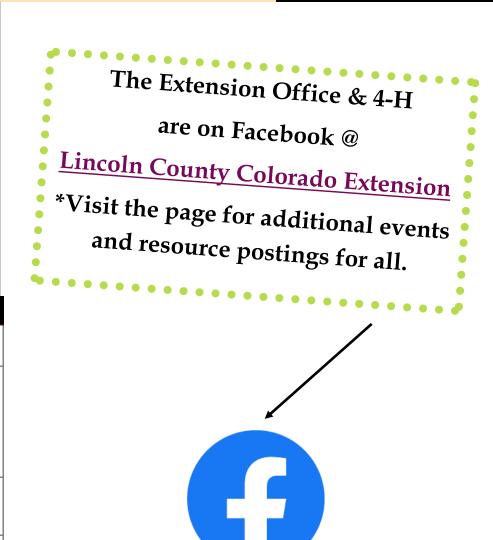
4-H NEWSLETTER

June 2023

326 8th St./Box 68 Hugo, CO 80821 P: (719) 743-2542 F: (719) 743-2555 Web: lincoln.extension.colostate.edu Facebook: Lincoln County Colorado Extension Robin Halley: Director, 4-H Youth Development/Agriculture robin.halley@colostate.edu Christine Schinzel: 4-H Program Assistant christine.schinzel@colostate.edu Amelia Sharp: Administrative Assistant coopext lincoln@mail.colostate.edu INSIDE

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Lincoln County Extension/4-H Website

@

lincoln.extension.colostate.edu



HOOF TRIM DAY- Beef & Dairy Cattle

Date: June 30

<u>**Time:**</u> 7:00-11:30am (Limited time specific slots available on a first-registered basis)

Cost: \$40/Head (No bills larger than \$20)

Open To: All 4-H & FFA Members

<u>RSVP Due:</u> June 22 to <u>chris-</u> <u>tine.schinzel@colostate.edu</u> or 719-743-2542



Location: Eastern Colorado Veterinary Services (474 1st Ave. Limon, CO)

*Event Day Phone: 719-775-8166

*Animals must be halter broke and able to lead.

*Cancellations after the deadline will still require payment to the hoof trimmer.

PORTABLE SCALE & FAIRGROUND SCALES AVAILABLE FOR USE:

• There is a portable (sheep, goat, and swine) scale available for use at the Extension Office. The scale is available for use/pickup on a first-come basis by appointment only during office hours. We encourage you to bring a trailer to load the scale into as it is quite heavy.

*A \$50 deposit is required and an equipment check-out sheet must be completed. *Please bring cash or check as we do not have a credit card machine.

*The scale must be disinfected according to the "Disinfectant Protocol Sheet" before it is returned to the office.

*A \$50 late fee will apply if the scale is not returned on time.

*Non 4-H/FFA members may also rent the scale for \$25/ per day.

• The scales at the fairgrounds to weigh cattle and other species are available for use this summer by appointment only during office hours.



ANIMAL INFORMATION CORNER: ANTIBI-OTIC PURCHASE CHANGES IN EFFECT

The last two years the Food and Drug Administration (FDA) has been working to implement and provide guidance to producers, veterinarians, and retailers for changes to how medically important antibiotics may be purchased. A reminder that as of June, 2023, additional antibiotics will no longer be available to everyone over-the-counter for purchase. Instead these items will now require a veterinary prescription for purchase. This means that producers will need to establish a Veterinary Client Patient Relationship (VCPR) with their local veterinarian. Establishing a VCPR should happen well before antibiotic treatment is needed to ensure availability of the veterinarian. This applies for everyone and all species who may need antibiotics. This continues changes the FDA has been making the last few years with other medically important antibiotics as well. This is under *FDA* #263 *Guidance for Industry*.

Resources to Learn More:

-Local veterinarian

-GFI #263: Frequently Asked Questions for Farmers and Ranchers @ <u>fda.gov/animal-</u> <u>veterinary/antimicrobial-resistance/gfi-263-frequently-asked-questions-farmers-and-ranchers</u> -Listing of New Antibiotics Affected @ <u>fda.gov/animal-veterinary/antimicrobial-resistance/list</u> <u>-approved-new-animal-drug-applications-affected-gfi-263</u>

OUTDOOR-GROW FOOD & SHARE THE HARVEST

June is a great time to get started on a vegetable and/or fruit garden. Fruits and vegetables offer many health benefits. Gardening can also be great for physical activity and for mental well-being as well. Youth can explore many skills including math, reading, science, and history by planning, selecting, planting, and maintaining their garden throughout the summer.

