

4-H NEWSLETTER

July/August 2021



LINCOLN COUNTY
COLORADO STATE UNIVERSITY
EXTENSION

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INSIDE:

4-H County Award Nominations & Beef Ultrasound Contest	2
Food Preservation Workshops (August) & Portable Scale Use	3
Animal Corner:	4
Event Roundup	5
Inviting Buyers to the Livestock Sale	6
Activity Page	7
Information & Events & Calendar	8-13
Just To Get You Thinkin..	
4-H's	14

THANK YOU'S

Thank you to Eastern Colorado Veterinary Services for sponsorship of Hoof Trim Day!

Thank you to the Lincoln County 4-H Foundation for preparing and sponsoring the 4-H Fun Day Meal and sponsoring the County Scored Shoot !

Thank you to Council members and parents for helping with 4-H Fun Day!

Thank you to John Morgan for volunteering additional instruction at .22 shooting sports practice!

The Extension Office & 4-H
are on Facebook @

[Lincoln County Colorado Extension](https://www.facebook.com/LincolnCountyColoradoExtension)



Lincoln County

Extension/4-H Website

<https://lincoln.extension.colostate.edu/>

4-H COUNTY AWARD NOMINATIONS

4-H Award Nominations can be submitted until September 1st! Take some time and nominate an outstanding member, volunteer, and business partner for their contributions to Lincoln County 4-H. Nomination forms are available online at lincoln.extension.colostate.edu/4-h-forms-applications/ and can be submitted to the Extension office by: mail, email, backdoor slot drop-off, or fax.

Partner in Success

Award

Outstanding 4-H Member
(Jr., Intermediate, Sr.)

Outstanding 4-H
Volunteer

Gwendal Leonard
Hard Luck Award

Hall of Fame
Award

BEEF ULTRASOUND CONTEST:

What: The Livestock Sale Committee and Eastern Colorado Veterinary Services are going to be offering ultrasounds on market beef projects for interested members.

Why: *The ultrasound scan is designed to give members some data information about their animal. Data collected from the ultrasound can be used to *estimate* carcass retail yield and meat quality. Common traits estimated include ribeye area, backfat, intramuscular, and rump fat.

*Help youth learn more about the commercial cattle market and how traits and carcass information impact value received from buyers and packers as well as what the industry standards are regarding consumers consumption habits.

When: Friday, August 13 (9:00am-12:00pm). *Members can rotate in around the round robin competition.

Cost: \$20/Head

To Participate:

- 1) Simply Sign up Tuesday at weigh-in on the sheet which market beef animals (tag #'s) you would like scanned. *Breeding Beef may also get an ultrasound (you must provide appropriate association information if you want information sent off).
- 2) Provide Payment *Checks payable to Lincoln County Livestock Sale Committee (LCLSC) or bring exact change on Tuesday at Weigh-IN.

FOOD PRESERVATION WORKSHOPS



Dates: August 25th (Hugo) & 28th (Burlington)

Workshops:

-Basics 101 Food Preservation & Water Bath Canning-> 8:30-11:30am

-Pressure Canning-> 1:00-4:00pm

Open To: All Youth (12+) (4-H & non 4-H) and Adults.

*Limited to 15 participants per workshop.

Cost: \$35/whole day or \$25 per session. *Lunch is on your own.

RSVP Due: August 18th @ forms.gle/z79ndKPmbusWWFFF7

PORTABLE SCALE & FAIRGROUND SCALES AVAILABLE FOR USE:

◆ There is a portable (sheep, goat, and swine) scale available for use at the Extension Office. The scale is available for use/pickup on a first-come basis by appointment only during office hours. We encourage you to bring a trailer to load it into.

*A \$50 deposit is required and an equipment check-out sheet must be completed. *Cash or check-as we do not have a credit card machine.

*The scale must be disinfected according to the "Disinfectant Protocol Sheet" before it is returned to the office.

*A \$50 late fee will apply if the scale is not returned on time.

*Non 4-H/FFA members may also rent the scale for \$25/ per day.

◆ The scales at the fairgrounds to weigh cattle and other species are also available for use this summer by appointment only during office hours.



