

4-H NEWSLETTER



LINCOLN COUNTY
COLORADO STATE UNIVERSITY
EXTENSION

November, 2018

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VOLUNTEER CORNER

4-H is a great youth development program and a large part of that success is due to our volunteers. We are looking for new volunteers to help in the following areas:

- Shooting Sports and other project areas
- Livestock Sale Committee, Foundation, etc.
- Chaperones
- Special events and workshops

To learn more about 4-H and volunteering check out the websites or give our office a call:

Colorado 4-H- co4h.colostate.edu/

Lincoln County 4-H- lincoln.extension.colostate.edu/

ENROLLMENT DEADLINES

***All deadlines, forms, and fees are due on day stated (or previous Friday if Monday is a holiday) by 4:00pm (close of business). Items faxed, mailed or dropped in the backdoor after that date/time are considered late.*

December 1

- Returning members, leaders, foundation/volunteer members

January 1

- New members

January 30

- Shooting Sports fees & forms

March 1

- Project add/drop date
- All shooting sports fees, forms, hunter's safety certification, and safety meeting requirements must be completed by the specific dates offered. ***Please plan accordingly on your project selections for shooting sports as members cannot make up safety requirements to join the project towards the March 1 deadline.*

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EVENT ROUNDUP

Farm Safety Day



Achievement Night



EVENT ROUNDUP

A big thank you to all of our Achievement Night Donors and the Foundation for their contributions!

Daisy Parker Memorial

Gary & Marguerite Yowell

Stone Communications

Plains Heating & A/C

Thompson Management Inc./McDonald's of Limon

John Thornton Memorial

Randy, Chris, & Laurie Stone Families

Mile Saver Shopper/Flagler News

Ronald Parker Memorial

Beedy Farm & Ranch

First National Bank of Hugo/Limon

In Memory of Ellis Allen— The Insurance Store, Dennis & Kay Hicks

Northeast Agri Service,

Superior Builders, Inc.

Hoffman Drug

Reid Cattle Company, Inc.

VFW Auxillary Joe Will Post #6612

Lee & Betty Joe Fisher

High Plains Bank

Longshot Distributing/Passport Holsters

Hugo Liquor

Lincoln County CattleWomen

Stone Oil Company, Inc.

Kurt & Shelly Lofdahl

Barbara Williams

Bill & Hilary Bledsoe

Prairie Soil Conservation District

High Plains Soil Conservation District

Farm Gas, Inc.

Everett & Norma Churchwell

Wilma Mosher

Robert & Ellen Safranek

Vernon & Mona Stone

Mike & Roxie Devers

Jack Parker Memorial, Joyce Parker Dohn

KC Electric Association

In Memory of Keith Schafer

Nelson & Sandy Taylor

Byron, Juana & Cameron Hajek

Richard & Brenda Borders

LaRay & Pepper Patton



-Special 4-H Award Winners-

Outstanding 4-H Volunteer— Tara Jo Christie

Hall of Fame-LaRay Patton

Partners in Success— 21st Century Equipment and Meier Feedlot

Outstanding 4-H'er— Isaiah Yoder and Austin McCue

Gwendal Leonard Hard Luck- Eli Weisensee

I Dare You— Alyssah Metzgar and Mikaela Taylor

INFORMATION & EVENTS

County:

- ◆ **4-H Enrollment** ends December 1 for returning 4-H members and foundation members/volunteers.

**New members may enroll until January 1.

-4-H Member in Good Standing Requirements: lincoln.extension.colostate.edu/4-h-policy-guidelines/

-4-H Club/County Transfer/Eligibility: lincoln.extension.colostate.edu/4-h-policy-guidelines/

- ◆ **Livestock Sale Committee Livestock Scholarship Program** (goat, swine, and sheep) applications are due February 1. The scholarships provide funds to members to purchase an animal to get started in a livestock project. For specific program information and an application go to lincoln.extension.colostate.edu/4-h-forms-applications/ and look under "livestock sale".

