

4-H NEWSLETTER

June 2018



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THANK YOU'S

Sheep/Goat/Swine Weigh-In: Thank you to our livestock sale committee members: Luke Ewing, John Thompson & Family, Justin Lennox, Zeb Bailey, Randy Stone, and Jeff Thornton that helped with weigh-in.

Lincoln County Cattlewomen: Thank you to the Cattlewomen for their sponsorship of AgFest.



AWARD NOMINATIONS OPEN!!

Just a quick reminder to encourage everyone to fill out and submit 4-H award nomination forms for the below categories before September 1st! Nomination forms are available online at lincoln.extension.colostate.edu/4-h-forms-applications/ and can be submitted to the Extension office.

Outstanding 4-H Volunteer

Partner in Success Award

**Gwendal Leonard
Hard Luck Award**

Outstanding 4-H Member (Jr., Intermediate, Sr.)

Hall of Fame Award

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Quick Note (4H Online):

- Emails from 4H Online do not allow individuals to "reply" to a valid inbox.
- If you have questions about information in the email, directly contact one of the office emails listed above.

ANIMAL CORNER: BIOSECURITY-LIVESTOCK SHOWS

Before Events:

- Ensure vaccinations are current as necessary.
- Check state requirements for brand and health inspection requirements.
- Create a traveling folder to store brand and health papers, pictures of livestock, and contact information including: your local veterinarian and state contacts.
- Clean and disinfect trailers, equipment, and tack.
- Examine animals for any signs of illness or disease and take their temperature.
- Take clean clothes and shoes so as not to spread contaminants from your place to others.
- When in doubt about a possible illness, stay home!



At Events:

- Tie animals on opposite sides of the trailer from neighbors.
- Use solid barriers or keep an empty stall between livestock.
- Avoid nose to nose contact with other horses.
- Limit access from public and dogs.
- Do not share equipment or feed.
- Do not use community water tanks and avoid contact on the bucket with the end of the hose.
- Properly dispose of manure and trash.
- Utilize fly spray.

After Events:

- Disinfect all equipment, tack, and trailers.
- Keep manure and trash disposal away from animals after returning home.
- Isolate returning animals to home property for a minimum of 14 days.
- Take animals temperature and monitor for illness.
- Create and update a log of all events attended including: locations stopped at, date, and contact information in case of a disease outbreak.
- Wash all clothing and shoes from the event before working with home animals.

Resources:

Livestock Movement Record Sheet- drive.google.com/file/d/1ykxvuvl6CxRg2IBmmJyesWp5K_qf4Va4/view?usp=sharing

colorado.gov/pacific/aganimals/import-requirements

aasv.org/aasv/BiosecurityforYouthSwineProjects

veterinaryextension.colostate.edu/menu1/biosecurity.shtml

thejudgingconnection.com/pdfs/Biosecurity_in_Livestock_Shows.pdf

extension.umn.edu/agriculture/horse/care/biosecurity-tips-for-show-season/



2018 FORD F-150 PICK-UP & CASH RAFFLE

To purchase tickets contact county council members (TeriAnn Saffer, Lyndee Yoder, Mikaela Taylor, Elivia Hilferty, Alyssah Ewing, Lane Roan, Jiggs Parker, Cameron Hajek, Colby Simmons, Kayla Schier, Alyssah Metzgar, or Brayden Fox) or purchase through the Extension Office.

Part of the proceeds directly benefits the county 4-H program. The remaining funds go back to the State 4-H Foundation to provide support statewide in the form of program-

ming, scholarships, grants, and awareness. 4 Drawings of \$50 cash prizes will also take place throughout the summer for tickets purchased by that date. *All winners will still be eligible for the truck and cash prizes drawing on September 22 at the CSU football game. *Need not be present to win.

Get Your Tickets Today!
1 for \$5 or 5 for \$20



11 Cash Prizes:

2nd: \$1450
3rd: \$1200
4th: \$1000
5th: \$750
6th: \$500
7th: \$250
8th: \$100 (5)

Grand Prize:
2018 F-150 Supercrew Pickup

PORTABLE SCALE AVAILABLE FOR USE:

Just a reminder there is a portable (sheep, goat, and swine) scale available for use. The scale is available at the extension office on a first come, first serve basis.