ANIMAL CORNER:

BIOSECURITY-LIVESTOCK SHOWS



Before Events:

- Ensure required vaccinations are current.
- Check state requirements for brand and health inspection requirements.
- Create a traveling folder to store brand and health papers, pictures of livestock, and contact information including your local veterinarian and state contacts.
- Clean and disinfect trailers, equipment, and tack.
- Examine animals for any signs of illness or disease and take their temperature.
- Take clean clothes and shoes so as not to spread contaminants from your place to others.

At Events:

- Tie animals on opposite sides of the trailer from neighbors.
- Use solid barriers or keep an empty stall between livestock.
- Avoid nose to nose contact with other animals.
- Limit access from the public and dogs.
- Do not share equipment or feed.
- Do not use community water tanks and avoid contact on the bucket with the end of the hose.
- Properly dispose of manure and trash.
- Utilize insect repellants.

After Events:

- Disinfect all equipment, tack, and trailers.
- Keep manure and trash disposal away from animals after returning home.
- Isolate returning animals to home property for a minimum of 14 days.
- Take animals temperature and monitor for illness.
- Create and update a log of all events attended including: locations stopped at; date; and contact information in case of a disease outbreak.
- Wash all clothing and shoes from the event before working with home animals.

Resources:

Livestock Movement Record Sheet- drive.google.com/file/d/1ykxvuvl6CxRg2IBmmJyesWp5K_qf4Va4/view?usp=sharing

colorado.gov/pacific/aganimals/import-requirements

aasv.org/aasv/BiosecurityforYouthSwineProjects

veterinaryextension.colostate.edu/menu1/biosecurity.shtml

Colorado Dept. of Ag. (Reportable Diseases) @ cdphe.colorado.gov/animal-related-diseases

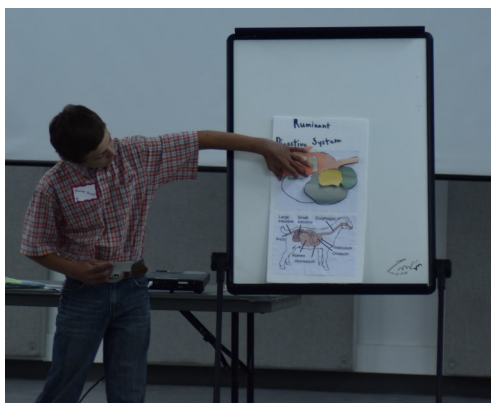
Colorado Dept. of Public Health (Current Outbreaks) @ cdphe.colorado.gov/animal-related-diseases

EVENT ROUNDUP:

Congratulations to CJ Caton on competing at Nationals for Colorado 4-H in Archery!



4-H Fun Day & Demonstration/Jamboree Contest



INVITING BUYERS TO THE LIVESTOCK SALE:

Each year the County Commissioners provide the Lincoln County Fair and within that the Livestock Sale Committee provides a 4-H/FFA Livestock Sale for members who exhibit and qualify to sell their respective animals at the fair. Generating buyer support is a great way for members to help make the sale successful for everyone. Oftentimes buyers will come to specifically bid on a member's project if they have been asked or know the member on a business or personal level. Spend some time talking to potential buyers about the sale and the great benefits of buying member-raised animals.

Who to Ask to the Sale:

- 1) Family (grandparents, aunts, uncles, cousins, etc.)
- 2) Local businesses in the community in which you live and nearby. (all Business types including agriculture, restaurants, insurance offices, hardware, flower shops, etc.)
- 3) Individuals (neighbors, parent's co-workers, acquaintances, and friends).

*Reminder ->Respect "No soliciting" signs; which means the business or individual is not interested in buyer solicitations.

Safety Tips When Out Talking to Potential Buyers (Individuals or Businesses):

- Never enter someone's home; always talk to them on the porch or step.
- Never go out alone. Always go in pairs or preferably with adults (even if they wait in the vehicle).
- If out walking->wear bright and visible clothing, obey traffic laws, watch for motorists, and be aware of others out walking.
- Avoid carrying cash, purses, or large bags.
- Let someone know of your plan and exactly which locations you will be stopping at.
- If you are unsure about the safety or security of an individual home or business->>do not enter.