Other

- ◆ **States 4-H International Outbound Exchange** applications are due November 26. Contact Courtney Loflin at courtney.loflin@colostate.edu for an application and program Information.
- ◆ **Daniels Scholarship** application is available until November 29. For more information and application procedures go to danielsfund.org/scholarships/index.asp.
- ◆ **National Dairy Herd Association Scholarship** is due November 30. Additional information is available at dhia.org/scholarship.asp.
- ◆ **Colorado Conservation Tillage Association Scholarship** application is due December 1. Application information is available at highplainsnotill.com.
- ◆ **Jerry Minore Memorial National Wheat Foundation Scholarship application** is due December 1. Application information is available at wheatfoundation.org/education-and-scholarships/.
- ◆ **National Corn Growers Association & BASF Scholarship** application is due December 1. Information is available at ncga.com/topics/education/college-scholarships.
- ◆ **American Quarter Horse Association Scholarships** are due December 1. Additional information is available at aqha.com/youth/pages/education/scholarships/.
- ◆ **National Western Stock Show Catch-a-Calf Program** applications are due December 1. Program information is available at nationalwestern.com/livestock-shows/catch-a-calf-contest/.
- ◆ **American Ranch Horse Scholarship** is due December 31. Additional information is available at americanranchhorse.net/forms.asp#Youth Forms.
- ◆ **Ag Day Essay** contest entries are due January 31, 2019. Contest rules and information is available at agday.org/essay-contest.

ANIMAL INFO. CORNER: NAME THAT DISEASE->>

Species Impacted: Horses

Symptoms: Fever, weight loss, hemorrhages on the skin, swelling, irregular heart beat, anemic, lethargic.

Zoonotic: No

Tests or Diagnosis Procedures: Coggins Test– which is a blood test. The test is also required to transport horses across state lines.



How it Spreads: Needle sharing, insects, and infected secretions/blood from animal.

Prevention/Biosecurity: Annual Coggins test, don't share needles, clean pens/feeders/waterers, etc., insect control, and avoidance of contact with other horses that are not routinely tested.

Treatments: None; they must be euthanized or quarantined for life.

Other Information: It was first identified in France in 1843 and often mimics the symptoms of other diseases. This disease is “reportable” and you and your veterinarian must notify the State Veterinarians office.

Definition Highlight: “Zoonotic”- *An infectious disease that is transmitted between species (humans to animals and vice versa).*

To Learn More & Resources:

csu-cvmb.colostate.edu/vth/equine/field-service/Pages/services.aspx

aphis.usda.gov/aphis/ourfocus/animalhealth/nvap/NVAP-Reference-Guide/Equine/Equine-Infectious-Anemia

Answer: EIA (Equine Infectious Anemia)

WHERE TO FIND 4-H PROJECT INFORMATION

As you re-enroll for 4-H, you have the opportunity to select which projects you would like to complete for the next 4-H year. It's important to make sure that you can meet all of the requirements for the project including time commitments, financial cost, education/resources, skill level, record keeping, etc. The best way to learn about projects and their requirements is to go to the Colorado 4-H website co4h.colostate.edu/ and click on the tab “4-H programs & projects.” This will link you to information about each project and where you can find the requirements for the project including the record book information.

You can also click on our Lincoln County Fair tab at [lin-](http://lin-coln.extension.colostate.edu/lincoln-county-fair/)

lin-coln.extension.colostate.edu/lincoln-county-fair/ to see what you need to do

so that your project is eligible to enter at the fair. You have until March 1 to add/drop projects. *The exception is shooting sports in which you cannot add the project once the first safety meeting has passed because of the additional project requirements.



ACTIVITY PAGE

Monthly Reader:

Turk and Runt: A Thanksgiving Comedy

By Lisa Wheeler

“Turkey Mix”:

Mix together the following, in desired proportion, or other favorite items to create a great snack for your Thanksgiving get together.

- Bugles chips
- Honey Chex Mix or other cereal favorite
- Dried fruits (variety)
- Candy corn and/or pumpkins
- Chocolate chips, white chips, other flavors
- Mini or crushed pieces of candy bars
- A variety of nuts

Serve in bowls, snack bags, or even waffle cones as one site suggests.

Sprinkelsomefun.com

superhealthykids.com/thanksgiving-day-cornucopia-snack-mix/

Homemade Christmas Cards:

November is a great time to start working on making homemade Christmas cards for friends, classmates, family, military personnel, nursing home residents, homeless residents, etc. Many individuals do not receive any cards during the holidays and a homemade card may help to make their entire holiday.

Supplies: The great thing about this project is you can use whatever supplies you have around the house and mix and match. Make different kinds of cards to tell about an interest you have or to show different themes. You could also include information in the cards about the area you live in (plants, animals, agriculture, etc.).