Gardening can also provide extra fruits and vegetables you may not be able to utilize. The *Grow and Give* campaign encourages gardeners to grow produce and donate the extras to local food banks in their area.

CSU Extension offers many great gardening resources and information about how to donate extra produce @ growgive.extension.colostate.edu/.

INFORMATION & EVENTS

County: Reminder to check your email and monitor our Facebook page for updates on 4-H activities and events. **Forms, fees, and registrations are due to the office by (day stated) or (previous Friday) if the day is a weekend or holiday. County related forms and applications are available on the 4-H Forms & Applications page at <u>lincoln.extension.colostate.edu/4-h-forms-applications/</u>. A reminder that forms can be mailed, emailed, faxed, or dropped through the back door slot. The extension office cannot take credit cards for payment purposes.

-Lincoln County Extension/4-H Website @ lincoln.extension@colostate/edu

-Facebook @ Lincoln County Colorado Extension

-Colorado 4-H Website @ co4h.colostate.edu & 4H Online @ v2.4honline.com/#/user/sign-in

- Shooting Sports- Next Shoot is (Saturday) June 10 at the Limon Gun Range. Rifle starts @ 7:45, Shotgun @ 9:30, and Archery @ 10:00 for setup and to be ready to shoot. Please make sure you are purchasing ammunition/arrows well ahead of each scheduled shoot to ensure enough rounds. Watch for emails the week of shoots for any changes.
- 4-H/FFA Hoof Trim (Beef & Dairy Cattle) is June 30 at Eastern Colorado Veterinary Services in Limon. The cost is \$40/head. Limited spots available. RSVP due by June 22 to <u>chris-</u> <u>tine.schinzel@colostate.edu</u> for a time-specific slot. *A reminder that you are responsible for paying for hoof trimming slots even if you no-show on the RSVP after the deadline.
- Livestock Scholarship Recipients- Be sure to check your contract and check sheet to ensure you are meeting all requirements including sending out update letters to sponsors and sending in a weight on your animal by June 15. A copy of your monthly letter is required to be sent to the extension office for record for the sale committee.
- **Project Assistance**-If you need assistance with your 4-H project, please contact the office or your club leader to help connect you with volunteer project leaders and other resources.

Fair Related-> The County deadline is July 1 for (Dog and Horse ID's, Rabbit and Poultry Nominations, Livestock & General (all entries) Projects, and Fashion Revue) fair entries. The fairbook is online @ <u>lincoln.extension.colostate.edu/lincoln-county-fair/</u>. Open Class entries have other deadlines. Refer to the fairbook for exhibition requirements in all areas.

->A horse may be ID'd/shared as a project horse by no more than 2 unrelated 4-H Members. Immediate family members may share and ID the same project horse.

->Livestock fair entries will be due July 1. *If more than 2 animals of the same species per family, let the office know on your entry forms if you will be combining pens or need separate pens.

->Beef exhibitors-See information from the brand inspector about documentation needed at fair as part of the consignment process of your animal to the sale.

INFORMATION & EVENTS (CONT.)

(Fair cont.)

->See articles and specific emails to Poultry and Rabbit exhibitors regarding nominations and the modified poultry show.

->Poultry & Rabbit Nomination Forms >for fair are due July 1. Forms can be accessed from our website @ <u>lincoln.extension.colostate.edu/4-h-forms-applications/</u> under the "fair tab". <u>*Members</u> <u>interested in taking (poultry and rabbit) animals to state fair will need to notify the office to receive a state</u> <u>fair nomination form. State fair nomination forms are due no later than July 1 to the office for signatures.</u> <u>State Fair entry information on all species will be available at coloradostatefair.com/livestock/</u>.

->See newsletter article regarding general 4-H project judging zoom potential option per changes from the fairboard. All general projects being exhibited at fair this year will need to be entered on an entry form. *Be sure to read through the fair book for your specific project to ensure you follow the project specifications correctly for exhibition. **Exhibition of 4-H projects at fair is not required for project completion. However, general projects must participate in county fair judging for consideration for state fair qualification. If you do not intend to exhibit your livestock or general project at fair, please let the office know as soon as possible.