Information for Contact Sheet/Invitation to Leave with the Potential Buyer:

- First and last name and a phone number (parent number preferable).
- General information about your involvement in 4-H/FFA (club/school name, county, how many years involved, what projects you take, why you like it, skills learned, etc.).
- General information about the sale and personal invite with your signature to attend.

Resources:

Lincoln County Junior 4-H & FFA Livestock Sale Information Brochure for Buyers @ <https://drive.google.com/file/d/1Wn6r7DOG5b8m7rnaJJdhw1DGqYAEyJS/view?usp=sharing>

Lincoln County Junior 4-H & FFA Livestock Sale Flyer @ <https://drive.google.com/file/d/1ix6U3vNMEi5bjVocuLGNgttRpeK5M0Gt/view?usp=sharing>

ACTIVITY PAGE:

Monthly Reader:

My Fourth of July

By

Jerry Spinelli

4-H Project & Summer Adventure Pictures Requested:

Send us pictures of your 4-H projects or other summer adventures and we will post them in the newsletter and on Facebook!

Submit your name, 4-H club, projects, and any other information you would like to share to christine.schinzal@colostate.edu.

*Also don't forget to take pictures throughout your project for your record books as well!

Craft Your Own American Flag:

July is a great time to make your own American Flag to display all year long. Utilize resources you already have at home and pick up some paint to get started. You can also easily search for flag patterns or templates to help you as well.

Flag & Supplies Ideas:

- Old pallets
- Tires (paint a tire in red, white, and blue theme)
- Bricks or concrete block display
- Sewing fabric or colored rags
- Paint a design on an out-building in the yard



Flag Sandwich

kids-cooking-activities.com/Kids-4th-of-July-recipes.html

Supplies:

- Plate and bowls
- Cutting board
- Spreading and cutting knives

Steps:

- Cut up strawberries or raspberries into thin slices
- Spread cream cheese over each slice of bread
- Add blueberries to the top left corner of each slice and add strawberries-layered in rows with white spacing to represent the flag pattern.

Ingredients (quantity varies on number served):

- Toast
- Strawberries or raspberries
- Blueberries
- Cream cheese

INFORMATION & EVENTS

County: *Reminder to check your email and monitor our Facebook page for updates on 4-H activities and events. **Forms, Fees, and registrations are due to the office by (day stated) or (previous Friday) if the day is a weekend or holiday. County related forms and applications are available on the 4-H Forms & Applications page at lincoln.extension.colostate.edu/4-h-forms-applications/. A reminder that forms can be mailed, emailed, or faxed to the office, as well as dropped through the back door slot. The extension office cannot take credit cards for payment purposes.*

-Lincoln County Extension/4-H Website @ lincoln.extension.colostate.edu/

-Colorado 4-H Website @ co4h.colostate.edu/

- ◆ **4-H Shooting Sports**-(2nd Scored/County Shoot is Friday, July 9). Rifle @ 8:15am; Shotgun @ 9:30am; and Archery @ 11:00am. Continue to watch your email for updates or any schedule changes.
- ◆ **Fairgrounds Pen Set-Up** will be July 9th at the fairgrounds from 9:00am to noon. The Sale Committee is requesting Intermediate and Senior Age (only) members to help if available.
- ◆ **Poultry State Fair Nomination Forms** are due no later than July 14th to the extension office for signature and mailing. Contact the office for a form. -Check out the Colorado State Fair website for complete information including DNA & show entries @ coloradostatefair.com/livestock/.
- ◆ **Modified State Shoot Entries and fees** are due July 21 to the office. Members must have met all requirements to register for state. Please provide the class type and discipline shooting in and bring or send in fees to the office. The state rule book and class type information is available at co4h.colostate.edu/program-areas/shooting-sports/. (Cost is \$20/per individual + (\$5/class for rifle or archery or \$15/class shotgun). Modified state shoot Dates-August 21-rifle; August 22-Archery; September 3-Shotgun (Jr.); September 4-Shotgun (Sr.).
- ◆ **4-H Livestock Showmanship Workshop** for Lincoln County is July 21st at 6:00pm. RSVP to the office by July 19th.
- ◆ **4-H Livestock Fitting Workshop** for Lincoln County is July 22nd at 6:00pm. RSVP to the office by July 19th.
- ◆ **Horse Levels Testing**- Members interested in certain fair classes need to review the fairbook for current levels testing requirements. Contact the office for more information. Levels testing study guides are available at: co4h.colostate.edu/program-areas/horse-resources/.
- ◆ **4-H Club & Foundation Chartering** documents must be submitted to the office no later than August 23rd.
- ◆ **Home Preservation (Canning) Workshops** will be offered August 25th (Hugo) & 28th (Burlington). The workshops are open to all youth 12+ and adults. Cost is \$35 for the day or \$25 for each workshop. Registration is due by August 18th. Basics 101 & Water Bath Canning will run from 8:30-11:30am and Pressure Canning from 1:00-4:00pm. Lunch is on your own. To register go to forms.gle/z79ndKPmbusWWFFF7.
- ◆ **Colorado State Fair** (information, contests, events, and requirements) @ coloradostatefair.com/