- Cardstock, construction paper, lined paper, etc.
- Pencil
- Ruler
- Scissors
- Stencils or other shapes to draw around
- Crayons, markers, and/or colored pencils
- Paint, glue, and glitter
- Stickers, magazines, newspapers (use cutouts of pictures to decorate cards.
- Outdoor items (maybe dried leaves to showcase something)



SHOOTING SPORTS PROJECT REQUIREMENTS

- There is a \$25/per shooting discipline fee in addition to enrollment fees. The fee is to be paid to the extension office directly.
- Project selection may be adjusted as shooting disciplines offered will be subject to certified instructor availability.
- **Members will not be allowed to join the project after safety meetings have passed.
- There is a *shooter responsibility form* and a *liability form* that must be signed by all members and parents.
- *Additionally, members in pistol and/or western heritage are also required to fill out the *hand-gun form*.

Deadlines:

- Forms-January 30th
- Fees-January 30th
- Hunter's Safety Certificate– Completed and actual card copy uploaded in 4H Online by March 1.
- All forms are available on the Lincoln county Extension website at lincoln.extension.colostate.edu/programs/4-h/shooting-sports/.
- Late fees of \$10/per member will apply after the deadline.
- Members will not be allowed to participate at safety meetings or on the range until forms have been completed and fees have been paid.
- Members who have not completed all safety, fee, and form requirements by March 1 will be dropped from the project.

Hunter's Safety Class Information:

- *Classes are available from Colorado Parks & Wildlife. Plan on taking classes in the fall or early winter to ensure completion by the deadline. Refer to their website for class availability and requirements at cpw.state.co.us/learn/Pages/HunterEducation.aspx.

JUST TO GET YOU THINKIN...

"I find that the harder I work, the more luck I seem to have."

-Thomas Jefferson

"At the 1916 International Livestock Exposition, Thomas E. Wilson of Wilson & Co. (top meat packer) started hosting annual lunches for 4-H youth. The Wilson day dinners held in conjunction with National 4-H Congress grew to over 2,000 attendees annually." –National 4-H History Preservation

MONEY MOMENT: EMERGENCY FUNDS

As the saying goes “life happens.” When life happens it’s most generally unexpected or along the lines of an emergency. According to the dictionary an emergency is “a serious, unexpected, and often dangerous situation requiring immediate action”. While we can’t predict when or how severe an event might be such as a broken hot water heater or an injury that prevents us from going to work; we can take steps to create an “emergency fund”. An emergency fund is a savings account that is specifically dedicated for these types of events. The purpose of the fund is to help provide monetary resources to get you through the financial part of the “emergency or event” without causing undue hardship, credit card debt, bankruptcy, housing evictions, etc.

Emergency funds can serve a variety of purposes. The standard recommendation for one part of the emergency fund is to save up to 3-6 months of total living expenses (including house payments, groceries, clothing, normal expense, etc.). A second part of an emergency fund should be dedicated to cover all of your insurance deductibles for at least one year. This includes medical deductibles (dental, health, eye, etc.), vehicles, your house, and other insurance items. The third part of a normal emergency fund would be to cover other major events. This could include replacing appliances, replacing your mattress due to water damage, broken windows, funds for medical events that may not be covered by medical insurance, a down payment for a new vehicle if one was totaled, etc.

You should designate a specific amount to save each month to put into the emergency fund to be broken up amongst the various categories. It’s important to also keep the account “funded” and to begin replacement as soon as you can after it’s been used. The below is an example of an emergency fund and how to keep track of what you have saved and what it’s for.

Emergency Fund Tracker	Goal to Save	Date to Save By	Amount Saving Each Month	Amount Saved To Date
Living Expenses (3-6 mths):	\$30,000		\$250	
House/Rental Payments				
Groceries/Household				
Vehicle/Utilities				
Other Normal Expenses				
Insurance Deductibles:			\$100	
Health, Vision, Dental	\$10,000			
Vehicle	\$5,000			
Home	\$3,000			
Other	\$2,000			
Other Major Events:			\$50	
Vehicle Repairs	\$2,000			
Appliance/Household	\$3,000			