->A general reminder to download all forms and sheets before typing into forms to ensure that you can save your work. Test the save button on the document as you begin and remember to save frequently.

->4-H green record books are available at the extension office for \$3.50. *Green binders are not required to hold records-just a notebook of some kind. Display boards and clothing tags are also available for \$3.00.

->Colorado State Fair information, contests, events, and requirements @ coloradostatefair.com/.

->Project Books/Manuals & Updated Information: Families will need to order project books/ manuals directly from the supplier. Go to Colorado 4-H @ <u>co4h.colostate.edu/program-areas/</u> <u>colorado-4-h-project-information/</u> and then click on "publication order form" to see where to download or order manuals.

->Download a general project record book @ <u>co4h.colostate.edu/program-areas/colorado-4-h-</u> <u>project-information/</u>for completion requirements and to help you determine what information you need to complete and when.

->General project score sheets can be found for review at: <u>co4h.colostate.edu/program-areas/state-</u> <u>fair-information/score-sheets/</u>.

->Livestock record books utilize a county book (not the state livestock record books) that can be found at: <u>lincoln.extension.colostate.edu/4-h-projects-record-books/</u>.

->4-H Books and Booths will be due on 4-H General Project Judging day this year by 10:00am to the fairgrounds building. *There is an error in the physical fairbook showing two different dates.

INFORMATION & EVENTS (CONT.)

(Fair cont.)

->The Dog show is on Wednesday afternoon of fair this year. *There is an error in the physical fairbook showing two different dates.

- Horse Levels Testing– Members interested in certain fair classes need to review the fairbook for current levels testing requirements. Contact the office for more information. Levels testing study guides are available at: <u>co4h.colostate.edu/program-areas/horse-resources/</u>.
- Lincoln County 4-H Foundation Reimbursement Scholarship form is available to 4-H members for some reimbursement or support of 4-H camps, workshops, and general project supplies. Go to the Lincoln County 4-H/Extension website and click under "Foundation" to download the form and requirements at <u>lincoln.extension.colostate.edu/4-h-forms-applications/</u>.

Other: *** Verify with listed contacts pertaining to their individual event to find out specific information and guidelines, event cancellation procedures, registration requirements, etc.

- Additional Events-Facebook- Many events/notices/resources in and out of 4-H are also posted on the <u>Lincoln County Colorado Extension</u> Facebook page as they become available. Be sure to check the page for additional opportunities and information for both youth and adults.
- CSU Extension Live Smart Blog (Family & Consumer) @ livesmartcolorado.colostate.edu/.
- CSU Extension Horticulture Blog @ cshort.blogspot.com/.
- Lincoln County-Noxious Weed Management Pocket Guide is available @ Lincoln.extension.colostate.edu/programs/agriculture-natural-resources/.
- Listing of Livestock Shows-General @ <u>drive.google.com/drive/folders/13l-</u> <u>cPnFYKu8RiG9siMHZslYZX3ahkxua</u>.
- **Colorado Stock Horse Association Open Shows** are scheduled for several dates through the fall. More information available @ <u>coloradostockhorse.com</u>.
- Breed Bash Jr. Beef Show/Events is June 3-4 in Fort Morgan, CO. To register go to <u>show-man.app/shows#/breed-bash</u>.
- **Philips County Showdown** (sheep, goat, & swine) is June 3-4 in Holyoke, CO. Information available @ <u>facebook.com/phillipscountyshowdown/</u>.
- Weld County Shooting Sports Invitationals are June 3-4. Register @ <u>signupgenius.com/</u> <u>go/20F0A4DAFAC29A2F49-weld2</u> or <u>signupgenius.com/go/20F0A4DAFAC29A2F49-weld1</u>. Contact Ray Sagehorn @ 720-244-0238 for questions.
- Colorado Wheat Field Days is early June . Learn more @ <u>csucrops.com/wfd</u>.
- **Douglas County 4-H Horse Camp** is June 5-9. Register through 4H Online. For information contact <u>mercedes.glenn@colostate.edu</u>.

INFORMATION & EVENTS (CONT.)