*A \$50 deposit is required and an equipment check-out sheet must be completed.

*The scale must be disinfected according to the "Disinfectant Protocol Sheet" before it is returned to the office.

*A \$50 late fee will apply if the scale is not returned on time.

*Non 4-H/FFA members may also rent the scale for \$25/per day.



JUST TO GET YOU THINKIN...

"I know of no higher fortitude than stubbornness in the face of overwhelming odds."- Louis Nizer

"The first National 4-H camp was held June 16-23, 1927 on the grounds of the Department of Agriculture." – National 4-H History

EVENT ROUNDUP:

Shooting Sports Practice



AgFest



ACTIVITY PAGE:

Monthly Reader:

"Moose Tracks" by
Karma Wilson

Homemade Hummingbird Feeder & Nectar Recipe

The simplest hummingbird feeder is to utilize a used container or glass jar at your house. Hummingbirds are attracted to red and thus a red, plastic coffee can would work well for the feeder.

Coffee Container: Drill holes in two sides and tie knots on both sides with string to hang on a bird feeder pole, decking area, or tree. Cut a small opening in two sides of the container about a 1/4 to 1/2 way down the side. This will allow the birds a couple of openings to eat. Fill up with nectar mixture and wait for the birds to come. Clean your feeders weekly. *If using another container create a plug at bottom of the jar/bottle and add a "hummingbird feeder tube" (found at garden store).

Nectar Recipe: Boil 4 cups of water. Stir in and dissolve 1 cup of sugar to the water. *Extra nectar can be stored in the refrigerator for a few days.



FREE National Parks/Waters Pass– Fourth Graders!!!

Go to: everykidinapark.gov/how-it-works/ to get your free pass to federal parks for the summer if you are in fourth grade.

Activity: Animal Track Identification

Go out and find five animal tracks to draw and identify to learn more about what's living in your environment. Then go and share that information with a friend or family member.

Materials Needed:

- Several pieces of paper and clipboard
- Pencil/eraser
- Ruler to help measure tracks



Use the pencil and ruler to draw the tracks in and note other information about location, date, time, other tracks in the area, plant types, if there is any water nearby, etc. This will help you narrow down the track ID based on other factors such as where the animal might prefer to live or migrate through.

Resources for animal information and I.D. of tracks: naturetracking.com/about/ or cpw.state.co.us/

SAFETY CORNER: WATER



Summer means that water for agricultural and recreational use is in full-swing and that children and adults are looking for places to go swimming. Swimming offers many benefits including: social interaction, increased coordination, reduced risk for chronic illness, building muscle, reducing heart disease, and less stress on joints and muscles than traditional exercise.

Swimming also presents many hazards that can be life-threatening. Drowning can occur in as little of two inches of water. Children under the age of 14 are more likely to die from a swimming accident; but it can happen to anyone (including experienced swimmers). The following are tips to help keep you and others safe when you go swimming this summer:

- ⇒ Lakes, streams, and oceans present special hazards including: quick sand, swirl areas, hidden hazards including rocks, water level/flow changes, currents/undertow, and changes due to weather.
- ⇒ Never enter Arroyos, empty ditches, or flood catch areas because of potential rushing water.
- ⇒ Educate children about the dangers of irrigation canals, holding ponds, and stock tanks as they are easily accessible (lack of perimeter or covering), in remote/out-of-site locations, and are almost always holding/moving water for agricultural or municipal purposes.
- ⇒ Lagoons are never for swimming. They hold wastewater that is hazardous to one's health and may also have gases that can be deadly when inhaled.
- ⇒ Always drain portable home pools, buckets, etc. and install perimeter fencing or security measures.
- ⇒ Wear sturdy shoes in swim areas to prevent falls and in lake areas to protect your feet from hazards.
- ⇒ Take swimming lessons and utilize U.S. Coast Guard approved floatation devices for swim aid.
- ⇒ Take a shower before entering any swimming area, avoid ingestion of the swim water, take scheduled restroom breaks, and change diapers frequently to avoid contamination/illness.
- ⇒ Look out for hazards in water areas including: debris, bacteria, run-off of contaminants, living or deceased animals, suction/drain areas, irrigation gates or screens, etc.. *Never swim alone and always have (active/focused) adult supervision of children when swimming.
- ⇒ Do not jump in after drowning victims, as it is likely the situation (person or water) may also render you helpless, creating additional victims.
- ⇒ Become knowledgeable in First Aid/CPR and *Know where emergency shut-offs and drains are.

