

4-H NEWSLETTER

September 2023



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THANK YOU'S!!!

*Please try and send a letter of thank you or drop in to say "thanks" to entities/individuals for their continued support.

Ultrasound Contest: Thank you to Eastern Colorado Veterinary Services for providing time, equipment, sponsorship, and setup for the ultrasound opportunity and thank you to the Livestock Sale Committee.

Donations-Thank you to 21st Century Equipment for their support of the 4-H program.

Thank you to everyone who bought peaches for the Council Fund-raiser.

Dustin Price Photography-Thank you for free downloads of livestock show photos from fair.

Jeannie Kinnaman-Thank you for taking general fair and events photos.

Fair Pen Set-Up: Thank you to members, sale committee members and FFA advisors that helped with set up.

Fair- Thank you to John Palmer, Carlos Leonard, Livestock Sale Committee, Fair staff, 4-H Leaders and volunteers, FFA Advisors, superintendents, judges, county road crew, maintenance, fair board, commissioners, donors and supporters of projects and awards, and all other youth and adult volunteers. Thank you to Buckos Feed N' Freight for shavings; Horse Show livestock providers; Nola Stone family for round robin chairs; Brett Stone Family, Hammer, and Golding Families for livestock banners and other Special award donors; Karval 4-H for Fashion Revue help; Council members with general projects and those that helped with sale load out; as well as other volunteers. We appreciate all of your contributions!

Please also thank any of your individual supporters, mentors, leaders, parents, or businesses, etc. that you know of who may have contributed to your projects or awards over the last 4-H year.

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INFORMATION & EVENTS

County: *Reminder to check your email and monitor our Facebook page for updates on 4-H activities and events. **Forms, fees, and registrations are due to the office by (day stated) or (previous Friday) if the day is a weekend or holiday. County related forms and applications are available on the 4-H Forms & Applications page at lincoln.extension.colostate.edu/4-h-forms-applications/. A reminder that forms can be mailed, emailed, faxed, or dropped through the back door slot. The extension office cannot take credit cards for payment purposes.*

-Lincoln County Extension/4-H Website @ lincoln.extension@colostate.edu

-Facebook @ [Lincoln County Colorado Extension](#)

-Colorado 4-H Website @ co4h.colostate.edu & 4H Online @ v2.4honline.com/#/user/sign-in

- ◆ **State Fair General Exhibit Projects** will be available for pickup from September 7-22 (only) from the Extension Office. Projects not picked up during that time will be recycled. State Fair results will be available @ co4h.colostate.edu/program-areas/state-fair-information/ and livestock results will be available @ coloradostatefair.com/competitions/.
- ◆ **County 4-H Achievement Event & Ice Cream** will be Sunday, October 15 at 2:00pm at the Lincoln County Fairgrounds. Club Rotation-(Walks)-Arrive at 1:15pm to help set up and to assist with cleanup afterwards. Council members need to arrive at 1:15pm as well.
- ◆ **4-H (New Year) Enrollment** begins in later fall for new and returning 4-H Members and returning volunteers including foundation members. More information will come out as available on enrollment dates for the new year. 4H Online will shut down at the end of September for annual maintenance. *A reminder that members and clubs need to be enrolled and approved chartered clubs and members/volunteers before participating in new 4-H year activities.
- ◆ **Livestock Sale Committee (Livestock Scholarship Program Beef)** applications are due November 1 for 4-H and FFA members. Goat, swine, and sheep applications are due February 1. For specific program information and applications go to “4-H Programs and Applications”, and look under the “livestock sale” tab @ lincoln.extension.colostate.edu/4-h-forms-applications/.
- ◆ **Hunter’s Safety (Shooting Sports)**- Now is a good time to start looking for Hunter’s Safety courses if you are interested in taking shooting sports as a project this next year. Hunter’s Safety certification must be completed by the project add/drop deadline for project continuation. Find classes @ cpw.state.co.us/learn/Pages/HunterEducation.aspx.

Other: *** *Verify with listed contacts pertaining to their individual event to find out specific information and guidelines, event cancellation procedures, registration requirements, etc.*

- ◆ **Additional Events-Facebook**- Many events/notices/resources in and out of 4-H are also posted on the [Lincoln County Colorado Extension](#) Facebook page as they become available. Be sure to check the page for additional opportunities and information for both youth and adults.

