

## DIVISION D - CONSUMER SCIENCES

### D-1 Heritage Arts

#### Rules:

1. Articles may be worn or used before exhibiting but should be clean and in good condition when exhibited.
2. All exhibits must have the name, age, and county of the 4-H member attached. Information must be written on cloth and attached securely to each garment/piece. **Note:** Small (less than 6" X 6") or delicate items should be mounted on an 8" X 10" foamcore board.
3. It is to the member's advantage to include in the record a band from the skein of any commercial yarn or thread used in the project. This is helpful to judges when evaluating the project.
4. All exhibits using patterns must have the pattern or a clear copy securely attached to the record, as this is useful to the judges when evaluating the project.
5. Members are encouraged to select a project that challenges their skills. There are no specific requirements for exhibit items. Quilts do have size requirements.
6. All workmanship in Heritage Arts projects must be done by the member. All piecing and quilting must be done by the member.
7. Miscellaneous Fiber Arts classes will include Spinning, Weaving and Ethnic Arts, Rug Making and Macramé.
8. Project will be evaluated on the quality of information completed in the manual and e-Record (25 percent) and quality of exhibit (75 percent).

**NOTE:** All exhibits are limited to those which use fiber or fabrics, with the exception of Miscellaneous Heritage Arts – Non-Fiber.

#### Class

1. Crochet - Junior
2. Crochet - Intermediate
3. Crochet - Senior

Exhibit will consist of the following:

- A. Completed Heritage Arts e-Record presented in a sturdy binder/notebook.
- B. Include the following information on the Heritage Arts page:
  1. Brief History report about the specific craft you selected:
    - a. Where did it begin?
    - b. How did it start?
    - c. Why was it started?
  2. List references used:
    - a. Juniors (8-10) one or two references
    - b. Intermediates (11-13) two or three references
    - c. Seniors (14 and older) three or more references
  3. Include the gauge used on your item.
  4. If a pattern was used, secure a copy of the pattern to the e-Record.
- C. One piece or set of up to three coordinated pieces illustrating skills learned.

### Miscellaneous Heritage Arts - Fiber (Needle Arts, Weaving, Spun skeins, Felted bags, Batiked fabric, Hooked pillows, Navaho rugs, Macrame, etc.)

4. Fiber Arts - Junior
5. Fiber Arts - Intermediate
6. Fiber Arts - Senior

Exhibit will consist of:

- A. Completed Heritage Arts e-Record presented in a sturdy binder/notebook.
- B. Include the following information on the Heritage Arts page:
  1. Brief History report about the specific craft you selected:
    - a. Where did it begin?
    - b. How did it start?
    - c. Why was it started?
  2. List references used:
    - a. Juniors (8-10) one or two references
    - b. Intermediates (11-13) two or three references
    - c. Seniors (14 and older) three or more references
  3. If pattern was used, secure a copy of the pattern to the e-Record
- C. One piece or a set of up to three coordinated pieces, comprised of a minimum of 50 percent yarn/fabric illustrating skills learned. Can be ethnic-specific to a culture, country, or region. (Examples: weavings, spun skeins, felted bags, Batiked fabric, hooked pillows, Navaho rug, macramé, etc.)

### Miscellaneous Heritage Arts – Non-Fiber Native American beading, silver smithing, Ukrainian eggs, paper scrolling, wood carvings, etc.)

7. Non-Fiber Arts - Junior
8. Non-Fiber Arts - Intermediate

9. Non-Fiber Arts - Senior

Exhibit will consist of:

- A. Completed Heritage Arts e-Record presented in a sturdy binder/notebook.
- B. Include the following information on the Heritage Arts page:
  - 1. Brief History report about the specific raft you selected:
    - a. Where did it begin?
    - b. How did it start?
    - c. Why was it started?
  - 2. List references used:
    - a. Juniors (8-10) one or two references
    - b. Intermediates (11-13) two or three references
    - c. Seniors (14 and older) three or more references
  - 3. If pattern was used, secure a copy of the pattern to the e-Record
- C. One piece or a set of up to three coordinated pieces, with no yarn or fabric, illustrating skills learned. Can be ethnic-specific to a culture, country, or region. (Examples: Native American beading, silver smithing, Ukrainian eggs, paper scrolling, wood carvings, etc.)

10. Knitting - Junior

11. Knitting - Intermediate

12. Knitting - Senior

Exhibit will consist of the following:

- A. Completed Heritage Arts e-Record presented in a sturdy binder/notebook.
- B. Include the following information on the Heritage Arts page:
  - 1. Brief History report about the specific craft you selected:
    - a. Where did it begin?
    - b. How did it start?
    - c. Why was it started?
  - 2. List references used:
    - a. Juniors (8-10) one or two references
    - b. Intermediates (11-13) two or three references
    - c. Seniors (14 and older) three or more references
  - 3. Include the gauge used on your item.
  - 4. If a pattern was used, secure a copy of the pattern to the e-Record.
- C. One piece or a set of up to three coordinated pieces illustrating what was learned.