INFORMATION & EVENTS

- ♦ **Fair & 4-H Project Related-** The 2021 fairbook is online on the extension website at lincoln.extension.colostate.edu/. Check out the fairbook and schedule for complete requirements and deadlines to exhibit at the Lincoln County Fair.

-Fair Theme -“We Grow Real Food”

-Display Boards, Record Book Covers, and Clothing Tags are available if a member needs one (you may utilize a non-green record book cover or purchase a display board elsewhere as long as it meets the size requirements). Please plan ahead on picking any of those items up from the office to ensure availability for pickup and quantity desired. A reminder that we can only accept checks or cash.

-Record Books Covers- \$3.50ea

-Display Boards- \$3.00ea

-Clothing Tags- \$3.00 ea.

-Fair Royalty Try-Out’s are July 31. Application packets can be obtained from the extension office and must be turned in by July 26.

-Fashion Revue (August 7) of Fair (Club Rotation-Walk’s Camp)- Duties include: setting up chairs in the Events Building; decorations for the Fashion Revue section of the building; setting up the sound system and podium; providing members to announce participants and read narratives; and cleanup.

-Fashion Revue- The top 3 senior 4-H age members are eligible to attend the state Fashion Revue. You must notify extension staff directly after the contest and pay the registration fee (\$45) and submit a digital photo of you in your outfit and narration on that Saturday of the Revue. Go to the Colorado 4-H State Fair Resources page for more information and dates on the contest @ co4h.colostate.edu/program-areas/state-fair-information/.

-The Beef Ultrasound Opportunity will be on Friday (August 13th). Members that wish to participate will need to sign up during beef weigh-in at fair and bring \$20/head for payment.

-All members need to be aware of weight minimum and maximums on animals for showing purposes and regarding the livestock sale under “4-H/FFA Livestock & Sale Rules” in the fairbook. Also be aware of information regarding extra animals being sold on the floor, sale consignment deadlines and other requirements. Pigs over *325 lbs. will not be allowed to sell this year.

-Refer to each livestock division on release of non-sale/non-round robin animals during the week of fair. All animals not going through the sale must be removed from the fairgrounds no later than 8:30am on Saturday.

-Livestock Record Books for Lincoln County are available for download @ lincoln.extension.colostate.edu/4-h-projects-record-books/. Lincoln County 4-H is not utilizing the Colorado State 4-H livestock project record books; but modified county ones. Livestock record books must be turned in by August 31 to the office for project completion.

INFORMATION & EVENTS

Fair & 4-H Project Related (cont.)

-General Project Record Books are available on the Colorado 4-H website @ co4h.colostate.edu/program-areas/colorado-4-h-project-information/. Please notice that the site has been updated from last year and you can either click on each area to find the specific record book or download the entire project record book file at the bottom of the page. You can also view general exhibit score sheets at co4h.colostate.edu/program-areas/state-fair-information/score-sheets/. The county fairbook will give you specific guidelines about what is required to complete your project or display board for each class and unit.

-Class Premiums earned for 4-H/FFA & Open Class projects will be mailed out as a check similar to last year. (Fair premiums will no longer be given out as a voucher on Saturday of fair).