INFORMATION & EVENTS (CONT.)

- ◆ **CSU Extension Live Smart Blog** (Family & Consumer) @ livesmartcolorado.colostate.edu/.
- ◆ **CSU Extension Horticulture Blog** @ cshort.blogspot.com/.
- ◆ **Lincoln County-Noxious Weed Management Pocket Guide** is available @ [Lincoln.extension.colostate.edu/programs/agriculture-natural-resources/](https://lincoln.extension.colostate.edu/programs/agriculture-natural-resources/).
- ◆ **Colorado Stock Horse Association Open Shows** are scheduled for several dates through the fall. More information available @ coloradostockhorse.com.
- ◆ **Various Livestock Shows** national listing flyers available @ showman.app/shows#/.
- ◆ **CSU Extension Grow & Give** is encouraging gardeners throughout the fall and winter (if you have a greenhouse) to continue to donate your extra produce to your local community food banks or assistance locations. To learn more about how to sign up or to find resources go to lincoln.extension.colostate.edu/programs/gardening-horticulture/.
- ◆ **Adams County Horse Show Series** runs June through September. Learn more @ ADCOHorse.com or contact Brenda Berling @ 720-219-8972 or Brendaberlin21@gmail.com.
- ◆ **CSU Caregiver Workshop Webinar Series** is available monthly throughout 2023. Learn more and register @ colostate.az1.qualtrics.com/jfe/form/SV_cIx4pQdJNETewZM.
- ◆ **Colorado Simmental Youth Herd Builder, Education, Fair Grants ,& Scholarships** applications are due October 1. Information available @ coloradosimmental.com/juniors.html.
- ◆ **Colorado 4-H Shooting Sports Ambassador** applications are open till October 15th. Information is available @ co4h.colostate.edu/program-areas/shooting-sports/.
- ◆ **Daniels Scholarship** application is available until October 15th. Learn more @ danielsfund.org/scholarships/overview.
- ◆ **National Dairy Herd Association Scholarship** is due October 31. Learn more @ dhia.org/scholarships/.
- ◆ **Denver Foundation Grants and Scholarship** opportunities available @ denverfoundation.org/scholarships/scholarship-opportunities/.
- ◆ **Colorado Farm Show Scholarships** are due November 1. Learn more @ coloradofarmshow.com/scholarships/.
- ◆ **Colorado Make It With Wool Contest** is November 4 in Brighton, CO. Entries are due September 30. For more information contact Gloria Cundall @ gacundall@outlook.com or 303-656-5559 or [Colorado-Make It With Wool Facebook Page](#) .
- ◆ **Ag Day with 4-H @ CSU** is September 30 (Football game, lunch, campus experience, leadership talk, etc.) Purchase tickets at csurams.com/promocode "Youth in Ag".

INFORMATION & EVENTS (CONT.)

- ◆ **Lallemand Animal Nutrition Forward Scholarship** application is due September 30. For information go to lallemandanimalnutrition.com/en/united-states/2023-lallemand-forward-scholarship/.
- ◆ **Transova Internship** applications are due November 1. Scholarships open in January. Information and application @ transova.com/youth/.
- ◆ **Cheyenne Livestock Expo** is November 13-26 in Cheyenne, WY. Learn more @ cheyennelivestockexpo.com.
- ◆ **Colorado Conservation Tillage Association Scholarship** is due December 1. Learn more @ highplainsnotill.com/scholarships/.
- ◆ **National Sorghum Foundation-BASF Joint Scholarship** application is due December 1. Information and application @ sorghumgrowers.com/foundation-scholarships/.
- ◆ **National Pork Producers Council Lois Britt Memorial Scholarship** is due December 31. Information and application @ nppc.org/get-involved/education-programs/.

EVENT ROUNDUP:

Shooting Sports County Shoot Placings

Rifle Jr.: 1-Autumn Lindt, 2-Parker Harris, 3-Ryder Loutzenhiser, 4-Liam Coraor

Rifle Sr. 1-Amy Pinion, 2-Donovan Harris

Shotgun Jr.: 1-Parker Harris, 2-Levi Lindt

Shotgun Sr.: 1-Tyler Zwick, 2-Donovan Harris

Archery Jr.: 1-Jack Coraor, 2-Parker Harris, 3-Autumn Lindt, 4-William Rogers

State Results & Other Fair Related Links:

State Shoot Sports Results will be available @ co4h.colostate.edu/program-areas/shooting-sports/

State Fair Results will be available @ co4h.colostate.edu/program-areas/state-fair-information/ and livestock results will be available @ coloradostatefair.com/competitions/.