13. Quilting - Unit 1 - Junior

14. Quilting - Unit 1 - Intermediate

15. Quilting - Unit 1 - Senior

Exhibit will consist of the following:

- A. Completed Heritage Arts e-Record presented in a sturdy binder/notebook.
- B. Include the following information on the Heritage Arts page:
  - 1. Brief History report about the specific craft you selected:
    - a. Where did it begin?
    - b. How did it start?
    - c. Why was it started?
    - d. Historical information of your specific quilt block if applicable
  - 2. List references used:
    - a. Juniors (8-10) one or two references
    - b. Intermediates (11-13) two or three references
    - c. Seniors (14 and older) three or more references
  - 3. Include the stitches per inch on your item.
  - 4. If a pattern was used, secure a copy of the pattern to the e-Record.
- C. One finished item illustrating what was learned. Items should include **one** of the following:
  - 1. Simple pieced quilt (lap size or smaller)
  - 2. Pillow
  - 3. Pillow sham
  - 4. Two placemats
- D. Exhibited items must be quilted - machined or tied.
- E. No separate binding should be used. Items should be finished using a roll-over/self-binding or an envelope turn.
- F. Consistent use of 1/4" seams required in all units.
- G. Two or more of the following required techniques are allowed:
  - 1. "Sandwiching" – layering quilt top, batting and backing
  - 2. Cutting of precuts and/or stitched pieces, using rulers and rotary cutter
  - 3. Straight block pattern

4. "Nesting" seams
5. Use of sashing
6. Modification of original pattern (size, border, etc.)

H. The exhibit should not use advanced quilting techniques used in Units 3, 4, and 5.

I. Fabric selection allowed:

1. Yardage
2. Pre-printed panel
3. Pre-cuts

16. Quilting - Unit 2 - Junior

17. Quilting - Unit 2 - Intermediate

18. Quilting - Unit 2 - Senior

Exhibit will consist of the following:

A. Completed Heritage Arts e-Record presented in a sturdy binder/notebook.

B. Include the following information on the Heritage Arts page:

1. Brief History report about the specific craft you selected:
  - a. Where did it begin?
  - b. How did it start?
  - c. Why was it started?
  - d. Historical information of your specific quilt block if applicable

2. List references used:

- a. Juniors (8-10) one or two references
- b. Intermediates (11-13) two or three references
- c. Seniors (14 and older) three or more references

3. Include the stitches per inch on your item.

4. Include the skills (at least three) that you learned and used on your quilt.

5. If a pattern was used, secure a copy of the pattern to the e-Record.

C. One finished item illustrating what was learned. Items should include **one** of the following:

1. Quilt 36"X36" or larger.
2. Table runner
3. Wall hanging

D. Exhibited items must be quilted - machine or tied, rag quilt.

E. Separate binding should be used.

F. Two or more of the following required techniques are allowed:

1. "Sandwiching" – layering quilt top, batting and backing
2. Cutting of precuts and/or stitched pieces, using rulers and rotary cutter
3. Straight block pattern
4. "nesting" seams
5. Use of sashing
6. Mitered corners

G. The exhibit should not use advanced quilting techniques used in Units 3, 4, and 5.

H. Fabric selection allowed

1. Yardage
2. Pre-printed panel
3. Pre-cuts

19. Quilting - Unit 3 - Junior

20. Quilting - Unit 3 - Intermediate

21. Quilting - Unit 3 - Senior

Exhibit will consist of the following:

A. Completed Heritage Arts e-Record presented in a sturdy binder/notebook.

B. Include the following information on the Heritage Arts page:

1. Brief History report about the specific craft you selected:
  - a. Where did it begin?
  - b. How did it start?
  - c. Why was it started?
  - d. Historical information of your specific quilt block if applicable

2. List references used:

- a. Juniors (8-10) one or two references
- b. Intermediates (11-13) two or three references
- c. Seniors (14 and older) three or more references

3. Include the stitches per inch on your item.

4. Include the skills (at least two) that you have learned and used in your quilt.

5. If a pattern was used, secure a copy of the pattern to the e-Record.

C. One finished item illustrating what was learned. Items should include **one** of the following:

1. Quilt (lap size or larger)
2. Three coordinated pieces, such as a table runner and two placemats or a bed runner and two pillows