-General exhibit 4-H projects that *receive a first in their class* will be eligible to go to state fair. Please check your exhibit at fair for more information about when to drop your project off at the Extension office to go to state fair and for return project pick up. Notify the superintendent during project check-out on Saturday if you intend to send your project to state fair. Continue to watch for additional fair updates as they become available.

-Members are not required to exhibit their projects (livestock or general) at county fair for general 4-H project completion. However general projects must participate in county fair interview judging on August 7 for consideration for state fair qualification. If you do not intend to exhibit at county fair, please let the office know as soon as possible.

- ◆ **Club Member in Good Standing** Forms are due by August 31 to the office.
- ◆ **County 4-H Award Nominations** are due September 1 to the office. Consider nominating someone for one of the awards: Outstanding 4-H'er, Outstanding Volunteer, Partner in Success, Hall of Fame and the Gwendal Leonard Hard Luck award. Nomination forms are available under "awards" at lincoln.extension.colostate.edu/4-h-forms-applications/.
- ◆ **Youth Grow & Give (Produce) Challenge** runs through September 30th. Grow a garden this summer and keep track of produce that you can donate to local food pantries in the county and be entered to win prizes! For more information and a donation tracker sheet go to: lincoln.extension.colostate.edu/programs/gardening-horticulture/.

Other ****Verify with listed contacts pertaining to their individual event to find out specific information and guidelines, event cancellations procedures, registration requirements, etc.*

- ◆ **Additional Events-Facebook-** Many events/notices/resources in and out of 4-H are also posted on the *Lincoln County Colorado Extension* Facebook page as they become available. Be sure to check the page for additional opportunities and information (youth and adult).
- ◆ **Ag Producer Drought Assistance-**For resources; operations in Colorado can contact (970) 988-0043 or droughtadvisors@colostate.edu.
- ◆ **CSU Extension Horticulture Blog** frequently posts information on all things horticulture at csuhort.blogspot.com/.

INFORMATION & EVENTS

- ◆ **Lincoln County-Noxious Weed Management Pocket Guide** available @ lincoln.extension.colostate.edu/programs/agriculture-natural-resources/.
- ◆ **Briggsdale Classic Open Jackpot Show** is July 9-11 in Briggsdale, CO. Information and registration is available at briggsdaleclassic.wordpress.com/ or on their Facebook page.
- ◆ **Fremont County 4-H Dog Show** is July 11 in Florence, CO. Registration due by June 30 to Verena @ horsedharma12@gmail.com or (719) 248-8093.
- ◆ **Arthur W. Nesbitt Dairy Scholarship** application is due July 15. Information is available at alamericandairyfoundation.com/arthur-w-nesbitt-scholarship.html.
- ◆ **American Rabbit Breeders Association (ARBA) Scholarship** application is due July 31. Information is available @ arba.net/arba-youth-scholarship/.
- ◆ **American Southdown Breeders' Association Scholarship** is due August 1. Information is available at southdownsheep.org/southdown-juniors/scholarship-opportunities/.
- ◆ **Lallemand Animal Nutrition Forward Scholarship** application is due in August. For information go to lallemandanimalnutrition.com/en/united-states/.
- ◆ **Colorado State Fair** is August 27-September 6 in Pueblo. Information, contests, and a schedule of events is available at coloradostatefair.com/.
- ◆ **American Hereford Association Fall Scholarships** are due September 1. Information is available at hereford.org/youth/scholarship-opportunities.
- ◆ **Colorado Make it With Wool** contest is in November. Registration is due in September. Information is available at [Colorado-Make It With Wool Facebook Page](https://www.facebook.com/Colorado-Make-It-With-Wool) or contact Gloria Cundall 303-659-5559 or gacundall@outlook.com.
- ◆ **Colorado Simmental Youth Herd Builder; Education; & Fair Grants & Scholarships** applications are due October 1. Information is available at coloradosimmental.com.

JUST TO GET YOU THINKIN...

"Success usually comes to those who are too busy to be looking for it."

-Henry David Thoreau

"Few things are harder to put up with than a good example."