The Livestock Sale Photos-Photographer (Dustin Price) took photos of the livestock shows and they are available for free download again @ buy.dustinpricephotography.com/ under "Family's, events, more", and scroll down to find the 2023 Lincoln County Fair.

[Lincoln County Fair & Events](#) Facebook Page also has fair event photos available thanks to Jeannie Kinnaman!

Congratulations to everyone that participated at various 4-H events this summer!

EVENT ROUND UP: FAIR RESULTS

4-H Fair Results will be available on the Fair page on the Extension website this fall. They are also available on the Extension Website Blog page @ lincoln.extension.colostate.edu/blog-information-events/ and the [Lincoln County Colorado Extension](#) Facebook page.

-Swine- <https://drive.google.com/file/d/1BIE033mMQIFuCVKF-WIldbmj-FqWyoGu/view?usp=sharing>

-Poultry & Rabbit- https://drive.google.com/file/d/1XYwSHv_EdVr3eQla6xeI-DEm9kTOSQL_/view?usp=sharing

-Goat- https://drive.google.com/file/d/1Wd0_7nWrMLjYxScL48AvyJ7m-oBm2j5C/view?usp=sharing

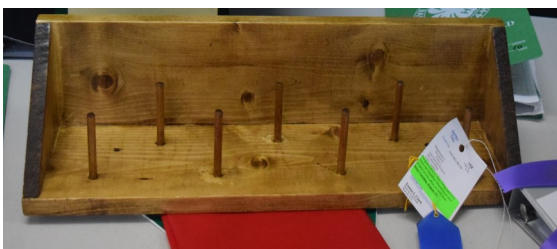
-Beef- https://drive.google.com/file/d/1XDFP_jBn2D9An2p90IRFL9MNtz7qyIuW/view?usp=sharing

-Horse- <https://drive.google.com/file/d/1iR6tG0cU2B3gwLSGvinyymOEcdiDqgb4/view?usp=sharing>

-Sheep- <https://drive.google.com/file/d/1fxS1gvZiN7yQUJrmGSDoNYqFAPRYNxtP/view?usp=sharing>

-Dog- <https://drive.google.com/file/d/1soy2Q7Q80o9IY38be0VaVHjaBuSO8cu7/view?usp=sharing>

-General Projects- <https://drive.google.com/file/d/1FpwsYNdk1lmUYj6vaV25J8aAkX7I7ime/view?usp=sharing>