D. Exhibit items must be quilted, hand or machine **ONLY**.

E. Separate binding should be used.

F. Two or more of the following Required Techniques are allowed:

1. Triangle Patterns
2. Embellishments (includes NON-stitched appliques)
3. "Fussy-cuts"
4. Mitered corners
5. "On point" rows
6. Challenging fabric (denim, directional print, etc.)
7. Flange or other "embellished" borders

22. Quilting - Unit 4 – Original Design - Junior

23. Quilting - Unit 4 – Original Design - Intermediate

24. Quilting - Unit 4 – Original Design - Senior

Exhibit will consist of the following:

A. Completed Heritage Arts e-Record presented in a sturdy binder/notebook.

B. Include the following information on the Heritage Arts page:

1. Brief History report about the specific craft you selected:
  - a. Where did it begin?
  - b. How did it start?
  - c. Why was it started?
  - d. Historical information of your specific quilt block if applicable
2. List references used:
  - a. Juniors (8-10) one or two references
  - b. Intermediates (11-13) two or three references
  - c. Seniors (14 and older) three or more references

C. One finished item illustrating what was learned. Items should include **one** of the following:

1. Quilt (lap size or larger).
2. Three coordinated pieces, such as a table runner and two placemats or a bed runner and two pillows

D. Exhibit item must be quilted - hand or machine **ONLY**.

25. Quilting - Unit 5 – Original Design - Junior

26. Quilting - Unit 5 – Original Design - Intermediate

27. Quilting - Unit 5 – Original Design - Senior

Exhibit will consist of the following:

A. Completed Heritage Arts e-Record presented in a sturdy binder/notebook.

B. Include the following information on the Heritage Arts page:

1. Brief History report about the specific craft you selected:
  - a. Where did it begin?
  - b. How did it start?
  - c. Why was it started?
  - d. Historical information of your specific quilt block if applicable
2. List references used:
  - a. Juniors (8-10) one or two references
  - b. Intermediates (11-13) two or three references
  - c. Seniors (14 and older) three or more references

3. Include the stitches per inch on your item.

4. Include the following:

- a. Picture, sketch, or description of inspiration.
- b. Any sketches, drafts, computer generated designs or blocks.
- c. Calculations, measurements and any adaptations or changes.
- d. Process or steps descriptions.)

C. One finished item illustrating what was learned. Items should include **one** of the following:

1. Quilt (lap size or larger).
2. Three coordinated pieces, such as a table runner and two placemats or a bed runner and two pillows

D. Exhibit item must be quilted - hand or machine **ONLY**.

28. Unit 6 – Long Arm Quilting – Intermediate

29. Unit 6 – Long Arm Quilting - Senior

Exhibit will consist of the following:

A. Completed Heritage Arts e-Record presented in a sturdy binder/notebook.

B. Include the following information on the Heritage Arts page:

1. Brief History report about the specific craft you selected:
  - a. Where did it begin?
  - b. How did it start?
  - c. Why was it started?
  - d. Historical information of your specific quilt block if applicable
2. List references used:
  - a. Intermediates (11-13) two or three references
  - b. Seniors (14 and older) three or more references
3. Include the stitches per inch on your item.
4. Include the skills (at least two) that you learned and used on your quilt
5. If a pattern was used, secure a copy of the pattern to the e-Record.
- C. One finished item illustrating what was learned. Items should include **one** of the following:
  1. Quilt (original design)
  2. Wall Hanging
  3. Clothing article using quilting techniques
- D. Exhibited items must use long-arm quilter, free hand or programmed designs.
- E. A separate binding should be used.
- F. Use any three of the required techniques from Units 2, 3, or 4.
- G. Fabric selection allowed:
  1. Yardage
  2. Pre-cuts allowed

## **D-2 Home Design and Décor**

### **Rules:**

1. Only the current year's records should be submitted.
2. The articles may be used before exhibiting but should be clean and in good condition when exhibited.
3. All exhibit items must have the name, age, and county of the exhibitor attached. This information should be attached on the back and at the left-hand corner of the article.
4. Project will be evaluated on the quality of information completed in the manual and e-Record (25 percent) and quality of exhibit (75 percent).

### **Definitions of Decorative Accessory and Household Items:**

A **decorative accessory** is a small decoration piece (not furniture such as end tables, nightstands, sofas, chairs or window and floor coverings) which adds spice to a room. Examples: lampshades, picture frames, trays, small jewelry boxes, shadow boxes, small collectibles, vases, candlesticks, pillows, etc.

A **household item** is a small usable piece (not furniture such as end tables, nightstands, sofas, chairs or window and floor coverings). Examples: wastebaskets, canisters, planters, foot stools, etc.