Resources:

safekids.org/sites/default/files/documents/swimming_safety_tips-2015.pdf

usbr.gov/pn/about/otto/facts.pdf

cdc.gov/features/healthyswimming/index.html

RECORD BOOK REFERENCE: PART 5

Involvement Records:

A community service project and demonstration is required for your record book and to meet your 4-H “member in good standing” requirements each year.

Be specific and completely fill in all boxes.

Be sure to use different answers for “What did you learn” in all of the sections and write in complete sentences.

Activity Logs and Project Manual Pages:

Ensure that you keep an accurate record of activities.

Complete all required project manual pages and insert them into your record book.

Record Book Type:

Horse and dog records should both be in a separate binder from other livestock records.

Rabbits are not a “companion” animal project in Lincoln county, utilize the livestock record book instead.

If you have more than one livestock project, you must use the multi-species livestock record book and account for all species in that record book.

Other Information:

Check that labeling is consistent and correct on all pages of your record books.

Remove previous years records and activity pages from your record book binder.

Records should be in a record book cover or three-ring binder when turned in. *Record book covers can be purchased from the Extension office for \$3/cover.



Palisade Boxed Peaches Fundraiser

County Council Members are once again selling boxed peaches from Palisade Produce in June.

Boxed Peaches (18-20lbs or 30-40 peaches)- \$35.00/box

1/2 Box Peaches (9-10lbs or 15-20 peaches)- \$20.00/half box

To purchase peaches contact county council members (TeriAnn Saffer, Lyndee Yoder, Mikaela Taylor, Elivia Hilferty, Alyssah Ewing, Lane Roan, Jiggs Parker, Cameron Hajek, Colby Simmons, Kayla Schier, Alyssah Metzgar, or Brayden Fox) or purchase through the Extension Office.

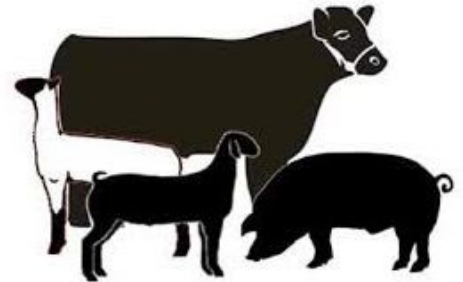
Delivery of the peaches will take place towards the end of July.



LIVESTOCK SCHOLARSHIP DONORS:

The Livestock Sale Committee awards scholarships to youth each year to encourage participation in livestock projects by providing a monetary contribution towards the purchase of one animal. Generous donors help sponsor the scholarships each year to the youth. The 2018 Livestock Scholarship Sponsors are:

- Fisher Farms (Lee & Betty Jo Fisher)
- Eastern Colorado Veterinary Services (Leesa McCue)
- Hickey Insurance (John Hickey)
- 4E Livestock (Luke & Renee Ewing)
- Flagler Coop (Weston Charles)
- Taylor Livestock
- High Plains Bank (Ed Rarick)



VOLUNTEER CORNER: 4-H EVENT REMINDERS

The following reminders and guidance items pertain to 4-H/Open (Horse & Livestock) Shows/Events or other 4-H events that are 4-H sponsored, organized, or produced by 4-H Clubs, 4-H Volunteers, 4-H Councils/Foundations, etc.

- ⇒ All youth must be at least 8 years old in accordance with the Colorado 4-H year to participate in open horse/livestock shows/events.
- ⇒ Non 4-H member youth (must be at least 8 years of age) must complete an informed consent form prior to participation in the event.
- ⇒ All 4-H Youth who are not enrolled in Lincoln County 4-H must be at least 8 years old and must complete an informed consent form prior to participating in an event. Non 4-H youth will also be required to fill out liability release forms.
- ⇒ Adults participating in 4-H open horse shows/classes and open 4-H livestock events must complete an informed consent form prior to participation in the event. Adults are permitted to participate in open 4-H horse shows/classes or 4-H open livestock events as they are age appropriate activities for adults.