- Colorado Junior Swine Association Shows information is located @ <u>facebookcom/</u> <u>coloradojuniorswine/</u>.
- Various Livestock Shows national listing flyers available @ showman.app/shows#/.
- National Association Farm Broadcasters (NAFB) Scholarship is due June 8. Information and application is available at <u>nafb.com/foundation/scholarship-program</u>.
- Mesa County Invitational Shoot is June 10 in Palisade. Register @ eventbrite.com/e/mesacounty-4-h-invitational-shoot-2023-tickets-579305316797.
- **ROCKINDLO Ranch Showmanship & Cattle Fitting Clinic and Sho**w is June 10-11 in Keensburg, CO. For information contact <u>theranch@rockindlo.com</u> or 303-408-4469 or check out the Facebook page @ <u>facebook.com/events/233331585946206/?ref=newsfeed</u>.
- North Park Livestock Jackpot is June 11th in Walden, CO. Register @ <u>form.jotform.com/220584791418058</u>. Contact Lacey @ 970-819-0102 or find on Facebook *North Park Jackpot* for information.
- Weld County Dairy Extravaganza is June 11-13 in Greeley, CO. Information available @ <u>weld-gov.com/Government/Departments/CSU-Extension/Colorado-Dairy-Youth-Extravaganza</u>.
- The Showdown in Cheyenne Livestock Show is June 16-18 in Cheyenne, WY. For information contact Pam @ 307-630-7489 or <u>facebook.com/The-Showdown-in-Cheyenne-282128558904389/</u>.
- Adams County Horse Show Series runs June through September. Learn more @ <u>AD-</u> <u>COHorse.com</u> or contact Brenda Berling @ 720-219-8972 or <u>Brendaberlin21@gmail.com</u>.
- 4-H Fun (Dog) Match is June 17 at the Archuleta County Fairgrounds in Pagosa Springs, CO. Registration closes June 1 @ <u>forms.gle/jtDmoR2YjjQxJ7iD6</u>.
- Rendezvous on the Range Swine Show is June 17 at the El Paso County Fairgrounds. Register

 @ docs.google.com/forms/d/
 e/1FAIpQLSdaQVCX8D1RVvpqEsmMzhd633tWBTDl28g2MeMJx5bTbYLGGg/viewform?
 usp=sf_link
- El Paso County 4-H Miniature Horse Show is June 25 at Latigo Arena. Contact Randi Hudson
 @ randaleehudson@yahoo.com for registration and pattern information.
- American Jersey Cattle Association Scholarship applications are due July 3. Information is available at <u>usjersey.com/AJCA-NAJ-JMS/AJCA/YouthPrograms/</u> <u>YouthScholarshipsandEducationalPrograms.aspx</u>.
- Elbert County 4-H Dog Fun Match is July 15 in Kiowa. Registration is due July 12. Contact <u>talynn.allen@colostate.edu</u> or (303) 621-3162 for registration and entry information.

FAIR: POULTRY SHOW-2023 MODIFICATIONS

Please see below information regarding the modified Poultry Show for 2023 at the Lincoln County Fair due to the ongoing HPAI (Bird Flu) situation in Colorado and other states. The fairboard has decided on the following for this year's 2023 Poultry Show.

Breeding Birds

-Breeding Poultry will come in and exhibit on Tuesday morning (8th) and will then be dismissed to be taken home that same day. After the show, we encourage exhibitors to take birds directly home or leave them by their trailer/or vehicle in the shade if they need to stay for other shows/livestock check-ins that day. No birds will be allowed to be left at the fair this year.

-Breeding Classes will not be limited in exhibition class numbers.

<u>Market Birds</u>

-This will be a terminal show. All Market birds shown will be taken directly to the processor after the show. Youth will still be selling their pen of birds (as they qualify per normal sale rules) (as we have done in the past with disease outbreaks), but will not have a live animal. An explanation will be given at the sale explaining that buyers will receive processed birds. A buy-back bidder for extra birds (not eligible for the sale per livestock rules on limiting sale animals per exhibitor) will still be sought, but again the buyer will be getting processed birds.

-In an effort to reduce processing costs and uncertainty for bidders/buyers, exhibition of market birds will be limited per exhibitor: (Limit of 1 pen per species/entry).

Example: A-7 Market Chickens (enter either class 1 or class 2, but not both).

Example: I can enter 1 pen in Class A-7 and one pen in Class A-8 and one class in A-9, and one class in A-10 per exhibitor.

