

Givin It UP~Holiday Break Activity



This Holiday Break--"Give Up a Day" to show your gratitude for all that you have been given by giving back to others!

**This season is a
season *of gratitude***



- **Help put away someone's decorations.**
- **Pick up trash in the neighborhood or your local park.**
- **Clean up someone's yard (i.e. leaves, branches, tumbleweeds).**
- **Visit the nursing home or elderly neighbors.**
- **Take cookies or cards to your local VFW or Homeless Shelter.**
- **Spend time helping at a local function by volunteering to clean.**
- **Invite the neighbor kids over for board game night.**
- **Call a long-distance relative.**
- **Pay for someone's meal or groceries.**