*A reminder that an **Event Plan** must be completed for 4-H events and activities (at least three weeks in advance to determine if liability forms or additional event insurance is required). Email Christine for a copy of the form. Consent forms may also be obtained by contacting the office.

INFORMATION & UPCOMING EVENTS:

County 4-H

- ⇒ 2018 County Fair project requirements, deadlines, and schedule is available at lincoln.extension.colostate.edu/lincoln-county-fair/.
- July 1-Livestock, horse, and FFA ag mechanics entries due.
- July 15-Poultry, rabbit, and dog entries due.
- Open Class entries-see fairbook schedule.
- Display boards, clothing tags, and record book covers are available from the office for \$3/each.
- Fair Theme “Power of Agriculture”
- ⇒ **Fashion Revue (Club Rotation-Longhorn Club)**- Duties include: setting up chairs in the Events Building, decorations for the Fashion Revue section of the building, setting up the sound system and podium, providing members to announce participants and read narratives, and cleanup.
- ⇒ **Western Heritage Camp** is July 1-3 in Crawford, NE. Enrollment in the Western Heritage Project is not required to attend camp. Campers will be able to stay in the historic cavalry barracks and re-live the history of the fort through the museum and historical presentations. Registration will be \$110 and is due by June 20th. For information and to register, go to goldenplains.colostate.edu/4h/4h_CAMPS.html and look under Western Heritage Camp.
- ⇒ **Horse Ride/Level 1 Testing (optional) Nights** for 4-H members will be July 18 and 25 at the fairgrounds from 5:30-7:30pm. Information about levels testing is available at colorado4h.org/project_resources/clover_guide/psg-livestock/horse/horse-levels-testing.php.

County Council Reminders:

- ⇒ Peach orders are due June 28 to the office.
- ⇒ Fairgrounds Clean-Up—July 27 @ 8:30am-1:30pm approximately
 - *We encourage all 4-H members to help.
 - *Bring a sack lunch and water bottle. Wear old clothes, closed toed shoes, hat, and gloves.
- ⇒ Truck Raffle Tickets are now available at the office for pickup and sales. Tickets and funds are due back to the Extension office no later than Monday, August 13.
- ⇒ Interview Judging-August 4 @ 8:00am to help with set up, checking in members projects, and organization of projects in the building after the judging portion. (Casual dress, nice shirt/pants)
- ⇒ Fair Dance— August 9 @ 8:30pm/or following swine show. Members need to help with set up and clean up.

INFORMATION & UPCOMING EVENTS: (Cont.)

Other

- ⇒ **Adams County Open Horse Show Saddle Series** Performance Show is June 2 and Gymkhana is June 3 at the Adams County fairgrounds. For additional information go to adamscountyhorse.com/.
- ⇒ **Sagebrush Riders 4-H Club Open Horse Show** is June 16 at the Longhorn Arena at the Larimer County Fairgrounds in Loveland, CO. Information can be found at Larimer.org/ext.
- ⇒ **Glen Martin Bracing For Success Lamb Camp** is June 14-15 at the Adams County Fairgrounds in Brighton, CO. Registration is available at showringmaster.com.
- ⇒ **Boulder Valley Riders 4-H and Open Horse Show** is June 16 at the Boulder County Fairgrounds in Longmont, CO. Information is available boulder4h.org under "horse."
- ⇒ **Elbert County All Breen Open Horse Show Circuit** is June 17 at the Elbert County Fairgrounds. For more information go to facebook.com/ElbertCountyOpenShow/ or contact 505-463-7286.
- ⇒ **North Park Livestock Jackpot** is June 17 in Walden, CO. Information and registration is available by calling Jackson County Extension at 970-723-4298 or by email at coopext_jackson@mail.colostate.edu.
- ⇒ **Massey Show Lamb Camp** is June 18-19 and **Goat Camp** is June 20-21 at the Morgan County Fairgrounds in Brush, CO. Contact Marlin Eisenach at 970-542-3543 for more information or go to masseyshowlambcamp.com/.
- ⇒ **Buckle Series 4-H Open Horse Show** is June 23-24 at the Longhorn Arena at the Larimer County Fairgrounds in Loveland, CO. Information can be found at Larimer.org/ext.
- ⇒ **American Jersey Cattle Association Scholarship** application is due July 1. Information is available at usjersey.com/AJCA-NAJ-JMS/AJCA/YouthPrograms/YouthScholarshipsandEducationalPrograms.aspx.
- ⇒ **Briggsdale Classic Open Jackpot Show** is July 13-14 14th at the Briggsdale school in Briggsdale, CO. Information is available at facebook.com/BriggsdaleClassicLivestockShow/.
- ⇒ **Youth Horse (Western/Ranch) Bootcamp** is July 14 at the Double G arena in Ault, CO. Contact Teagan Joseph 970-590-7615 or reserve your spot at slidindaze.com.
- ⇒ **Arthur W. Nesbitt Dairy Scholarship** application is due July 15. Information is available at allamericandairyfoundation.org/arthur-w-nesbitt-scholarship.html.
- ⇒ **American Rabbit Breeders Association (ARBA) Scholarship** application is due July 31. Information is available at arba.net/youth.htm#scholar.