### **Class**

1. Unit 1 - Home Design and Décor - Junior
2. Unit 1 - Home Design and Décor - Intermediate
3. Unit 1 - Home Design and Décor - Senior

Exhibit will consist of the following:

- A. Completed Home Design and Décor e-Record presented in a sturdy binder/notebook. Include in your project story why you chose your exhibit, how you plan to use it, what other items you made, and what recycled or reusable items you used this year.
- B. Include the following information on the Home Design and Décor page: pictures of other recycled items made during your project (a minimum of at least 2 photos). These are in addition to the photo required in the e-Record.
- C. Select one of the following using at least 50 percent recycled or reused items (no furniture):
  1. Using recycled material to make one of the following to be used outside.
    - a. Bird feeder or Birdhouse
    - b. Wind chime
    - c. Picnic caddy

### **OR**

2. Using at least 50% recycled or reused items (no furniture) to make one of the following items to be used inside the house.
  - a. Centerpiece for table
  - b. Planter
  - c. Room or desk organizer
  - d. Decorative accessory for the home (see description)
  - e. Household item (see description)
  - f. Wall hanging 3' X 2'

D. Completed Activity 2 – Color wheel from the manual placed in the e-Record.

4. Unit 2 - Home Design and Décor - Junior

5. Unit 2 - Home Design and Décor - Intermediate

6. Unit 2 - Home Design and Décor – Senior

Exhibit will consist of the following:

A. Completed Home Design and Décor e-Record presented in a sturdy binder/notebook. Include in your project story why you chose your exhibit, how you plan to use it, what other items you made.

B. Include the following information on the Home Design and Décor page in the e-Record:

1. Two or more exhibit photos showing item in place where it will be used and as a part of the total room design. These are in addition to the photos required in the e-record.
2. A statement on how you improved your family’s safety or a family escape plan.

C. One item or set from the following:

1. Communication Board (3’X2’)
2. Room or desk organizer
3. A wall hanging 3’X2’
4. Decorative accessory (see definition)
5. Household item (see definition)
6. Family escape plan

7. Unit 3 - Home Design and Décor - Junior

8. Unit 3 - Home Design and Décor - Intermediate

9. Unit 3 - Home Design and Décor - Senior

Exhibit will consist of the following:

A. Completed Home Design and Décor e-Record presented in a sturdy binder/notebook, including room scheme. Include in your project story why you chose your exhibit, how you plan to use it, what other items you made and what recycled or reusable items you used this year.

B. Select from one of the items below to exhibit:

1. A refinished or refurbished piece of furniture. To refurbish is to restore a furniture piece to a new look by repairing damage and/or replacing seating or upholstery caused by heavy wear or neglect. Refinishing is when you strip off the old finish and apply a new finish or color that was not original to that piece of furniture
  - a. Attach pictures showing the original piece, one during the refinishing or refurbishing process, and one of the completed pieces. These photos are in addition to the photos required in the e-Record.
  - b. A brief description of how the piece(s) fit into the room placed in the e-Record.

**OR**

2. Select from one of the items below to exhibit:

- a. A brief description of the window treatment or bedcovering you made or purchased that includes how it fits into the design of the room and if purchased why?
- b. Attach up to 4 photos showing the exhibited item(s) in use in the room. These are in addition to the photos required in the e-Record.

**OR**

3. An emergency weather plan for your family. Where would you go? What type of items would you have in case of emergency? What personal items would you take with you? Place the emergency plan in the e-Record.

10. Unit 4 - Home Design and Décor - Junior

11. Unit 4 - Home Design and Décor - Intermediate

12. Unit 4 - Home Design and Décor - Senior

Exhibit will consist of the following:

A. Completed Home Design and Décor e-Record presented in a sturdy binder/notebook.

B. Include in the e-Record a written statement with the following information:

1. Goals
2. What your plan was for this project.
3. Did you accomplish your goals?
4. List the resources that you used.
5. How did you share your project?
6. How did you evaluate your project?

C. Select one from the following for an exhibit:

1. Design board (art board, corrugated plastic, etc.) 22”X30”. Foam core or foam board for mounting samples. The design board will include samples of paint, fabric, flooring, etc., for the room you are designing.

**OR**

2. Job Shadow Exhibit – display board (3’X4’) demonstrating what profession you are interested in and who you job-shadowed (profession, job title of person shadowing, what you learned from the experience, and if you still want to be in the profession, why or why not?). Include pictures or any record you have kept providing evidence of your job shadow experience.

**OR**

3. Portfolio Exhibit -

- a. A physical representation of the career or business product such as a model, prototype or display/portfolio that includes images of accomplished work.
- b. Written explanation that demonstrates knowledge of the relate career or business field, potential careers, and the appropriate requirements for achievement in that field.

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