

4-H NEWSLETTER



LINCOLN COUNTY
COLORADO STATE UNIVERSITY
EXTENSION

October, 2018

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Learn more about 4-H opportunities at 4-h.org and
4-H history at 4-historypreservation.com!

THANK YOU'S

*Thank you to the judges who donated their earnings back to the 4-H program from fair!

*Thank you to the following volunteers who helped make the Pedal The Plains event such a great success— Amy and Aubrie Vice, Cheryl, Asha and Elsie Thompson, Nanette, Kaleigh and Abby Peeters, Joshua Williams, Chris, Callie and Chloe Stone, Macie Witt, Janice, John and Kayla Bee, Paula and Jiggs Parker, Lyndee Yoder, Brad Weisensee, Alyssa Metzger, Mikaela Taylor, Jodi and Elivia Hilferty, Peggy Sue and Jazzy Rosler, Lisa and Emma Jo Winters.

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The Extension Office & 4-H
are on Facebook @
Lincoln County Colorado Extension

EVENT ROUNDUP

4-H members and volunteers helped to provide assistance with the Pedal the Plains bike event “Aid” Stations September 14-16. To learn more about pedal the plains and their support of agriculture on the eastern plains, 4-H, and FFA go to pedaltheplains.com.



ANNUAL 4-H ENROLLMENT & PROJECT DEADLINES

Enrollment Deadlines:

October 16-Enrollment Opens.

December 1-Enrollment closes for returning members, foundation members, & volunteers.

January 1-Enrollment closes for new members.

Project Deadlines:

March 1-Project add/drop date.

*Hunter's safety must be completed for all members enrolled in shooting sports projects or they will be dropped at this date.

*Livestock will have to be tagged and weighed in to be eligible to show at fair. Weigh-in dates will be posted in the newsletter as they get closer.

Other Deadlines/ Project Requirements:

*Refer to the fair book for project requirements to show at fair and download a record book for completion requirements as well.

*Watch for information in your newsletter or check out our Facebook page at [Lincoln County Colorado Extension](https://www.facebook.com/LincolnCountyColoradoExtension) or calendar at lincoln.extension.colostate.edu/events/.

Information Required for Approval of Enrollment:

-Verify your eligibility for enrollment in Lincoln County. Requirements include one of the following: reside/own property in the county, attend school in the county, or live within 10 miles of the county line. To enroll members must be between the ages of 8-18 as of December 31.

-Enrollment must be completed in your 4H Online account.

-Complete the health form, including the physical and insurance section. **If you do not have health insurance, please put (None). Everyone must still sign this form. The health form is required to participate in all 4-H related activities.*

-Update your address, phone numbers, and preferred email. **Email is the primary mode of communication from the office, leaders, and volunteers. The primary account listed will be the one receiving messages. Text messaging from cell phones is not used.*

-Refer to the Colorado 4-H project page to verify you are enrolling in the correct project. **Hunter's Safety is required for all members participating in shooting sports.*

-Remember to read each page carefully, select options, and electronically sign and date all sections in 4H Online. **You cannot return to a previous page.*

***Enrollments for members and volunteers cannot be approved until all required information has been completed. Please email or give the office a call if you have any questions.**

Resources:

Lincoln County 4-H- lincoln.extension.colostate.edu/programs/4-h/

Colorado 4-H- co4h.colostate.edu/

Enrollment/Project Fees:

-Enrollment fee- \$18/member (Enrollment fees are paid to the club directly.)

-Late enrollment fee-\$20/member payable directly to the Extension office. **This is in addition to the \$18 regular fee paid to the club.*

-Shooting Sports members -\$25/per enrolled shooting sports discipline. (This is in addition to the enrollment fee and is payable to the Extension office directly.)