-Mark Twain

INFORMATION & EVENTS

July 2021

Events and Information available at lincoln.extension.colostate.edu/events/

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 -County Deadline (cat, dog, and horse IDs) -Fair Entries Due all ani- mals	2	3
4 4th of July	5 Holiday- Office Closed	6	7 (*Re-Scheduled for August) Food Preservation Workshop	8 (*Re- Scheduled for August) Food Preservation Workshop	9 -Shoot Scored/ County 2 Start @ 8:15am Rifle; Shot- gun-9:30; Archery @ 11:00 -Fairgrounds Pen Set-Up (Int./Sr. Members) @ 9:00am	10
11	12 Hoof Trim Day	13 Fairboard 7:00pm @ fairgrounds	14	15 -Open Class Livestock & Horse En- tries Due -Fashion Revue Entries Due	16	17
18	19 RSVP Due - Showman- ship & Fitting Clinic	20	21 -State Shoot Entries Due -Showmanship Workshop @ 6:00pm	22 -Livestock Fitting Clinic @ 6:00pm	23	24
25	26 Fair Roy- alty Applica- tions Due	27	28	29	30	31 Fair Royalty Try-Out's

INFORMATION & EVENTS

August 2021

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 Rancher's Pen of 3 Entries Due Fair	2	3	4 Fair Horse Show Day 1	5	6	7 -General Projects Judging Day -Fashion Revue @ 3:00pm
8	9	10	11 Open Class General Exhibit Entries Due	12	13 -Beef Ultrasound Contest -4-H/FFA Livestock Sale	14 General Project Exhibit Release
Lincoln County Fair (Aug. 4, 7, & 9-14)-See Schedule & Events @ lincoln.extension.colostate.edu/lincoln-county-fair/						
15	16	17	18 RSVP Due Food Preservation Workshops	19	20	21 Modified State Shoot (.22 Rifle)
22 Modified State Shoot (Archery)	23 4-H Club & Foundation Charter Docs. Due	24	25 Food Preservation Workshop-Hugo	26	27 Colorado State Fair (August 27-September 6th)	28 Food Preservation Workshop-Burlington
29	30	31 -Livestock Record Books Due to Office -Club's Member in Good Standing Form Due	September 2	1	3 Modified State Shoot (Shotgun-Jr's)	4 Modified State Shoot (Shotgun-Sr's)

Head-> American Wool Assurance Program

The American Wool Assurance Program was recently launched by the American Sheep Industry Association. This program allows producers an opportunity to voluntarily certify their wool. This creates a market opportunity for all producers by the industry setting uniform standards and buyers being able to source their wool with better data. It also sets standards for care and has accreditation levels that producers can complete to increase value. To learn more go to: americanwoolassurance.org/

Hands-> CamFind

Technology has come a long ways and one benefit of that is *CamFind*. This app allows you to take a picture of an item and then do a search visually instead of using words. This is especially handy for antique collectors and treasure hunters. The app also allows you to save your finds and share visuals with your friends and family. It also allows you to create visual reminders and alarms.

To learn more about it's features or download the app go to: camfindapp.com/

Heart-> Grow & Give

Grow & Give is in full-swing and your garden is beginning to set on fruits and veggies. Now is a great time to check out the listing of local food pantries that accept produce donations in your community. Donating your extra produce can help provide nourishment and hard-to-come buy fresh commodities for those in need.

*Don't forget the Youth Challenge as well!

To learn more about gardening; to gather up the youth challenge tracker sheet; or find a local listing of food pantries that accept produce go to our website @ lincoln.extension.colostate.edu/programs/gardening-horticulture/ and scroll to the middle of the page.



Health-> CAAMHP???

(CAAMHP) stands for Colorado Agricultural Addiction and Mental Health Program. They recently combined with other groups to create a new resources website for producers to get assistance when they are feeling overwhelmed.

Producers can request vouchers for 6 FREE Sessions with a licensed behavioral health specialist to get the help they need.

Providers in the state can sign-up to help provide assistance to producers and be a partner in the program on the site as well.

To learn more or request vouchers go to: caamhpforhealth.org/

Colorado State University, U.S. Department of Agriculture and Lincoln County cooperating.

Extension programs are available to all without discrimination.

Any mention of company names and/or products doesn't imply an endorsement of those entities or their services nor does it imply a criticism of their competitors and products. Items mentioned are strictly for educational purposes.