitter.

-Add the baking soda and contact solution. Once it is thickened, knead it with your hands until it's no longer sticky. Then you are ready to play with your slime!

-Be sure to store your slime in a plastic container with a lid and make a new batch after a few days or if any signs of mold growth appear.



Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4	5 Livestock Judging Practice 6:00pm	6	7	8	9
10	11	12 Livestock Judging Practice 6:00pm	13 Dog Project Mtg. 2:00pm @ Fairgrounds	14	15 District Retreat Camp 15-17	16
17	18	19 Livestock Judging Practice 6:00pm	20	21	22	23
24	25	26 Livestock Judging Practice 6:00pm	27	28 Reg. Due Youth Fest Camp	29	30
31	April 1	2	3	4	5	6
	-MQA 4-7:00pm & Showing Livestock 401 Workshop 5:30pm @ Fairgrounds -Beef State Fair Nominations Due for Signature -Senior 4-H Member Scholarship Due-County Foundation					

HEAD-> American Farm Trail

The American Farm Trail App is newly developed by the American Farm Bureau Foundation and partners. It's goal is to connect consumers to local farms, fairs, and agri-tourism locations locally and abroad. Consumers have the opportunity to learn more about agriculture while engaging in activities and games. It also provides them with vacation ideas and short-get away spots.

Producers can register their operation to be a part of the app for consumer to engage with.

To learn more about the app or to sign up your agri-tourism operation go to go.farmtrailapp.com/.

HEART-> Tax Refund Donation

This year with your potential tax refund or savings from income, consider donating a percentage of that to your favorite charity or non-profit. Parents this is a great way as a family to talk about tax refund and credits available and how giving back a percentage helps someone else both financially and emotionally. Colorado has a listing of charities available if you need some ideas @ sos.state.co.us/pubs/charities/taxCheckoff.html. Charity Navigator also has some great ideas @ charitynavigator.org/discover-charities/best-charities/.



HANDS-> Cottage Foods Trainings

Cottage Food Trainings are being offered to producers to:

- Learn food safety guidelines and specifics of operating a home-based cottage food business.
- Learn about the Colorado Cottage Food Act.
- Provides 3-year food safety certification upon completing the webinar and accompanying exam.

Learn more and sign up for an online or in-person class during 2024 @ foodsmartcolorado.colostate.edu/food-safety/cottage-retail-foods/.

HEALTH-> Colorectal Cancer Awareness

March is National Colorectal Cancer Awareness Month. Colon cancer a disease where abnormal cells grow in the colon or rectal divide area. While this cancer is more common in older adults it can affect those who are younger or may have other associated risk factors including: family history of the disease, lynch syndrome, Crohn's, Ulcerative Colitis, excessive alcohol use, smoking, obesity, physically inactive or even possibly diet related.

This is a great chance to talk with friends and family about the importance of routine screenings and what risk factors might exist in your family.

Learn more @ cancer.gov/types/colorectal

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