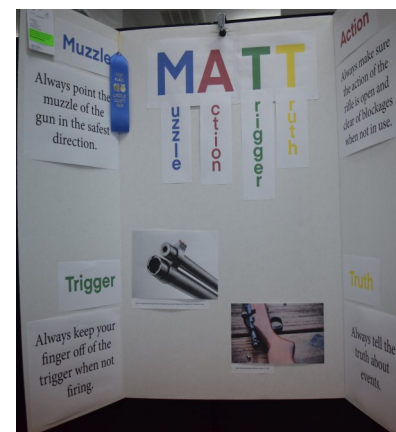
Sale & Floor Buyers & Add-On's

Ag Risk Advisors/Kravig Red Angus	Enbridge Energy/Cedar Point Wind	Martin Adams
Angie and Cole White	Farm Credit of SO. Colorado	Metzger Family
Anton Coop	Farm Gas Inc.	Miles Brent Family
B&F Storage	First National Bank of Hugo/ Limon	Nelson & Sandy Taylor Family
Ben's Family Pharmacy	Flagler COOP Assn.	Nichol's Electric, LLC
Bledsoe Mobile Vet	Fred Poss	Pachner Agri-Enterprises
Brad Weisensee	Gary Schafer	Paula Lindamood-Cox
Brent Cattle Company	Gordan Insurance Agency	Pete Seib
Brent Welding & Machine Inc.	Harlow Farms	Phyllis Mellott
Bret McEndeffer	Hass Farms	Pro Ag Solutions, LLC
Brett and Mckenzie Stone	Griffin and Sons	Prosper Farms LLC
Buckos Feed 'N' Freight, LLC	Hammer, Tony	Ranchers Supply
Buffalo Brand Seed	Heritage Seed & Grain	Reid Cattle Co.
Calhan Auction	Hi Plains Vet Clinic	Rich & Donna Metcalf
Central Plains Equipment/ Mike Vaughn	High Plains Bank	Ronald Reuter
Charlie Andersen	Hoffman Drug	Ronny and Kelsey Pope
Chip & Nikki Reid	Jensen's Blue Ribbon & Griffin and Sons	Seibert Equity Coop
Clark Family	Joe & Cindy Frasier	Simla Locker
Co Ed Cattle CO.	Justin Lindt	Stacy & Makayle Loutzenhiser
Colorado Animal Health	Kiely Family	Stone Oil Company INC
Corrin Perry	Kissel Consulting	Stop and Shop Market
Darin Musil	Kurt and Shelly Lofdahl	Stratton Equity COOP
David & Mindy Witt	La Junta Livestock Commission Inc	Todd Thompson
Deek Stone	La Junta Mill & Elevator	Hannah Hammack
Dirk and Drew Murphy	Ledom Performance	Tony Sorensen
Don & BJ Stone	Limon Auto Solutions	Simla Locker
Don Bain	Magnum Feed Yard	Doug & Connie Stone
Donna Camper	Malcom Legacy Livestock, LLC	Try-Me-Spraying
Eastern Slope Telephone	Malcom/ Bee Farms	Valley Tire & Valley Oil
	Mark Aldridge	Wayne and Linda Ewing
		Windmill Liquor

Winterberg Towing
 Adam & Anna Stone
 Alyssa Metzger
 Bray Innovations
 Brian Tucker
 Bruce & Kathy Boyd
 Chester and Jana Ewing
 Chris & Apryl Huelskamp
 Chris & Carla Stone
 Colorado Championship
 Ranch Rodeo
 D J Petroleum
 Dan & Mary Merewether
 Eastern Colorado Vet Ser-
 vices
 Ed & Jan Schifferns
 Garson & Elisha Thomp-
 son
 Green Horizons Tree &
 Turf
 Herman Stuke
 Ian Christie
 Jim & Becky Herron
 John & Janell Reid
 Justin & Emily Golding
 Kenny & Karla Yoder
 Len & Nola Stone
 Limon Stop & Shop
 Loutzenhiser Cattle Ser-
 vices
 Meier Custom Embroidery
 & More
 Muth Welding Services
 Nancy Randolph



Nolan & Marissa Payne
 Parmer's Automotive, Inc.
 Pat Vice
 Plains Heating & A/C,
 Inc.
 Prairie Automotive
 Prairie Ridge Buffalo
 Ranch
 Pronghorn Country ACE
 Hardware
 Ryan & Lindsay Frasier
 S & S Heating & AC
 Steve & Debbie Payne
 Steve Burgess
 Superior Builders, Inc.
 Todd & Linda Messer
 Town & Country Hard-
 ware
 Town of Limon



FAMILY & CONSUMER: PAYING DOWN DEBT IS SAVING

It seems counter-intuitive that paying down debt is indeed saving. We tend to think that if we are not directly putting money into a savings or retirement account, we haven't gained anything. Reports from [Ramsey Solutions](#) using data from the Federal Bank Statistics and U.S. Census Bureau indicates that the average credit card debt per household is \$14,241; mortgage loans average \$202,454, and student loans average \$58,112. The report indicates many individuals delay making big life decisions such as buying a home or getting married because of their debt.

The weight of debt can be overwhelming at times, and it may often feel like you can't get ahead, especially regarding savings. Don't be discouraged though as you think about paying down your debt to help increase your savings. The best time to begin is now and taking small steps will help you achieve your goals of paying down debt and saving more.

Step 1... List Out Your Debts

Make a [list of all your debts](#) (i.e. credit cards, student loans, family loans, mortgages, retail accounts, etc.). This allows you to see and track to whom you owe, how much you owe, and payment information for each debt. Putting this information all together lets you see the whole picture and begin the next steps.

Step 2... Determine Your Monthly Expenditures

Make a [list of known expenses](#) each month (i.e. utility bill, groceries, fuel, etc.). This helps you determine how much money is being spent and which areas are a necessity or stay the same each month and which areas are more discretionary or can change. If you are not sure what your spending might be for some categories, that's okay. An easy way would be to save all your receipts for the coming month and then total expenses for each category to get a better idea of where your funds were spent.