*Please plan on bringing your birds in more than one cage (if you can) for ease of exhibition and to help keep everyone's birds separated while at the fair that day. You will also need to bring water and food dishes for the day of the show. We encourage you to read through biosecurity and best practices regarding HPAI and be aware of the disease in general, especially when taking home equipment and birds from the fairgrounds.

General information and biosecurity Resources on HPAI (Highly Pathogenic Avian Influenza)

-CSU Veterinary Diagnostic Laboratory- Avian Health- <u>csu-cvmbs.colostate.edu/vdl/avian-</u> <u>diagnostics/Pages/default.aspx</u>

-CDA Website on HPAI- ag.colorado.gov/hpai

-USDA Defend the Flock-Biosecurity- <u>aphis.usda.gov/aphis/ourfocus/animalhealth/animal-disease-information/avian/defend-the-flock-program/defend-the-flock-program</u>

FAIR: HORSE & DOG ID'S-> 4H ONLINE

For members interested in showing animals fair, the deadline to enter Animal ID's for the Lincoln County Fair Deadline is July 1 (Horse & Dog).

Clear and complete photos of your animal are required for both. Vaccination records are required for dogs. Be sure to accurately and completely add information. If Remember that to show an animal at fair it must be ID'd by the deadline.



FAIR: RABBIT & POULTRY NOMINATIONS

This year and going forward Market (Rabbits & Poultry) will need to be nominated similarly to other livestock species per the sale committee. This form will be due July 1.

The form can be found on the website under "forms and applications" "fair" tab @ lin-coln.extension.colostate.edu/4-h-forms-applications/.

*Rabbits will need to have an identifying tattoo on their ear. Rabbits need to be tattooed by the nomination form deadline. Fresh tattoos at the fair will result in the disqualification of the animal being shown.

*All market poultry must be nominated and have a leg band (with a number) placed on them. Poultry leg bands are available from the office or you may utilize your own.

FAIR: 4-H GENERAL PROJECT JUDGING

Per Fairboard rule changes: There is now a potential option for kids exhibiting general 4-h projects to do a zoom interview for fair under the following conditions:

- 1) Parent/child must call and get on the fairboard Agenda for the July meeting.
- 2) The child and parent must both show up to the fairboard meeting in person in July to explain why they cannot attend fair in-person and need a zoom interview.
- 3) The fairboard will review and approve zoom interviews on an individual basis.
- 4) No special allowances will be made in the scheduling of the zoom interview on general 4-H project judging day. The child must make themselves available whenever they are on the schedule during the day. The child/parent must provide their own technology to participate in the zoom interview.

FAIR: ENTRY FORMS (GENERAL, LIVESTOCK, FASHION REVUE)

*All general projects will need to be entered on the "General Project Entry Form" if you are exhibiting those projects at fair. *4-H project completion does not require exhibition at fair.

*Livestock Entries– Please let us know if you are combining pens on your entry form. Breeding animals need to designate if they are staying at the fairgrounds during the week or not.

Fair Entry Forms, Deadlines (July 1), and the Fairbook is online @ <u>lincoln.extension.colostate.edu/</u> <u>lincoln-county-fair/</u>. *Open class has additional deadline dates.

ANIMAL INFORMATION CORNER: LIVESTOCK EXHIBITORS (BRAND INSPECTION REMINDERS)





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ATTENTION ALL LINCOLN COUNTY LIVESTOCK EXHIBITORS

As of 2024, all beef that will be in the market show and sold at the Lincoln County Fair will be required to have a brand inspection (which is a legal bill of sale) in the exhibitor's name. There will be no more "home raised" animals cleared unless the exhibitor is the legal owner of the brand that the animal is wearing. If the animal does not have a brand it must still have a brand inspection in the exhibitors name. As I love to see local ranch raised calves in the show that are wearing a family brand, we must do a change of ownership (brand inspection) from the person selling (gifting) the animal to the exhibitor. Reference Colorado State Statute C.R.S. 35-53-105 (1)-(3) - Failure to Obtain Brand Inspection Prior to Shipment. Please bring your brand inspection with you to weigh in each year. I will mark a new tag number on your certificate. Each August at the fair when you consign your animal to sell, I will need to collect your certificate so please also bring your brand inspection paperwork. If you do not have a brand inspection done by the time the livestock sale starts the money will be held until you get the brand inspection done. Reference Colorado State Statute C.R.S. 35-54-105 (1) - Sale of Livestock Without a Bill of Sale.