-There are no fees for leaders or volunteers. ***Other projects may require additional fees or expenses.*

SHOOTING SPORTS PROJECT REQUIREMENTS

- There is a \$25/per shooting discipline fee in addition to enrollment fees. The fee is to be paid to the extension office directly.
- Project selection may be adjusted as shooting disciplines offered will be subject to certified instructor availability.
- **Members will not be allowed to join the project after safety meetings have passed.
- There is a *shooter responsibility form* and a *liability form* that must be signed by all members and parents.
- *Additionally, members in pistol and/or western heritage are also required to fill out the *hand-gun form*.

Deadlines:

- Forms due to the extension office.-January 30th
- Fees due and payable to the extension office.-January 30th
- Hunter's Safety Certificate– Completed and actual card copy uploaded in 4H Online by March 1.
- All forms are available on the Lincoln county Extension website at lincoln.extension.colostate.edu/programs/4-h/shooting-sports/.
- Late fees of \$10/per member will apply after the deadline.
- Members will not be allowed to participate at safety meetings or on the range until forms have been completed and fees have been paid.
- Members who have not completed all safety, fee, and form requirements by March 1 will be dropped from the project.

Hunter's Safety Class Information:

- *Classes are available from Colorado Parks & Wildlife. Plan on taking classes in the fall or early winter to ensure completion by the deadline. Refer to their website for class availability and requirements at cpw.state.co.us/learn/Pages/HunterEducation.aspx.

JUST TO GET YOU THINKIN...

"Success usually comes to those who are to busy to be looking for it."

-Henry David Thoreau

"I never lose sight of the fact that just being is fun."

-Katharine Hepburn

INFORMATION & EVENTS (4-H & OTHER)

County:

- ◆ **County 4-H Achievement Night** is October 7 @ 4:00pm at the Fairgrounds building. Please bring a dish to share and table service for the potluck. **Club Rotation-(Kountry Kids)**- Arrive at 2:30 to set up tables, chairs, provide paper ware products and drinks, provide table decorations, and cleanup.
- ◆ **4-H Enrollment** begins in the middle of October and ends December 1 for returning 4-H members and volunteers. New members may enroll until January 1.

-4-H Member in Good Standing Requirements: lincoln.extension.colostate.edu/4-h-policy-guidelines/

-4-H Club/County Transfer/Eligibility: lincoln.extension.colostate.edu/4-h-policy-guidelines/

- ◆ **Livestock Sale Committee Livestock Scholarship Program Beef** applications are due November 1. Goat, swine, and sheep applications are due February 1. The scholarships provide funds to members to purchase an animal to get started in a livestock project. For specific program information and an application go to lincoln.extension.colostate.edu/4-h-forms-applications/ and look under “livestock sale”.

Other

- ◆ **State Shooting Sports Ambassador** applications are due October 15 to Sam Lowry at sam.lowry@colostate.edu. Information and the application are available at co4h.colostate.edu/program-areas/shooting-sports/.
- ◆ **Colorado Farm Show Scholarship** application is due by November 1. Complete information and an application is available coloradofarmshow.com/scholarship.
- ◆ **National Dairy Herd Association Scholarship** is due November 30. Additional information is available at dhia.org/scholarship.asp.
- ◆ **Daniels Scholarship** application is available until November 29. For more information and application procedures go to danielsfund.org/scholarships/index.asp.
- ◆ **National Corn Growers Association & BASF Scholarship** application is due December 1. Information is available at ncga.com/topics/education/college-scholarships.
- ◆ **American Quarter Horse Association Scholarships** are due December 1. Additional information is available at aqha.com/youth/pages/education/scholarships/.
- ◆ **National Western Stock Show Catch-a-Calf Program** applications are due December 1. Program information is available at nationalwestern.com/livestock-shows/catch-a-calf-contest/.
- ◆ **American Ranch Horse Scholarship** is due December 31. Additional information is available at americanranchhorse.net/forms.asp#Youth Forms.