Step 3... Savings Goals

Sometimes it can be overwhelming to tackle it all at once. Write down 1-3 simple goals for the year to help you determine where you would like to increase savings by reducing debt. This helps make saving and reducing debt more achievable. (i.e., I want to pay off my Visa credit card or I want to put an extra \$25/month towards my student loan payments.)



FAMILY & CONSUMER: PAYING DOWN DEBT IS SAVING (cont.)

Step 4... Start Small

Paying down debt by contributing just a little extra each month can make a big difference. (i.e., My credit card balance is \$1,500 and I make the minimum payment of \$33/per month. At 14% interest, it will take me 5 years to pay off that debt and it will cost me over \$600 in interest expenses. If on the other hand, I put an extra \$17/month towards my credit card payment (\$50/per month) I can pay off the credit card debt in just three years. I also pay \$300 less in interest.)

Step 5... Don't Be Discouraged

Paying down debt can sometimes feel like it takes an eternity and that you aren't getting anywhere. Don't be discouraged, but instead celebrate small successes along the way! Find a friend, family member, or financial professional to help be your "champion" in paying down debt. Ask them to help you be accountable for your efforts. Also, if you feel overwhelmed by your debt and it's impacting other areas of your life including your mental and/or physical well-being, work, and/or relationships; then don't be afraid to reach out for [help](#).

By paying down your debt you not only reduce your ongoing financial obligations but also relieve stress and worry. So don't wait, start paying down debt today and increase your savings!

Additional Resources & Worksheet Links:

Experian-Credit Card Payoff Calculator @ <https://www.experian.com/blogs/ask-experian/credit-card-payoff-calculator/>

Consumer Financial Protection Bureau-Debt Collection Resources @ <https://www.consumerfinance.gov/consumer-tools/debt-collection/>

Let's Talk Colorado-Mental Health Resources @ <https://letstalkco.org/resources/>

(List of all debts)->Debt Inventory Worksheet @

https://drive.google.com/file/d/1g3MjfTCnUtURstDz9VGNXZOEpvElgRT8/view?usp=share_link

(List of Known Expenses)-> General Household Spending Worksheet @

https://drive.google.com/file/d/1DsvxOwTwmO8NSYSwf84m7UDD-dh-EtXb/view?usp=share_link

WRITING A THANK YOU:

Writing “Thank You’ s” may seem unnecessary or be too time consuming. However studies show that sending thank you’ s can create a positive ripple effect for one’s own health and well-being and positivity towards others. Those who receive thank you’ s often reciprocate that gratitude to others down the road as well.

Individuals and businesses in particular are more likely to become repeat donors if they receive acknowledgement of their contribution. The thank you is a an acknowledgement that their time or contribution made a positive impact. Your thank you may very well help the next youth receive a scholarship, purchase of a livestock animal, or donation to them or a fund because of the time you took to write a thank you this year for their help.

Mailed thank you notes are particularly important for those who may be elderly, shut-in, or who have fewer social interactions. A simple note can boost someone’s self-worth and help them feel valued and needed in the world. A hand-written thank you doesn't have to be your only option. You can send a thank you via email, social media, or call or text someone as well.

Writing a thank you doesn’t have to be for something “big” either. You could send a note to someone who opened the door for you or helped you pick up a dropped pile of papers in the parking lot. You can thank those in service careers such as (medical workers, law enforcement, military service members –past and present, school janitor, etc.) or others.

Now is a great time with summer ending and school beginning to write a list of individuals or businesses who might have helped you this year. A good thank you note should be legible and include what you are thanking them for and how it has helped you. Don’t forget to sign your name and add a return address when mailing them out!



JUST TO GET YOU THINKIN...

“Autumn shows us how beautiful it is to let things go.”

-Unknown

“The heat of autumn is different from the heat of summer. One ripens apples, the other turns them to cider.”

-Jane Hirshfield

SAFETY StepUP: GRAIN SAFETY

Grain is used to make many products that we as consumers or livestock utilize.

However it's important to remember that handling or being around grain and storage equipment can be quite dangerous.

**Flowing grain can completely cover someone in less than 22 seconds. Good safety practices can keep you, your family, and friends safe while around grain equipment and facilities.*

What I need to know when I call 9-1-1:

-Try to stay calm and speak loud and clear and don't hang up until they tell you to.