If you have any questions, please feel free to contact me at 719-924-3548 or 719-440-1387. Again this will be a requirement starting in the year 2024.

Thank you and I wish you the best of luck with your animals!

Man Hallenbart

Marc Hollenbaugh, Brand Inspector - Limon District

Commissioners: Lorene Bonds from Durango, Kory Kessinger from Akron, David Mendenhall from Rocky Ford, Erik Mohrlang from Fort Morgan & Margrit Parker from Longmont

305 Interlocken Pkwy, Broomfield, CO 80021 P 303.869.9000

Brand Inspection Division: P 303.869.9160 F 303.466.1429 www.colorado.gov/agbrands

ANIMAL INFORMATION CORNER: HPAI



VETERINARY DIAGNOSTIC LABORATORIES COLORADO STATE UNIVERSITY

Colorado Avian Health Program National Poultry Improvement Plan Official State Agency Phone: 970-297-4008



ATTENTION: HIGHLY PATHOGENIC AVIAN INFLUENZA

Avian influenza (AI) is caused by an influenza type A virus which can infect poultry (such as chickens, turkeys, pheasants, quail, domestic ducks, geese, and guinea fowl) and wild birds (especially waterfowl). Highly pathogenic avian influenza (HPAI) virus strains are extremely infectious, often fatal to chickens and turkeys, and can spread rapidly from flock-to-flock.

With the recent detections (since February 2022) of the Eurasian H5 strain of highly pathogenic avian influenza (HPAI) in wild birds and domestic poultry in the United States, bird owners should review their biosecurity practices and stay vigilant to protect poultry and pet birds from this disease.

How is the disease transmitted?

Foot traffic • Secretions from the bird • Contact with infected droppings • Movement of sick birds • **Contaminated clothing and equipment**

Poultry with HPAI do not survive the illness. Vaccines for HPAI are not readily available.

Signs of Avian Influenza

- Extreme depression
- Difficulty breathing
- Decrease in feed or water
- Swelling or purple discoloration of head, eyelids, comb, wattle, and hocks
- Decrease in egg production
- Sudden unexplained death

intake

Protect your small flock from Avian Influenza

The United States Department of Agriculture's (USDA) Animal and Plant Health Inspection Service (APHIS) has expanded its **Defend the Flock** program to educate all poultry growers about best practices in biosecurity. Please visit for more information on how to protect your flock and for the latest information on HPAI in the US.



Biosecurity is the key to preventing the spread of disease!



Call your veterinarian if your flock shows signs of influenza or you suspect exposure. No Vet? You can also call the CSU Avian Health Hotline 970-297-4008; CO State Vet Office 303-869-9130; USDA Bird Hotline 1-866-536-7593

CDA Website on HPAI @ ag.colorado.gov/hpai

Defend the Flock Resources @ aphis.usda.gov/aphis/ourfocus/animalhealth/animal-diseaseinformation/avian/defend-the-flock-program/defend-the-flock-program

CO Dept. of Ag-HPAI Spring '23 Update Webinar Recording @ youtu.be/f tILbdzHGg

ACTIVITY PAGE:

Libraries & Museums:

The summer time is a great opportunity to get out and explore your local libraries and museums not only in your hometown but in your general region.

Many libraries offer additional programming opportunities and book reading challenges for youth and adults during the summer months. They also have internet access and many audio books as well (so you can listen while out riding your bike or taking a walk).

Many museums are open seasonally during the summer months as they are run by volunteers. They are often free or charge very little for admission. Most do accept donations to continue operations and provide necessary upkeep. The summer makes it a great time to spend the morning or afternoon visiting museums to learn more about the past and different cultures.

Contact the libraries or museums to learn more about what they offer, hours of operations, and costs.