COUNTY CLUB INFORMATION

Walk's Camp 4-H Club

Club Information: Meets North of Limon

Club Leader: Cheryl Thompson

719-763-2019 (Home)

thompsonc@limonbadgers.com



Heartland 4-H Club

Club Information: Meets in Arriba

Club Leader: Renae Saffer

719-768-3262 (Home)

trsaffer@hotmail.com

Kountry Kids 4-H Club

Club Information: Meets in Hugo

Club Leader: Wendy Simmons

719-743-2196 (Home)

twsimmons@esrta.com

Rocking 4-H Club

Club Information: Meets in

Limon

Club Leader: Jodi & Tim

Hilferty

719-775-9538 (Home)

tjihlf@hotmail.com

Karval 4-H Club

Club Information: Meets in Karval

Club Leader: Nikki Reid

719-446-5498 (Home)

cnreid@coairnet.com

4-H DEMONSTRATION TIPS

Each year members are required, at a minimum, to give one 4-H related demonstration to their club. They also have the opportunity to present to others outside of 4-H and at the county demonstration contest. Demonstrations provide an opportunity for members to learn and enhance many skills including: communication, public presentation, research, critical thinking, leadership, etc. The following are some tips to help make your demonstration a success:

- Limit your presentation to no more than 10 minutes; but it should be at least four minutes.
- Make sure to bring your own audio/visual equipment or any other items needed for the demonstration.
- Props can be utilized, but should not overpower the presentation itself.
- When using display boards or visuals-ensure they are large enough for the judges to see.
- Be concise with your points and try not to do information "overload"
- Know your subject matter and be prepared to answer a variety of questions. (Practice, Practice, Practice)
- Make eye contact with the whole audience and stand up straight.
- Hand gestures should be used sparingly.
- Speak in a louder tone, but not too fast or slow.
- Make sure your clothing is appropriate for where you are giving your demonstration. At a minimum- no holey clothes.

Demonstration Example Score Sheet - co4h.colostate.edu/program-areas/state-fair-information/contest-score-sheets/



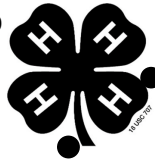
Events and Information available at lincoln.extension.colostate.edu/

November 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 Livestock Sale Committee Beef Scholarship Applications Due	2	3
4 Daylight Savings Time	5	6	7	8	9	10 Karval Club Achievement Night
11	12 Office Closed-Holiday	13 -Livestock Sale Committee Meeting 6:00pm -Fairboard Mtg 7:00pm @ Extension Office	14	15	16	17 Stockmen's Banquet @ Fairgrounds
18	19	20	21	22 Office Closed-Holiday	23 Office Closed-Holiday	24
25	26	27	28	29	30	Dec. 1 4-H Enrollment Deadline-Returning Members/Volunteers

Head– As winter approaches freezing weather begins to take hold. One concern for livestock owners is preventing hydrants and hoses from freezing. Livestock still have to be watered in the wintertime and frozen pipes or hoses can create serious problems. The best ways to prevent freezing is to:

- Disconnect hoses from hydrants and drain the entire hose at least 3 times.
- Put hoses in the house or a building to keep from freezing.
- Avoid turning on hydrants more than 1 time a day to prevent freeze up's.
- A heat lamp or tape could be used to help unthaw a hydrant above ground.



Hands– While we don't see them very often on the plains of Colorado, our state does in fact have a big horn sheep population. If you visit the mountains or have grazing permits, you are more likely to run into bighorn sheep. Bighorn sheep and domestic sheep have been shown to introduce/spread disease between the two species when in close contact. While we may not be directly affected, we can all do our part to become educated about disease transmission and helping to reduce interactions. If you see bighorn sheep and domestic sheep herds comingling contact one of the following:

- CO Parks and Wildlife (719) 227-5200
- Colorado Department of Agriculture (303) 869-9130
- Colorado Wool Growers Association (970) 874-1433

Heart– As we go into the beginning of the holiday season we should take the time to thank your service members for their service and sacrifice. There are many opportunities to support military personnel stationed abroad. Check out the following or contact your local veterans group to see how you can donate your time or resources for care packages and other essential services and needs.

- Local military base or veterans organization
- USO- uso.org/
- Operation Gratitude- operationgratitude.com/
- Postal Service Mail Guidelines- usps.com/ship/apo-fpo-dpo.htm?#regulations

Health– Fall and approaching winter means that it's time to put away the t-shirts and break out the sweaters. We are very good about putting on sunscreen in the "summer", but often don't think about it the rest of the year. Cold weather doesn't mean less intense sun rays or that they just go away completely. It's just as important during the winter to apply sunscreen.

Wearing sunglasses is also important during the winter months, especially when snow is on the ground. The glare from the snow can cause "snow blindness" or permanent damage. So as you pull out the sweaters in preparation for winter; also keep your sun screen and sunglasses handy.