-Give them your full name.

-Give them a physical address of your location or descriptors of your location (i.e. street signs, colors, buildings, etc.) as best you can.

-Try to give as much information as you can about what's going on.

Grain Storage/Equipment Hazards:

-Grain can cause entrapment by flowing through equipment or storage facilities in a downward motion.

-Grain piles or loose grain can cause an avalanche effect and bury individuals and equipment if not properly stored or safety barriers are not implemented.

-Grain dust can cause respiratory illness or irritations.

-Bridged or crusted grain can cause collapse of grain piles.

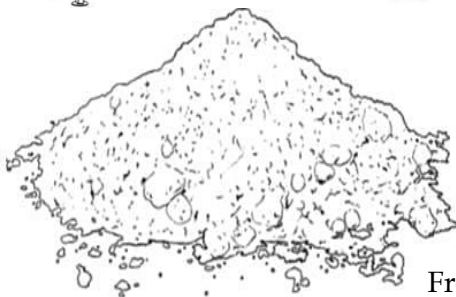
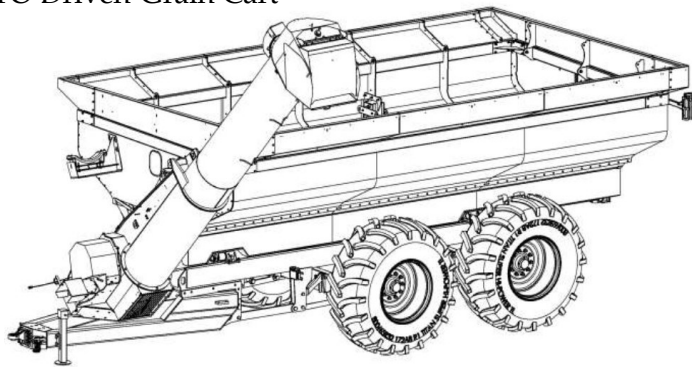
-Grain bins and grain equipment can be hazardous to increased chances for falling.

-Electrocution or entanglement in equipment is also a hazard.

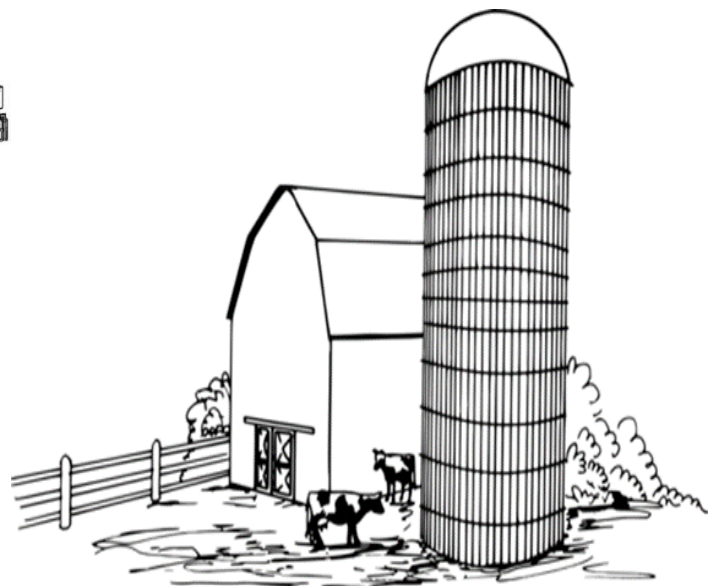
-Fires or explosions from grain dust can occur.

-Grain piles such as those at petting zoos or ag tourism farms or even a bucket or barrel at your house can also be a choking or suffocation hazard, especially for younger children.

PTO Driven-Grain Cart



Free-Standing Grain Pile



Barn with Grain Storage & Grain

ACTIVITY PAGE: GRAIN SAFETY

Monthly Reader

"34 Craft Stick Projects"
By C.T. Cart-
land, Romilda Dil-
ley, Loretta Reese, et al.