Local Listings:

-Directory of Colorado Public Libraries @ coloradolibraries.org/

-Limon Memorial Library @ lincolncounty.colibraries.org/limon_public_library/or (719) 775-2163

-Hugo Public Library @ lincolncounty.colibraries.org/hugo-library/or (719) 743-2325

-Lincoln County Bookmobile @ <u>lincolncounty.colibraries.org/lincoln-county-library/</u> or (719) 775-2163

-Museums in Colorado @ colorado.com/co/attractions-entertainment/museums

-Hedlund House Museum (Hugo) @ <u>townhugo.com/</u> <u>community</u> or (727) 251-9329

-The Arriba Museum @ <u>ourjourney.info/project/arriba-</u> <u>museum/</u> or (719) 768-3371

-Limon Heritage Museum and Railroad Park <u>limonmuse-</u> <u>um.com/</u> or (719) 775.8894

-Old Town Museum (Burlington) @ <u>oldtownburlington.com/</u> or (800) 288-1334

Monthly Reader

"The Perfect Horse: The Daring U.S. Mission to Rescue the Priceless Stallions Kidnapped by the Nazis "

By Elizabeth Letts





PEACHES FUNDRAISER-COUNTY COUNCIL

County Council will be selling peaches again in June!



Full Box- \$38.00 (18-221bs/ 30-40 peaches)

Half Box- \$22 (9-12lbs / 15-20 peaches)

To Place an Order:

Contact Council Members: Arianna Lake, Jazzlynn Rosler, Sakara Smith, Levi Yoder, Callie Stone, Evan Brent, Tyla Stogsdill, or Teal Schmidt

or

Contact the Extension office 719-743-2542 or christine.schinzel@colsotate.edu

JUST TO GET YOU THINKIN...

"I saw a man climb a mountain with no feet or hands and barely a stump for each arm and leg. At once I realized there was no excuse at all for me not to scale my own mountains." -Richelle E. Goodrich

"I can no other answer make, but, thanks. And thanks, and ever thanks." - William Shakespeare

June	2023
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Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 Babysitting Class	2	3
4	5	6	7	8	9	10 Shoot Scored 1 Setup 7:45am Rifle Shotgun-9:30; Ar- chery 10:00
11	12	13	14	15 Scholar- ship Ani- mals (June) Weight Due	16	17
18	19	20 State 4-H Conference (20-22)	21	22 - Hoof Trim RSVP Due	23	24
25	26 27	27	28	29	30 Hoof Trim Day	July 1
						-County Deadline (Dog, Cat, Horse, Rabbit, Poultry ID's/Nominations)
						-Fair Entries Due 4- H (General Pro- jects, Livestock, Fashion Revue)
						-State Fair Poultry Rabbit Nomina- tions Due

HEAD-> Soil Temperature-Seeds

Seeds can be just like us, they need the right environment to grow. Different plants need different soil temperatures to germinate and grow successfully. When thinking about different plants including flowers, vegetables, and fruits; make sure to find out what their optimal soil temperature is to help make planting season more successful. You can learn more @ planttalk.colostate.edu/topics/soilsamendments-composting/1626-soiltemperatures-frosts-planting-dates/ or aces.edu/blog/topics/lawn-garden/soiltemperature-conditions-for-vegetableseed-germination/

HANDS-> AmeriCorps

AmeriCorps is a National Service program that was established in 1993 through the National and Community Service Act. AmeriCorps has over 200,000 volunteers serve each year across the United States and it's Territories. This a great opportunity for those 18+ to serve others through education, disaster services, environmental stewardship, healthy futures, veterans and military families, and economic opportunity. Volunteers receive a living stipend, plus educational and career opportunities as well as developing valuable skills and making lifelong connections. To learn more about this great program and it's many opportunities go to <u>americorps.gov/</u>.

HEART-> Pull Weeds

With rain showers comes an abundance of weeds. This June spend some time helping your neighbor, family member, or friends with their flower or vegetable gardens by volunteering to pull weeds. Pulling weeds can often be a hard task especially for older adults because of all the bending and twisting. Help someone else physically by volunteering to pull weeds once a week. Smaller weeds are easier to pull and it will help the other plants thrive because they are not competing for nutrients with the weeds. Pulling weeds is also a great way to get some exercise and enjoy the great outdoors.

HEALTH-> National Play Outside Day

National Play Outside Day is designated for the first Saturday of every month. This is a great opportunity to promote outdoor activities and make it a scheduled activity for families to get outdoors. Putting an activity on the schedule routinely helps to establish healthy activities for the family by getting more exercise. It encourages mental well-being by spending time together and enjoying activities in and around your area. Playing outside can be as simple as going out and playing some soccer, taking a walk in the park or having a weeding contest in the garden with your siblings. So on the first Saturday of the month, put down your tablets, and jump outside to enjoy some fresh air and spending time together.

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