COUNTY CLUB INFORMATION

Walk's Camp 4-H Club

Club Information: Meets North of Limon

Club Leader: Cheryl Thompson

719-763-2019 (Home)

thompsonc@limonbadgers.com



Heartland 4-H Club

Club Information: Meets in Arriba

Club Leader: Renae Saffer

719-768-3262 (Home)

trsaffer@hotmail.com

Kountry Kids 4-H Club

Club Information: Meets in Hugo

Club Leader: Wendy Simmons

719-743-2196 (Home)

twsimmons@esrta.com

Rocking 4-H Club

Club Information: Meets in
Limon

Club Leader: Jodi Hilferty

719-775-9538 (Home)

tjihlf@hotmail.com

Karval 4-H Club

Club Information: Meets in Karval

Club Leader: Nikki Reid

719-446-5498 (Home)

cnreid@coairnet.com

PROJECT SPOTLIGHT-SPORTFISHING

4-H is full of great projects for members to learn and explore the world around them. Many projects also turn into life long hobbies or careers. Sportfishing provides the opportunity for members to learn about:

- Equipment types and different uses.
- Aquatic ecology.
- Environments and biosecurity "clean fishing."
- Techniques and fishing methods.

- Making your own tackle.
- Fish types and characteristics.
- Preparation and cooking of fish.
- Modifications of equipment and advanced fishing.
- Geography and fish habitats and patterns.

This project starts at the basic levels and helps members to advance their skills and knowledge to continue to enjoy long after they complete the project.

Degrees: Fish & Wildlife Management, Fishing & Fisheries, Wildlife Ecology, Zoology, Research, etc.

Careers: Wildlife biologist, fishing guide, wildlife and game officer, professional fisher, fish hatchery, etc.

Resources:

American Sportfishing Society- asa-fishing.org/

Colorado Parks & Wildlife- cpw.state.co.us/learn/Pages/Aquatic.aspx

American Fly Fishing Trade Association- affta.org/

ACTIVITY PAGE:

Monthly Reader:

4-H A Story -By Kenneth Hinshaw

Available at: https://4-hhistorypreservation.com/eMedia/eBooks/4-H_A_Story.pdf

Draw a line to match up the 4-H terms and their definitions:

4-H Pledge.....

A) 4-H empowers youth to reach their full potential, working and learning in partnership with caring adults.

4-H Mission.....

B) Becoming a world leader in developing youth to become productive citizens and catalysts for positive change to meet the needs of a diverse and changing society.

4-H Vision.....

C) I pledge my Head to clearer thinking, my Heart to greater loyalty, my Hands to larger service, and My health to better living, for my club, my country, and my world.

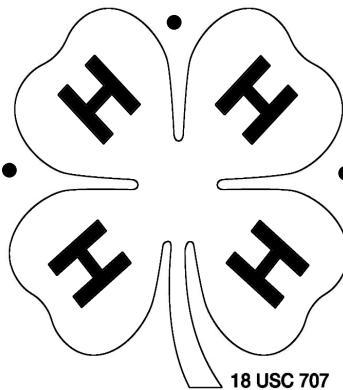
4-H's– Draw pictures to describe each of the 4-H's.

HEAD

HEART

HANDS

HEALTH



SAFETY CORNER: SILAGE & CROP PILES

Fall brings about an increase in activities for many including the harvest of several crops including feed silage. Many silage crops are stored outside in piles, pit areas, bags, or silos. We also see an increased shortage of grain bin storage resulting in corn being piled on the ground at the elevator and the farm. The storage methods offer many advantages to producers; but they also create safety hazards for family members, employees, and visitors. Oftentimes the “front edge” of silage piles become unstable and are subject to “avalanches” that spread out more than three times the height of the pile; which can bury individuals and equipment. Grain piles can also have an “avalanche” effect when shifting of the pile occurs. Silage or other crop pile safety can prevent unnecessary injuries and death by practicing the following:

- 1) Know where children and visitors are at all times and give visitors safety guidelines about being on the farm and near piles.
- 2) Put up barriers around piles and keep play areas for children away from storage piles and pits.
- 3) Put up signs warning signs indicating that there is a danger of “avalanches” and frequent movement of equipment.
- 4) Never work alone near piles and know where everyone is at.
- 5) Never create a pile higher than the unloading equipment can reach and never overfill bunkers.
- 6) Never stand near the “face” or “edge” of the pile to remove the covering or bad silage. Utilize safety harnesses or lines and be aware of “drops” or “holes” when walking across the top.
- 7) Use a tractor bucket to get “samples” from the pile and never stand directly next to the pile.
- 8) Do not “undercut” the pile; always “shave” down the face of the pile.
- 9) Do not park equipment or vehicles near piles.
- 10) No one should be walking around piles during packing, loading, or unloading.



Resources:

Connor Agriscience– connoragriscience.com/silage-safety-1/

Keith Bolsen Silage Safety Foundation- <http://silagesafety.org/resources-2/>

qualitysilage.com/wp-content/uploads/2015/08/Safety_TechBulletin_091815.pdf



October

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4	5	6
7 4-H Achievement Night 4:00pm @ Fairgrounds –potluck dinner	8 Office Closed-Holiday	9	10	11	12	13 Karval 4-H Club mtg.
NATIONAL 4-H WEEK (7-13)!!!						
14	15 4-H Enrollment Opens for Members & Volunteers	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31	Nov. 1 (Beef) Live-stock Sale Committee Scholarship Applications Due		

Head– Congress enacted the Federal Land Policy and Management Act of 1976 to: *“Establish public land policy; to establish guidelines for its administration; to provide for the management, protection, development, and enhancement of the public lands; and for other purposes.”* This helped to define who and how federal lands would be managed. The act helps to provide guidance on rights-of-ways, federal grazing and permits, management areas of lands and the level of management, administration, and land-use planning. To learn more about federal lands go to the Bureau of Land Management’s website at blm.gov/.

Heart– Everyday there are individuals who must do their schoolwork, reading, and/or job with out the aid of prescription eyeglasses. They may have impaired vision, but cannot afford to purchase eyeglasses. That’s where you come in. Lions Club International has a *Lions Recycle for Sight program* where you can donate your old eyeglasses to help someone else in need. For more information about the program and locations to send your glasses go to lionsclubs.org/EN/how-we-serve/health/sight/eyeglass-recycling.php.



Hands– The main them for National 4-H this upcoming year is “Inspire to Do”. One great activity to “Inspire to Do” is to take the time to go out and visit a local farm or nursery. Ask the owner’s if you can get a tour and learn more about the operation. Ask questions and then take that information and present it to others at a club meeting or share with nursing home residents, etc. Example questions you could ask to learn more include:

- 1) Why did you start the operation and how long have you been in business?
- 2) What do you do and when are your busy times of year?
- 3) What kind of equipment or labor does the business have to use?
- 4) What kind of education or skills are needed to work here?
- 5) What are the costs of starting a business?

Health– Fall brings the changing of the seasons and it also means that the flu and cold are making the rounds at school, the office, and other events. It’s important to remember basic sanitation procedures to help keep you and others healthy.

- 1) Clean frequently touched surfaces including bathrooms, kitchens, door knobs, etc. on a regular basis.
- 2) Replace or wash your toothbrush after an illness.
- 3) Change out/clean water bottles and coffee mugs that are used at work or school on a frequent basis.
- 4) Cough/sneeze into the crook of your elbow to prevent spreading germs.
- 5) Wash your hands before and after as appropriate for using restroom facilities, preparing or eating food, blowing your nose, sneezing, coughing, handling your pets, working outside, taking out the garbage, etc.
- 6) Use warm water and soap and scrub hands for at least 20 seconds or utilize an alcohol based hand sanitizer.
- 7) Stay home when you are sick.