Safety Tips to Help be Prepared Around Grain & Equipment:

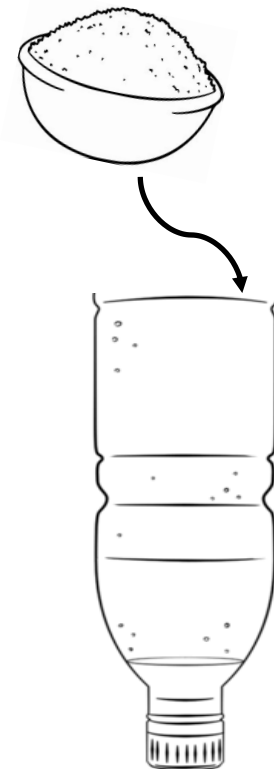
- Don't ever play in or around grain facilities or equipment. Keep you friends away from hazards as well and go find an adult immediately if they are playing in or around equipment and facilities and will not get out.
- Always know what hazards are present even if you are with an adult. An incident can happen anytime or anywhere.
- Learn to watch where you are going (physical location, road signs, address, etc.) when going to work, riding along, or using equipment away from the farm or main property in case you need to call for help or contact emergency services (9-1-1).
- In an emergency, call 9-1-1 or get help immediately. Never try to jump into a grain bin or get in the equipment to help someone already engulfed or injured so as to prevent injuries to yourself.
- Always wear safety glasses and a dust mask (or a more substantial air mask when needed) to protect your eyes and respiratory system. Always test the air in bins for oxygen levels and unsafe gases.
- Do not wear loose or torn clothing around grain handling equipment or facilities.
- Ensure proper training for employees and visitors around equipment and facilities. Always use equipment and not people to break up or get grain piles to move or flow.
- Never enter a grain system as a youth. Adults need to wear proper PPE equipment, utilize a harness system, have electricity/engines shut-offs, and always work with a partner before entering or working in/on grain storage or grain equipment.
- Establish a safety zone for loose grain piles and implement "Keep Out", "Danger" signs for the area to prevent individuals from moving around the area. Provide "Lock Out Tags" for equipment and facilities to prevent injuries.
- Regularly clean and inspect equipment and structures.

At-Home Craft: Grain Flow Demonstration

An easy way to see how quickly grain flows is to take a water bottle and cut off the bottom.

Turn the bottle over (with the cap on) and fill up the bottle with rice. Place a small object (must be able to fit through the cap hole) (i.e. colored pebble) in the rice. Unscrew the lid and watch the grain flow out.

*This demonstrates just how quickly someone can be trapped in grain.



September 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 -Club Member in Good Standing Form Due -4-H Award Nominations Due	2 State Shoot Weekend 2
3 State Shoot Weekend 2	4 Holiday-Office Closed	5	6	7 State Fair Projects Available Pick Up (Sept. 7-22)	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22 Last Day to Pick Up State Fair Projects	23
24	25	26	27	28	29	30 End of 4-H Year and 4H Online Shutdown till Re-Enrollment Opens

HEAD-> CSU CROPS TESTING

CSU annually performs crop variety performance trials on a number of crops and varieties on farm and through small-plot variety trials. They provide unbiased feedback to producers about different varieties currently on the market and new crops or varieties coming out. The goal is to help farmers be able to make better production determinations for their operation.

To learn more about the crops and get information on varieties tested this year or previous years go to csucrops.com/.

HEART-> Fill a Backpack

Even though the school year has started there is still a need for students (youth, college, adults) to have the necessary supplies to be successful in their academic adventures. Supplies such as backpacks, meal gift cards, calculators, sports/P.E. attire, music items, and general supplies are needed even after school starts. A Precious Child-Empowering Children to Succeed Organization is one example of a backpack program you can learn more about @ apreciouschild.org/what-we-do/fill-a-backpack/. Also contact your local schools and community colleges to see where there might be a need as well.



HANDS-> IFYE

IFYE-International Farm Youth Exchange offers the opportunity for college age youth to explore different countries. They live with host families and learn and work with them to discover more about their culture and daily lives. The program was founded after World War II. This is a great opportunity for young adults to explore different cultures. Host families are also needed to provide an opportunity for international delegates to come and learn more about different cultures and daily living activities in the United States.

To learn more about the program and see how it may be a fit for a youth or your family or even learning about donation opportunities go to ifyeusa.org/.

HEALTH-> National Farm Safety & Health Week

National Farm Safety & Health Week is September 17-23!

It's a great reminder to practice safety and be mindful of our health at all times, in all occupations and activities; especially agriculture.

To sign up for the free webinars taking place that week go to agrisafe.org/nfshw/#nfshw-schedule.