More events are available at lincoln.extension.colostate.edu/events/

June 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 Shoot Practice 2 8:30 @ Limon Range (archery)	2 Shoot Practice 2 8:30 @ Limon Range (rifle, shotgun)
3	4	5	6	7	8 Scored Shoot 1 8:30 @ Limon Range (rifle, archery)	9 Scored Shoot 1 8:30 @ Limon Range (shotgun)
10 Heartland 4-H Club Meeting	11	12	13	14	15	16
17	18	19 State 4-H Conference Karval 4-H Club Tour Day	20 State 4-H Conference	21 State 4-H Conference	22	23 National 4-H Conference All Week
24	25	26	27	28	29	30

Head– *Colorado 811* is the hotline number to call in Colorado for locating utility lines. “*Call before you dig*” is the popular slogan we’ve all heard. Calling to locate lines before a digging project is your individual responsibility and helps prevent costly damage and outages to utilities as well as preventing injuries and death. They provide some of the following services online (colorado811.org): Online locate ticket request, listing of private locate companies, listing of the different flag colors used for each utility type, specific excavator handbook, general procedures handbook, and more. You can also dial [811](tel:811) or [800-922-1987](tel:800-922-1987) for all locate requests.

Heart– Summer weather often means that elderly individuals in their own homes or long-term care facilities can spend more time enjoying the outdoors. One way to enhance their daily lives in the summer would be to plant raised flowerbeds at their home or facilities. These raised beds encourages the elderly to help tend to the plants by pulling weeds and watering. This also allows them to touch, smell, and see the plants better. Installing feeders among the plant beds can also help to attract many different bird species for enjoyment. These resources offer tips on building flower beds, attracting birds, and which flowers to plant:

planttalk.colostate.edu

gardendesign.com/vegetables/raised-beds.html

birdconservancy.org/



Hands– The summer is a great time to pull out the rain gauges you received at 4-H Fun Day in March and start tracking moisture. The Community Collaborative Rain, Hail, & Snow Network (CoCorRaHS) is the service in all states that collects information about precipitation and provides reporting based primarily on volunteer observers. If you have an interest in the weather and service to others then check out their website to learn more about how you could become an observer for:

- Precipitation (rain or snow)
- Hail monitoring
- Landscape conditions
- Soil moisture

cocorahs.org/Content.aspx?page=involved

Health– As summer kicks off, lawns are greening up and mowing season has begun. Safety considerations are important when operating a push or riding lawn mower. The following are some tips to keep you safe this summer:

- Always turn off the mower before exiting the seat, adjusting wheel height, or emptying the mower bag.
- Do not open or clean chutes or side exits for grass while the mower is operating/running.
- Do not stick your hands or feet under the mower deck at any time.
- Stay back and keep loose clothing away from PTO shafts on larger mower/tractors.
- Avoid burns by not touching the deck or motor components after the mower has been running.
- Gas is combustible. Be aware of surroundings when fueling and shut motors off first.
- Wear long sleeve shirts, pants, gloves, closed-toed shoes, and hat/screen face shield.
- Always wear ear and eye protection as well.